



## Term 2 Week 8

Dear Parents and Carers,

### 2024 NAIDOC Celebrations- Wednesday 3 July



# KEEP THE FIRE BURNING! BLAK, LOUD AND PROUD

## 7-14 JULY 2024

Students, families and community members are encouraged to wear

**red, black, yellow, blue, green or white**

National NAIDOC Week celebrations are held across Australia in the first week of July each year (Sunday to Sunday), to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC Week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrations of the oldest, continuous living cultures on earth.

Join us to celebrate NAIDOC Week 2024 with the theme 'Keep the Fire Burning! Blak, Loud and Proud' on **Wednesday 3 July (Week 10)**.

Visit <https://www.naidoc.org.au/about/naidoc-theme> for more information about this year's theme.

### Here's what we have planned...

9:15 - Whole school assembly in the Hall, including performances by TPS students

9:45 - Activity rotations in Stage groups, Students from Support classes will be integrated to their aligned stages

10:45-11:45 - The Rack opened for community members. Come along and Buy a Bag for \$10

11:00- 11:30 - Parents are invited to share morning tea with their children following the activities

11:30-3:00 - Students will complete other activities with their class throughout the day

During our NAIDOC celebrations we will be opening The Rack room for our community. We have been busy stocking The Rack with some great products for the community. As the school has utilised funds to make these great products available for our families, we are requesting a contribution of \$10 to buy and fill a bag. Products include homewares, clothing, baby products, Lego, accessories, books and lots more.





Parents are invited to attend our next award assemblies in Week 9.

K-2 Award Assembly- Thursday 2:15 in the Hall, 3-6 Award Assembly- Friday 2:15 under Area A COLA



**Tuesday 2 July**

**Term 2 Tiger Pinning Ceremony**

**Wednesday 3 July**

**NAIDOC Celebrations**

**Friday 5 July**

**Term 2 Icecream Attendance Reward**

### Communication with our school

As a parent or carer, you are an important part of our school community. We know that you play a crucial role in helping your child become a motivated learner. Communication between our school and our community is critical for us to partner together.

To give our teachers the opportunity to recharge, spend time with their families and bring their best creative selves to work, we are setting clear expectations for when and how they respond to communication outside school operating hours. This means teachers may not reply to non-emergency messages or emails outside of school operating hours.

Please use the school's email address ([tregear-p.school@det.nsw.edu.au](mailto:tregear-p.school@det.nsw.edu.au)) for non-emergencies in the first instance or via our School Bytes Portal. Our staff will respond to your queries **within 2 school days under normal circumstances**.

For longer discussions or complex matters, we ask parents and carers to make an appointment to speak to teachers directly, at a time that works best for everyone. It is expected that you will share concerns with your child's teacher or stage supervisor in the first instance.

**For emergencies, please contact the School Office on 96286301. Emergencies include serious student health, safety and wellbeing issues.**

Our staff will always stay in touch because open communication is what's best for your child and their education. We don't want you to stop communicating with your teachers – we still want to hear from you if you have any questions or need to discuss a matter about your child. We know it's often easier to send emails or messages after work or school. We will make sure we read and respond in school operating hours. Our dedicated teachers want to help our students achieve their best – we're on the same team.

Thank you for treating our staff with kindness and respect.

### Term 2 attendance

Currently we have **176 out of 362 students** achieving the goal of 85% or above attendance. Our focus is to increase the number of students maintaining the 85% attendance target. Please encourage your child to attend school each day unless they are unwell. Thank you to those parents who are using My Family Hand and School Bytes to notify the school of your child's absence.



Don't forget... students must achieve over 85% attendance, or all absences must be explained, to ensure your child receives their ice-cream reward in Week 10.



## **Safety is always our first priority**

At Tregear Public School, we have a variety of Emergency Response Procedures to maintain the safety of our staff and students. It is important that we hold drills to ensure everyone is clear on the correct procedure and expectations. Next week we will be teaching the students what they are expected to do in a LOCKDOWN prior to holding a drill towards the end of the week.

LOCKDOWN is a procedure implemented when an active threat is identified or notified by Police and it is determined that the students, staff and visitors should be kept securely inside the building due to a serious risk of injury. In this emergency situation, the aim is for everyone to remain inside the school buildings out of sight, with all doors and windows locked. During a LOCKDOWN, students cannot continue learning activities and are required to remain still and quiet within the building until the threat is over.

A SECURE ALERT (LOCKOUT) is implemented when a threat is contained, and no-one is in immediate risk of harm. During a SECURE ALERT, once all staff and students are accounted for, classes can continue to engage in learning activities. This week we have implemented a SECURE ALERT. Students were required to remain inside their classrooms but were able to continue with their learning until it was determined it was safe to resume normal school operations and move freely around the school.

We may implement our SECURE ALERT procedures in the following instances:

- There is a threat in the playground, like a stray dog
- A student is displaying heightened behaviour
- Police have notified of a threat close to the school

Please note: A SECURE ALERT response may be upgraded at any time to a LOCKDOWN if the threat or risk increases.

## **Term 2 Tiger Pinning Ceremony**

Our Term 2 Tiger Pinning Ceremony will be held during Week 10 **Tuesday 2 July**. This assembly will take place in our school hall. Parents and carers of students receiving a Tiger Pins this term will receive an invitation to attend.



## **Confirmed COVID-19 cases**

We have been advised; members of the school community have recently tested positive to COVID-19. Students in Stages 2 and 3 and staff who worked with this group of students may have had contact with the person while infectious with COVID-19.

While testing and isolation is no longer mandatory for anyone exposed to COVID-19, NSW Health have Advice for people exposed to COVID-19 [Advice for people exposed to COVID-19 | NSW Government](#) Students and staff should not attend school if they are sick. COVID-19 symptoms include fever, cough, sore throat, shortness of breath, runny nose, loss of smell/taste, muscle/joint pains, diarrhoea, nausea/vomiting, extreme tiredness, unexplained chest pain or conjunctivitis (eye infection).

If symptoms occur at any time, your child should not attend school until they are well and symptom-free. The safety and well-being of our students and staff remains our priority. Thank you for your support.

## **Headlice**

Recently we have had parents and carers make reports of their children catching headlice from school. I have included some information to assist with preventing the spread of headlice among our community.

Thank you in advance for your support and cooperation.

Head lice (nits) are a common problem in primary school aged children. Head lice do not spread disease, but their bites can cause itching and sometimes skin irritation. There are safe and effective ways to treat head lice at home.

### **What are head lice?**

Head lice are tiny wingless insects about the size of a sesame seed that live in the hair of humans and animals where they feed on blood by biting the skin. Head lice commonly affect children, but adults can also have lice.

### **What are the symptoms of head lice?**

Lice often cause itching of the skin. Bites can cause the skin to become red and irritated, which can be made worse by scratching.

You can see the lice and nits (eggs) if you look closely at your head and scalp. Nits look like tiny white dots attached firmly to the hair. They cannot be brushed or flicked off the hair but must be physically removed with fingers or fingernails or special nit combs.

### **How are head lice spread?**

Head lice are only found on the human head or hair. Lice can spread when people are in close contact and when they share an affected comb or hairbrush.

Lice need warmth and blood to survive so they do not live for long on furniture, hats, bedding, carpet or anywhere else in the environment.

### **How are head lice treated?**

There are two main treatment options for head lice:

- wet combing using conditioner and a fine-tooth comb
- chemical removal using synthetic or natural insecticides

The wet combing method is a cheap and effective way to treat head lice. The conditioner doesn't kill the lice, but it briefly stuns them, making it easier for the nit comb to trap and remove the lice and eggs.

If you decide to use chemical treatment, it is important that you follow the instructions closely. Repeat the chemical treatment in a week to kill any newly hatched eggs.

No single treatment works for everyone. You might need to try a few different treatments or a combination to find the method that works best for you.

### **Should I keep my child home from school?**

There is no requirement to keep children home from school or childcare as long as effective treatment begins before the next day of school or childcare.

### **Can head lice be prevented?**

It is difficult to prevent head lice. There is no evidence that chemical or herbal products can ward off head lice. Some people think that having clean hair can prevent head lice — but head lice are attracted to hair — long or short, clean or not.

For more information and support:

- Visit [Pregnancy, Birth and Baby](#) website for more information about treatments for head lice and how head lice affects children.
- [NSW Health has tips on choosing the right head lice treatment.](#)



## What's on in Tregear!

### MONDAY

**SDN Playlinks (0-5 yrs playgroup)**  
**Free playgroup, all are welcome**  
**When:** 10AM - 12PM \*Runs during school terms\*  
**Where:** Tregear Community Centre  
**Contact:** 1300 831 445

**Free English class**  
**When:** Weekly during school terms only, 9:30AM-11:30AM  
**Who:** Anyone wanting to improve their English  
**Where:** Mission Australia, Building B, 28 Ayres Grove, Mt Druitt 2770  
**Contact:** Diane @ 0431 685 724

### TUESDAY

**Weekly free coffee and hot chocolate**  
**When:** 7:45AM-8:45AM  
**Who:** Preschool parents, children, community  
**Where:** Tregear Presbyterian Preschool, entrance via Shackleton Ave

**Fortnightly free coffee and hot chocolate**  
**When:** 8:30AM-9:45AM, Even weeks of the school term  
**Who:** Anyone welcome  
**Where:** Nunatak Lane, Tregear

**Craft Morning or Time Out on Tuesday**  
**What:** TOOT - free tea/coffee & chats, Craft Morning - craft, tea/coffee, chats  
**When:** alternate Tuesdays, 10AM-12PM  
**Where:** Tregear Presbyterian Church, 117 Ellsworth Dr, Tregear

**Tregear Together**  
**What:** community meetings  
**When:** 1st Tuesday of the month, 1PM-2:30PM  
**Where:** Tregear Public School  
**Contact:** Emma @ 0416 016 997

### WEDNESDAY

**Free coffee and hot chocolate**  
**When:** 8:45AM-9:45AM  
**Who:** Preschool parents, children, community  
**Where:** Tregear Presbyterian Preschool, entrance via Shackleton Ave

### FRIDAY

**Tregear Youth Group For kids in Years 6-8**  
**When:** 9th Feb, 23rd Feb, 8th March, 22nd March, 5th April  
 6:30-8:30PM  
**Where:** Tregear Presbyterian Church, 117 Ellsworth Dr, Tregear  
**Contact:** Lyn @ 0413020827

### INTERGENERATIONAL GROUP

Parents & Grandparents & 0-5 year olds

**Lethbridge Park Salvation Army**  
**2 Bougainville Road**

10:00 am 12:00 pm



14th June: Op Shop Adventure  
 28th June: In House activities



Everyone is welcome to join

Contact Lorelle on 0423 878 224

There are many organisations and services that provide discount food and household items to families.

Please check out the list of food support and services below. By using these supports you are helping raise money for those in need within our community.

Yours faithfully,  
 Olivia Tredoux - Principal

## Mt Druitt Food Support Agencies

AGENCY	CONTACT	ADDRESS	HOURS	SUPPORT	COST	NOTES
<b>A Little Bit off hope</b>		22/70 Holbeach road Arndell Park	Tuesday To Friday 12pm – 4pm	Food hamper	\$40	Can be found and contacted on Facebook
<b>Anglicare (Main office)</b>	8805 0900	91A Kurrajong Ave, Mt Druitt	Monday-Friday 9:00am-4:30pm	Food parcels	Free	3 food parcels available per year.
<b>Anglicare Community Pantry</b>	02 8774 7467	120 Queen St, St Mary's	Mon-Fri 9am-4:45pm Sat 9am – 1:45pm	Affordable groceries	\$10	Walk in, no appointment necessary
<b>Anglicare Mobile Community Pantry/ Minchinbury Anglican Church</b>	9832 4210	86 Rupertswood Rd, Rooty Hill	Every 2 <sup>nd</sup> Monday 11am-12pm	Affordable groceries	\$3	Walk in, no appointment necessary
	0418 622 523	40 Halinda St, Whalan	Every 2 <sup>nd</sup> Thursday 10am –11am	Affordable groceries	\$3	Walk in, no appointment necessary
<b>Bill Crews Foundation Food Services</b>	0481 949 878	Bidwill Uniting Carpark	Mondays & Fridays 12:30pm-3:30pm	Food service van with hot meals	Free	Stops at Bidwill Uniting Carpark with hot meals and frozen meals (are available as long as stock last) During school terms only
<b>Bill Crews Foundation Food Services</b>	02 8752 4600	394 Luxford Road Lethbridge Park	Monday to Saturday Breakfast 8:00am-10:30am Lunch 11:30am - 2:45pm	Food service van with hot meals	Free	Hot food from 9:00am
<b>Christ Mission Possible</b>	0418 622 523	St James Anglican Church, 40 Halinda St, Whalan	Every 2 <sup>nd</sup> Thursday 10:00am-11:00am	Affordable Groceries (Fruit, bread, veg)	\$3	Walk in, no appointment necessary
	9628 9292 02 47048809	56 Copeland Rd Emerton youth Recreation Center	Thursdays 9:30am – 12pm	Free basic groceries	Free	

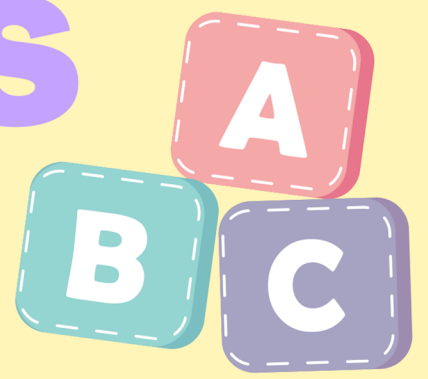
<b>AGENCY</b>	<b>CONTACT</b>	<b>ADDRESS</b>	<b>HOURS</b>	<b>SUPPORT</b>	<b>COST</b>	<b>NOTES</b>
<b>Christ Mission Possible</b>	9832 4885 Pastor Solomon 0423 282 987	Dawson Mall Mt Druitt Shopping Centre	Thursday from 6:00pm			Only 45 hampers available. Call between 9:30-11am to be allocated with 1 hamper
	9628 2045	Graceades Cottage, 2 Rose Circuit, Bidwill	Friday 12pm onwards			
	02 4704 8809	Unit 20/80 cox avenue kingwood	Monday, Wednesday, Fridays 9am – 3pm Tuesday & Thursday 11:30am – 3pm			Free food hampers available until stock last
<b>Graceades Cottage</b>	(02) 9628 2045	2 Rose Ct, Bidwill NSW 2770	Fridays	Food hampers, donated clothing and toys	Free	Call to put your name down from 9:30am-12:30pm, Pick-ups are usually from 3pm
<b>Hawkesbury's helping hands</b>	(02) 4577 7077	Unit 28 walker street South Windor	Saturdays 9:30am – 12:30pm	Food hamper	\$20	Pick up only Bring own bags to carry food Contents change weekly Can be found on Facebook
<b>Hope chapel food care program</b>	(02) 9621 3964	1/55 fourth avenue Blacktown	Friday 9:30am – 12pm	Fresh fruit and vegetables	Free	Drive up to unit 1 roller door and a volunteer will put a bag of products in your car no need to get out of your car
<b>I Am Community</b>	9832 3782	4/71 Kurrajong Ave, Mt Druitt	Mon-Sat 10:30am- 6pm Sunday 6pm-8pm	Affordable Groceries	Low-cost groceries	Walk in, no appointment necessary
<b>Ignite Food Store – Jesuit Social Services</b>	9628 2288	252-254 Luxford Rd, Emerton	Monday-Friday 8am- 3:15pm	Affordable groceries with healthy fruit, vegetables, meat and	Various bundles \$30-\$40	Walk in, no appointment necessary

AGENCY	CONTACT	ADDRESS	HOURS	SUPPORT	COST	NOTES
				pantry goods. Free milk and bread.		
<b>Mission Australia</b>	1800 669 064	Building B 6 Ayres grove Mt Druitt	Monday to Friday 9:00am – 4:00pm	Limited food hamper		Limited food voucher and utilities assessment is required
<b>Mount Druitt food pantry</b>	0418 264 354	55 Hythe Street mount Druitt	Tuesday 3pm – 5pm Thursdays 11am – 1pm			
<b>Open Pantry – Next Step Communities</b>	8608 4316	24 Anderson Ave, Blackett	Wednesdays and Thursday from 10am - 4 pm.	Affordable groceries from \$6 bundles of meat, fruit and vegetables	From \$6	Walk in, no appointment necessary
<b>Salvation Army</b>	02 8775 7988	N/A	Monday-Friday 9am-5pm	Food support, clothing, bills, furniture	Free	Call the phone line for an assessment and then you can pick up a voucher from your closest Salvation Army office. (Closest is 2 Bougainville Rd, Lethbridge Park)
<b>St Vincent De Paul</b>	1800 606 724	N/A	Monday-Friday 9am-4pm	Food vouchers, food parcels, assistance with bills, clothing, furniture after a home visit	Free	Call the Family Assistance Hotline for an assessment with a follow up home visit assessment
<b>Shalvey PCYC</b>	02 9628 2628	453a Luxford Rd, Shalvey NSW	Wednesdays 9am	Food support	TBC	Walk in, no appointment necessary





# PLAYGROUPS IN 2770!



## MONDAY

### Mission Australia Playgroup (0-5yrs)

9:30AM-11:00AM

Location: **28 Ayres Grove, Mt Druitt**  
Hellene: **0475 975 631**  
Donna: **0475 802 216**

### Gulyangarri Playgroup (0-5 yrs)

9AM - 11AM

Location: **Willmot Community Hub**  
**Aboriginal Play Sessions for families with children prior to school**  
Contact Vickilee: **0419 098 034**

### School Readiness

10:30AM - 12:00PM

Location: **Yenu Allowah Mt Druitt**  
\*Must be going to Kindy next year to attend\*  
Contact: **0429 623 159** or **02 8805 4800**

### Story Time for Preschoolers (3-5yrs)

10:30AM-11:00AM \*School terms only\*

Location: **Mt Druitt Library**  
Contact Jaspinder: **8886 2000**

## WEDNESDAY

### Mission Australia Playgroup (0-5 yrs)

9AM - 11AM

Location: **Noumea Public School**  
Hellene: **0475 975 631**  
Donna: **0475 802 216**

### Stories Around the World (3-5yrs)

10:30AM-11:30AM

\*School terms only\*  
Location: **Mt Druitt Library**  
Contact Jaspinder: **8886 2000**

### Bidwill Busy Bees (0-5yrs)

9:30AM-10:30AM

Location: **Bidwill Uniting**  
\*School terms only\*  
Contact The Hive: **9628 8262**

### Young Mums and Bubs Group (0-5yrs)

10AM-2PM

Location: **Babaayn Aboriginal Corporation Emerton**  
\*Open to young Aboriginal mums aged 16-25, pick up + drop off available depending on location.\*  
\*Lunch provided\*  
Contact Janaya: **0490 807 673**

## FRIDAY

### Connected Beginnings Playgroup (GWAHS) (0-5yrs)

Location: **Kimberwalli Whalan**

**Last Friday of every Month, 10:00AM-12:00PM**  
\*Morning tea provided, Child Health nurse onsite\*  
Contact: **0439 092 446** to RSVP

### Sing and Grow

10 AM - 11:30AM

Location: **Mission Australia**  
**28 Ayres Grove, Mt Druitt**  
10 AM - 11:30AM  
Contact: **1800 436 436**



### SDN Playlinks (0-5 yrs)

10AM - 12PM \*Runs during school terms\*

Playgroup supported by Early Childhood teachers and social workers  
Location: **Tregear Community Centre**  
\*Bookings essential\*  
Contact: **1300 831 445**

### Ngroo Playgroup (0-5yrs)

\*School terms only\*

Location: **Murray Toola Damana Preschool, 9 Austral St Mt Druitt 2770**  
10AM - 12PM  
Contact Joanne: **0492 175 780**



### Sensory Playgroup (0-5yrs)

10:30AM-12PM

Location: **Yenu Allowah Mt Druitt**

\*Focus on children with sensory/additional needs, all families welcome\*  
Contact: **0429 623 159**

### Playgroup (0-5 yrs)

9AM - 11AM

Location: **Salvation Army Lethbridge Park**  
Bring a hat, bottle and spare clothes  
Contact Leah **0432 625 981**

### Sing and Grow

9:15AM - 10:30AM

Location: **Madang Avenue Public School**  
Contact: **1800 436 436**

## TUESDAY

### Gulyangarri Playgroup (3-5 yrs)

9AM - 2:30PM

Location: **Shalvey Public School**  
**Gulyangarri is FREE for all Indigenous kids**

\*Parents need to stay at least ½ hour with the child & attend 'Yarning Circle'\* held twice a term  
Contact Vickilee: **0419 098 034**

### Messy Playgroup (0-5 yrs)

9:30AM - 10:30AM

Location: **Bidwill Uniting Hall (Mission Australia)**  
Hellene: **0475 975 631**  
Donna: **0475 802 216**

### Baby Rhyme Time (0-2 yrs)

10:30AM - 11:00AM

\*School terms only\*  
Location: **Mt Druitt Library**  
Contact Jaspinder: **8886 2000**

### Tiny Teddies Playgroup (0-5 yrs)

9AM - 10:00AM

Location: **Emerton Public School**  
Contact: **9268 6367**



## THURSDAY

### Community Junction Playgroup (0-5 yrs)

9AM - 11AM

Location: **Lethbridge Park Public School**

\*Aboriginal Play sessions for families  
Contact Vickilee: **0419 098 034** or [vickilee@communityjunction.org.au](mailto:vickilee@communityjunction.org.au)

### Sing and Grow

9AM - 10:30AM

Location: **Hebersham Public School**  
\*Bookings required, program is 8 weeks long  
Contact Family Links: **0434 086 887**

### Playgroup in the Park (0-5 yrs)

9:30AM - 11:30AM

Location: **Heber Park, Hebersham**  
\*School terms only\*  
Contact: Kelly at **0409 187 516**

### Baby Rhyme Time (0-2 yrs)

10:30AM-11:00AM

\*School terms only\*  
Location: **Mt Druitt Library**  
Contact Jaspinder: **8886 2000**

### Family Connections

10:30AM - 12:00PM

Location: **Yenu Allowah Mt Druitt**  
Contact: **0434 086 887**, BOOKING REQUIRED

### Tiny Teddies Playgroup (0-5 yrs)

9AM - 10:00AM

Location: **Emerton Public School**  
Contact: **9268 6367**

### KU Starting Points

9:30AM - 11:30 AM

\*For families with a 0-5 child with additional needs\*  
Location: **KU Shalvey Preschool**  
Booking required, contact Sara: **0406 808 993**



## FREE MONTHLY BOOK

For children aged 0-4.5 living in Bidwill, Lethbridge Park, Tregear and Willmot

Call The Hive **9628 8262** to register!

To the best of our knowledge, this information is up to date and correct.

- If you are aware of any mistakes or would like to share info on a new playgroup, please let us know
- Most playgroups do not operate within the school holidays
- If you would like any more information, or to generally chat about other early learning options in the community, call or text the Hive: **0406 579 297**, **Facebook Message: @thehivemtduitt**