



Tregear Public School

# TREGEAR ENDEAVOUR

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## NEWSLETTER

26th May 2011

### *For your Calendar*

**30/5 - Stage 3 Footsteps**

**1/6 to 3/6 - Life Education**

**2/6 - Positive Parenting  
Program**

**6/6 - Stage 3 Footsteps**

**7/6 to 9/6 - Life Education**

**BE ON TIME**

**IN LINE**

**AT 5 TO 9**

#### REMEMBER

\*No smoking on school grounds

\*No alcohol on school grounds

\*Make our school secure,

**Phone Security: 1300880021**

Tregear Public School  
Making Connections  
Learning for Life

## FROM THE FRONT DESK

### District Cross Country

Last week almost 40 of our students attended the Zone Cross Country. There were some fantastic runners throughout the whole day with Tregear coming 7th out of 19 schools. Congratulations to Chloe Gitt and Micheal Wort who are going on to represent the district at the Regional carnival.

### Biggest Morning Tea

Many thanks to all students and parents who supported the SRC's 'Biggest Morning Tea' today by purchasing a recess pack from the canteen. The funds that you helped raise, will contribute to research and support services for cancer patients. A big thank you also to the staff at our school, who also enjoyed a 'Biggest Morning Tea' on Tuesday and contributed generously to this fund raising venture. Our SRC members enjoyed serving the morning tea to our staff.

### School Leader Excursion

The student leaders of Tregear Public School will be going to the Australian Maritime Museum on Tuesday 31st May to learn things about leadership. The School Captains, Vice Captains, Prefects and SRC representatives will learn and talk about leading and working with their peers, how to represent the student voice and identify the needs of their fellow students.

### Life Education Visit

Students of Tregear Public School (K-6) will be visiting the Life Education Centre at Colyton, between Wednesday 1st June and Thursday 9th June. The permission notes and the schedule for each class visit went home this week. There is a different program for each year (Kindergarten – Year 6), with the programs addressing many of the components and objectives within the NSW Personal Development, Health and Physical Education curriculum. The students will be travelling by bus to the Life Education Centre at Colyton. The subsidized cost of \$3.50 per child includes the Life Education session, bus transport, a student workbook and a sticker for each child. A parent session will be held at the centre on Wednesday 8th June. Free transport is provided from the school. Tea and coffee is also provided at the centre. Please leave your name at the office, if you wish to attend.

### Positive Parenting Program (PPP)

The Positive Parenting Program has had a great number of parents attend in the first two sessions. The final workshop will be next Thursday 2nd June. This workshop is titled, Raising Resilient Children.

## Greg Alexander Trophy

Congratulations to the students who represented Tregear Public School at the Greg Alexander Trophy Blacktown Comp. The boys played well and won 2 of their first 3 pool games. The Semi-final was a closely contested game with Tregear holding on to win after an onslaught of great attack by Kellyville Ridge. The Final was against Marayong PS who had beaten us earlier in the pool games. The lead kept swapping and it was anyone's game. In the end, Tregear scored in the last 10 seconds to win the game. The boys would like to thank Marayong PS for their great effort and gamesmanship and all the spectators believed it was the game of the day. The main thing to come out of the day was that the team represented the school extremely well, just not through football skills but their behaviour and sportsmanship.

## P&C

The P&C will be selling EGGS again this term for \$5.00 per tray of 20 eggs. From every tray, 65 cents will be going directly to the year 6 farewell. All orders with payment, need to be placed by no later than Tuesday of each week and the eggs will be ready for pick up on Thursday of the same week, from the P&C room after recess. No orders will be accepted without payment and the P&C will take no responsibility for any uncollected eggs. Please contact Georgie McCann on 0421 438 033 or Cheryl Borg on 0432 034 039. Our next meeting will be held in the P&C room at 9.30am on Tuesday 21st June.

## Thank You

The P&C have met with a business outside school, who will be donating bread to the school for breakfast club and lunch club. Every week the school goes through a lot of bread, making sure that every child gets a chance to have a healthy breakfast and lunch. Mr and Mrs Ung who are local to Tregear, own a bread distribution business called Pelican Express Bread. Thank you for your support.

## Inspirational Lunches

We can't have too much inspiration when it comes to quick, easy and nutritious school lunches. The School Canteens website, run by the Healthy Kids Association, has lunch suggestions for children of all ages, tips for healthy snacking for little kids and teens, nutritional information, serving sizes and help with food fussiness. Visit [www.schoolcanteens.org.au](http://www.schoolcanteens.org.au)

## Family Snow Fun

It's never too early to book your winter holidays, especially if you'd like to take your kids to the snow. The NSW Department of



Education and Communities has weekend family camps on offer, including Christmas in July and snow holiday packages with accommodation in Jindabyne. For more information, please visit: [www.dsr.nsw.gov.au/camps/getaways.asp](http://www.dsr.nsw.gov.au/camps/getaways.asp). There are also great kids' winter camps for children aged 7-17. For more information: [www.dsr.nsw.gov.au/kidscamps/](http://www.dsr.nsw.gov.au/kidscamps/) or T: 13 13 02. Please note most bookings close during June.

## Vaccinate Against Winter Bugs

With the cold weather upon us and winter on the way, now is the time to vaccinate for this year's flu. NSW Health recommends the 2011 flu vaccine for people over six-months old. The 2011 seasonal influenza vaccine contains (swine flu) pandemic A (H1N1), seasonal A(H3N2) and B strains. While these are the same strains used in the 2010 influenza vaccine, people are still encouraged to receive this year's vaccine as immunity lasts only one year. For more information including Q&As go to [www.immunise.health.gov.au/](http://www.immunise.health.gov.au/) or call the hotline on 1800 671 811.

## Meal Deal - \$4.00

**5 Nuggets**

**Juice Popper**

**3 Pack Oreo Biscuits**

### New to the Canteen:

Oreo Biscuits (3) now available in Strawberry and Chocolate.

Why not try for recess "New Toasty Cheese Sandwich" only \$2.00

IGA Brand

IGA's exclusive store brand product line, IGA Brand, has provided customers a wide variety of products for more than 75 years. With colourful and modern packaging on the outside and high quality ingredients on the inside, IGA Brand offers customers a smart, low cost alternative to national brands.



**SMITHS IGA COMMUNITY CHEST SPECIALS  
ON SALE FROM MON 30TH TO SUN 5TH JUN 2011**

**Purex & Sorbent Toilet Paper 6/9 Pk \$2.99ea**

**Economy Boneless Sirloin Steak \$8.99kg**

**Nestle' Diet Yoghurt 2x150g varieties \$1.99ea**

**Fantastic Pasta Cup Bacon & Cheese Noodles 80g  
\$1.49ea**

**IXL Conserve Jams 600g varieties \$2.99ea**

**Cottee's Orange Crush Cordial 1L \$3.49ea**

**Arnott's Family Assorted Biscuits 500g \$3.29ea**

**Nescafe Gold Original Coffee 200g \$10.99ea**

**Campbell's Country Ladle Soup 505g 2 for \$4.00**

**John West Chilli Tuna 95g \$1.29ea**

**Purchase these products among many other great specials and help Smiths  
IGA to support our school.**

***Remember, it is never too late to join our Christmas Club***