



Welcome to  
3-6C & 3-6P's  
Virtual Classroom  
Week 7



# Staying Safe Online

## Information For Kids

<https://www.esafety.gov.au/kids/be-an-esafe-kid>



## Information For Parents

<https://www.esafety.gov.au/parents>



Scan the QR codes with your device for more information!

## Top 5 online safety tips for kids

1

Set up your device to protect your information.

2

Explore safely & tell an adult if you see anything online that makes you feel yuck.

3

Limit who can contact you when you're playing games.

4

Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.

5

Ask for help if anything online is bothering you.



eSafetykids

[esafety.gov.au/kids](https://esafety.gov.au/kids)

Yours faithfully,  
Mrs Olivia Tredoux  
Relieving Principal

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
\*where social distancing allows

## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

45–60 mins - English

30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
\*where social distancing allows

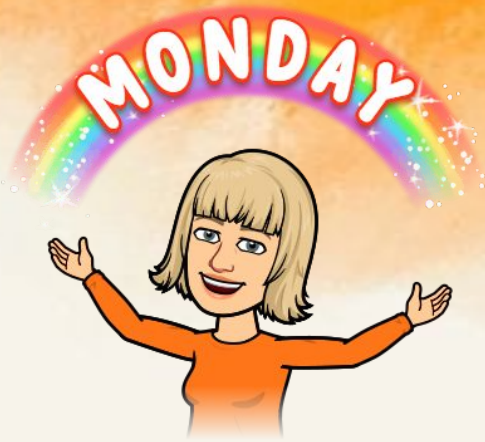
# OLD WORLDS ✦ NEW WORLDS OTHER WORLDS

Welcome to  
Book Week 2021

*This week you'll find great Book Week activities to do each day of the week.*



Monday





## TPS Book Week Celebrations- Kahoot

Today you have the opportunity to join in on a special Book Week Kahoot Quiz.





To access all of the Book Week Activities in a larger format, click the link or scan the QR code.

<https://drive.google.com/file/d/1yD1y5yG7whbsGgodos7eiWRq3pvt9zoSO/view?usp=sharing>



WATCH 'THE UNWILLING TWIN'  
BY FREYA BLACKWOOD  
CBCA PICTURE BOOK OF THE YEAR CATEGORY  
[HTTPS://BIT.LY/2UAeoNL](https://bit.ly/2UAeoNL)



### CAPTURE A WACKY, WEIRD OR WHIMSICAL READING POSITION

TAKE A PHOTO OF YOURSELF READING YOUR FAVOURITE BOOK IN A WACKY, WEIRD OR WHIMSICAL READING POSITION.  
UPLOAD IT TO CLASS DOJO.

### RIDDLES

RESEARCH SOME RIDDLES ONLINE. MAKE A POSTER FOR YOUR FAVOURITE RIDDLE AND TAKE A PHOTO OF YOU HOLDING YOUR POSTER. UPLOAD IT TO CLASS DOJO.



### CREATE AND DRAW YOUR OWN TWIN

IMAGINE YOU HAD A TWIN. WHAT WOULD THEY LOOK LIKE? WHAT WOULD YOU DO TOGETHER?



DRAW YOU AND YOUR TWIN DOING SOMETHING FUN.

### LISTEN TO A STORY

GET A FAMILY MEMBER TO TELL YOU A STORY ABOUT SOMETHING THAT HAPPENED TO THEM IN THE PAST.

### TELL YOUR STORY

TELL A FAMILY MEMBER ABOUT SOMETHING THAT HAPPENED TO YOU IN THE PAST.



### GUESS WHO?

PICK A FRIEND FROM YOUR CLASS. WRITE DOWN SOME CLUES TO HELP US GUESS WHO YOU CHOSE. UPLOAD YOUR CLUES ONTO GOOGLE CLASSROOM OR CLASS DOJO SO WE CAN GUESS WHO YOUR CLUES ARE ABOUT.



# Connecting to Your Senses- Sight

Find a collection of 6 random objects. Think about how many ways you could group those objects. Or you can select from the list below.

A pair of socks, hair brush, spoon, banana, pencil, cushion.

Group ideas - lightest to heaviest, shortest to longest, thinnest to widest, soft or hard.

Eg. If I grouped these items in the categories soft or hard, the groups would be

Soft - socks, banana, cushion

Hard - hairbrush, spoon, pencil

## Extension:

Look for other items around the house, that you could include into your group.

e.g soft - curtain, shopping bag, lanyard

hard - rubbish bin, dinner plate, chair

Draw or name them.





# Fitness

Do 10 push ups, stand and take 5 deep breaths. Then do another 10 push ups and take 5 breaths, repeat 5 times.

Lay on your back, put a ball or cushion between your feet and lift your feet, hold for 5 seconds, lower to the floor and repeat 10 times.



Extension:

Try doing 10 push ups standing up.





# A Sentence a Day

Sit outside and find a flying animal. Write at least 2 sentences about the animal. Remember to use who, what, when, where, why, how, adjectives, capitals and full stops.

e.g The young magpie jumped slowly towards the small grasshopper, hoping not to scare it. It was the first meal of the day for the magpie and it was hungry and cold after spending its first night out of the warmth of the nest.

Extension:

Choose one of your adjectives - give 3 synonyms (words that mean the same thing) for that word.

e.g young = small, juvenile, baby.

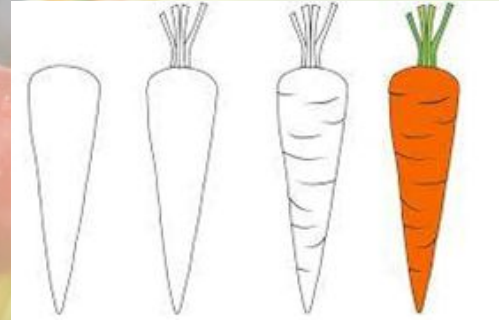


# Crunch & Sip



Have a piece of fruit or raw vegetable. In your work book, write or draw what you ate. E.g carrot

Describe the differences on one of the pictures of the Spot the Difference on the next slide.



**Extension:** Think of other ways you could prepare your fruit or vegetable.

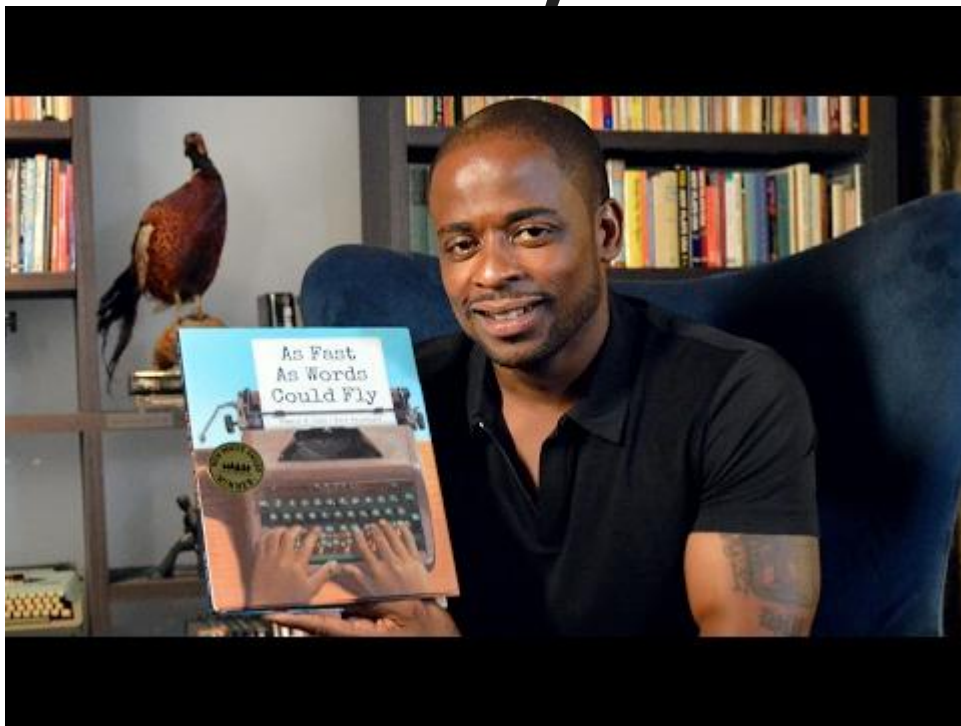


# SPOT THE DIFFERENCE

CAN YOU FIND ALL 10?



# Story Time!



*Scan the QR code  
with your device  
to access the  
video.*





# Reading/ Writing/ Spelling

Read a magazine or book for 15 minutes.

Write down the name of the book or magazine, and 8 plural words from the text (plural = more than one, Most plurals end with 's')

e.g spoons, dogs, cushions.

Extension:

Use an adjective (describing word) for each of your plurals

e.g silver spoons, small dogs, soft cushions

# Wellbeing

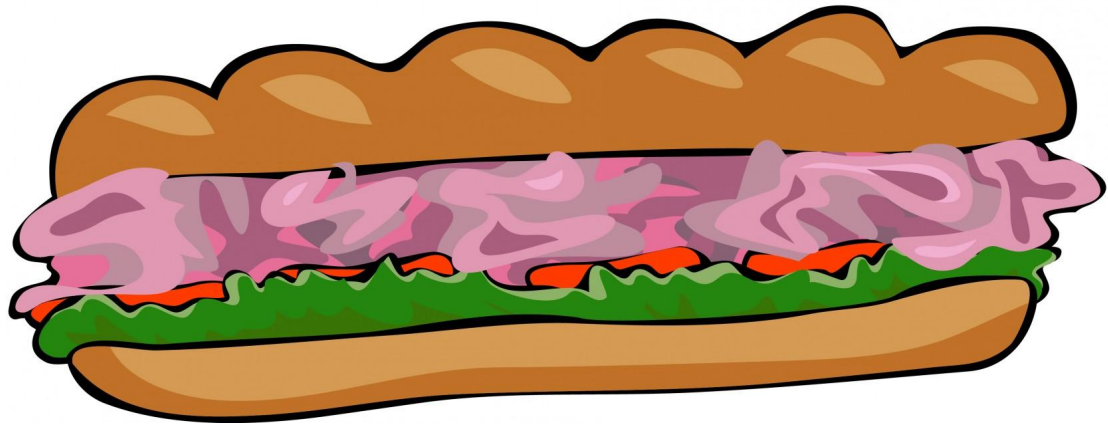
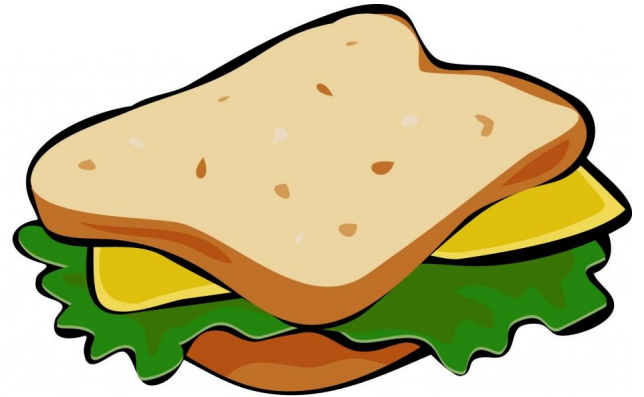
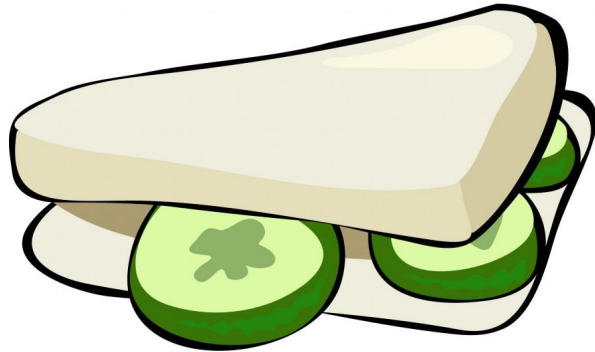
Give:

Make a card for a family member.

Write or draw one or two things that you are grateful for.



Recess





# Daily Zoom Check-in Meeting



Meet Ms Palmer and Ms Carter online to go through the day's learning, catch up with your friends & play some fun games!

Click on the link or scan the QR code at 11:30am to meet us there!

<https://nsweducationzoomus/j/67742198557?pwd=Q2h0NUl2ZlXU4a2RrZGcyWHlqRU9EZz09>

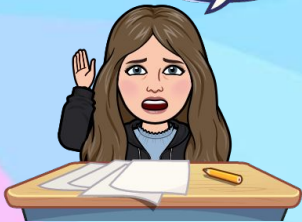
Meeting ID: 677 4219 8557

Password: 347796

Scan the QR with your device at 11:30am to join in on the fun!



I don't get it...



Bring along all of your questions so we can answer them.



# Fitness Time!

Describe what fitness activity you completed today (20-30 minutes)

Or click on the link to participate in some online fitness activity

<https://app.education.nsw.gov.au/sport/Bodycontrol>

Scan the QR code with your device for more information!





# Mathematics

Write 10 number sentences that use the number 10 in it. Use addition, subtraction, multiplication and division.

e.g

$$4 + 6 = 10$$

$$37 - 10 = 27$$

$$3 \times 3 + 1 = 10$$

$$60 \div 10 = 6$$

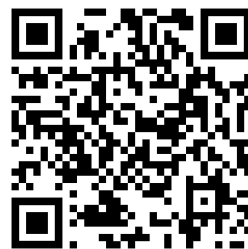
Extension:

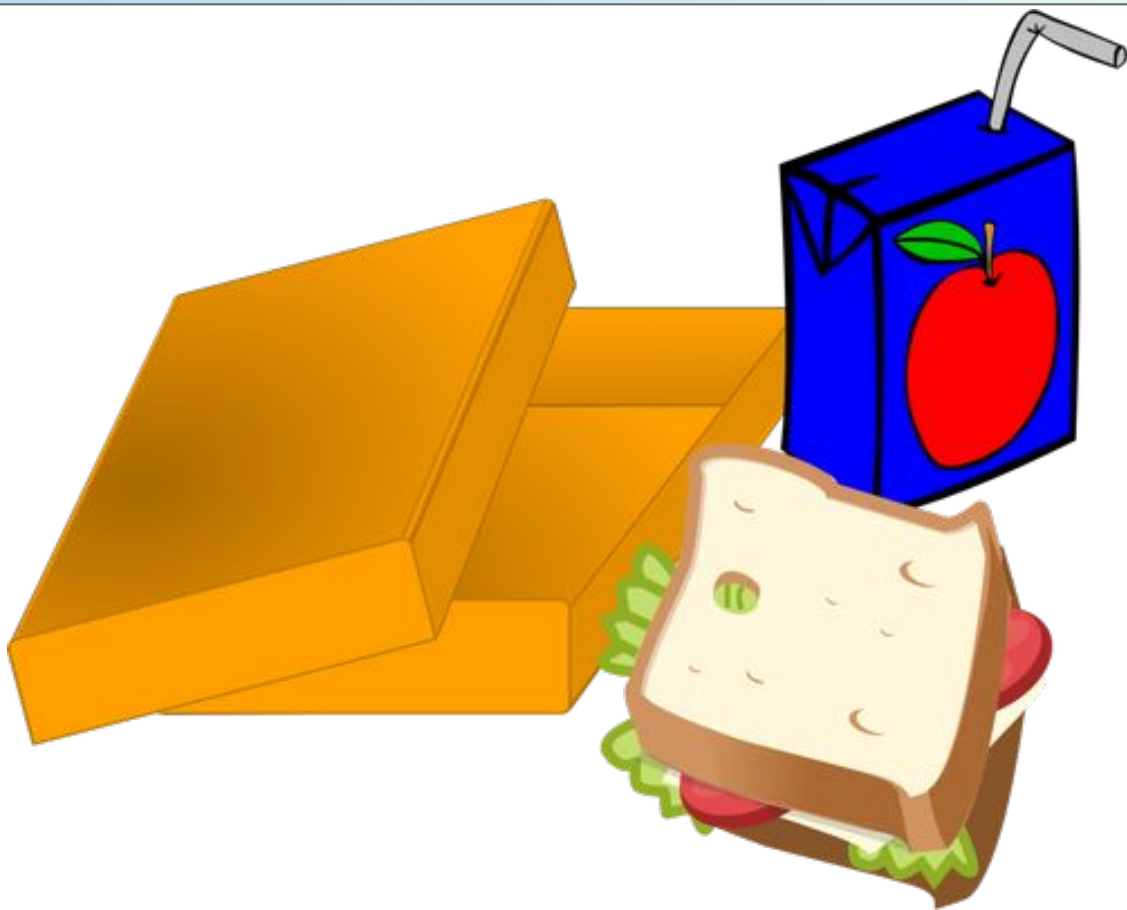
Find cases where multiples of ten are shown in the environment, eg speed signs.





# Fitness Video





Lunch

# Fruit & Veg Month Activity

Look in the fridge! What fruit and vegetables can you find? Notice the different colours and types of the fruit and vegetables. Draw and label all of the different types of fruit and vegetables that are in your fridge.

**Extension:** Group the different types of fruits and vegetables. You could group what's in your fridge into the following categories;

- Fruits/ Vegetables
- Colours ie green/ purple/ orange/ red etc
- Types of Fruit
  - Apples, & Pears
  - Citrus
  - Stone Fruit
  - Tropical Fruits
  - Berries
  - Melons
  - Tomatoes & Avocados
- Types of Vegetables
  - Leafy Greens
  - Cruciferous (cabbage, cauliflower, broccoli)
  - Marrow (pumpkin, cucumber, zucchini)
  - Root (potato, sweet potato, yam)
  - Edible Plant Stem (celery, asparagus)
  - Allium, (onion, garlic, shallot)

Remember, there are different health benefits to each colour and type. So, it's important that a wide range of colours and types are eaten every day.



Monday, 23rd August to Friday, 17th September



# Unplugged

Move exactly three sticks to make this move in the opposite direction.

**Extension:** Use toothpicks to make your own design. Do not use matchsticks.



# Interesting Tidbits!

Follow the link to watch this episode of Behind the News.

<https://www.abc.net.au/btn/classroom/20210810-ep22-btn/13483744>

*Scan the QR code  
with your device  
to access the  
video.*





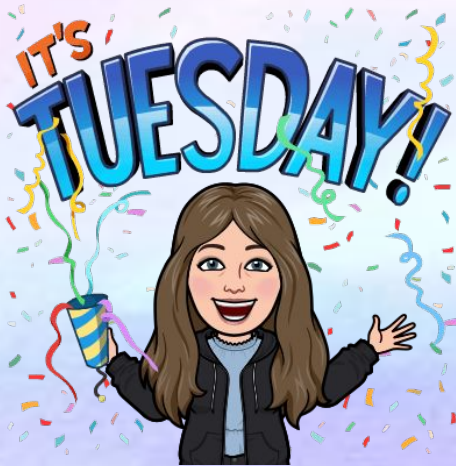
# Science Week 2021 Incursion Catch-Up

Missed the Science Week Incursions last week?

Catch up on the **Food Science Show** by clicking play on the video.



Tuesday





## TPS Book Week Celebrations- Author Talks

Today you have the opportunity to watch two virtual, live author talks to celebrate Book Week.

Click the links below at the appropriate time to join in on the fun.



### Author Talk 3-6 Session 3

Time: 10:00am - 10:45am

Years: 3-6

Authors: Matt Cosgrove, Max Hamilton, Nat Amoire & Yvette Poshoglian

<https://www.youtube.com/watch?v=eQeXg4ohNeY>



### Author Talk 3-6 Session 4

Time: 2:00pm - 2:45pm

Years: 3-6

Authors: Sue Murray, Geoffrey McSkimming & Matt Cosgrove.

[https://www.youtube.com/watch?v=HLo\\_Tffsm9w](https://www.youtube.com/watch?v=HLo_Tffsm9w)

  
THE CHILDREN'S  
BOOK COUNCIL  
OF AUSTRALIA

# CBCA BOOK WEEK

# OLD WORLDS, NEW WORLDS, OTHER WORLDS

## 21-27 AUGUST 2021

#CBCA2021




To access all of the Book Week Activities in a larger format, click the link or scan the QR code.

<https://drive.google.com/file/d/1yDly5yGwHbsGgodos7eiWRq3pvt9zoS0/view?usp=sharing>



### WATCH 'NOT CUTE'

By PHILIP BUNTING

CBCA PICTURE BOOK OF THE YEAR CATEGORY

[HTTPS://BIT.LY/31EBRGH](https://bit.ly/31EBRGH)



Not cute.



### CELEBRATE YOUR FAVOURITE BOOK

#### CHARACTER'S COSTUME

PLAN FOR AND PREPARE YOUR FAVOURITE BOOK CHARACTERS COSTUME FOR OUR VIRTUAL BOOK PARADE. TAKE A PHOTO AND EMAIL IT TO YOUR TEACHER TO BE INCLUDED IN THE VIRTUAL BOOK PARADE.

### CUTE CREATURES

DRAW THE CUTEST OR WEIRDEST CHARACTER YOU CAN IMAGINE. UPLOAD A PHOTO ON CLASS DOJO.



### CUTE AND NOT CUTE

DRAW A PICTURE OR WRITE A DESCRIPTION OF A CUTE CHARACTER.



NOW, MAKE CHANGES TO THEM SO THEY ARE 'NOT CUTE' OR A LITTLE DANGEROUS LOOKING.

### LISTEN TO A STORY

GET A FAMILY MEMBER TO MAKE UP AND TELL YOU A STORY ABOUT AN IMAGINARY CREATURE OR CHARACTER.

### TELL YOUR STORY

MAKE UP YOUR OWN CHARACTER OR CREATURE AND TELL A FAMILY MEMBER A STORY ABOUT THEM.



### A CASTLE FIT FOR A KING OR QUEEN

DRAW A PICTURE OF A CASTLE FIT FOR A KING OR A QUEEN. MAKE SURE YOU ADD LOTS OF DETAIL. UPLOAD A PHOTO OF YOUR CASTLE TO CLASS DOJO.



# Connecting to your Senses- Smell

Look at yourself in the mirror, focus on your nose. Take in a deep breath and breathe out, through your nose. Look at how your nose moves as you breathe in and out. Describe how your nose moves as you breathe in and out.

## Extension:

Look at the noses of your family members. Describe or draw how they are the same and different to your nose.

e.g Sebastian's nose is narrower than mine. I have the most nose freckles in the family.



# Fitness

Try different ways of jumping, on the spot. Look at this poster for some ideas. Do each jump 10 times and have a break between each style.



Extension:

Look at the Yoga poses in this image below. Try as many as you feel safe and comfortable doing.





# Cooking

*Here's another fruit dip, using different ingredients.  
Try it with a variety of fresh fruits.*

*1 package cream cheese, softened*

*1 cup brown sugar*

*1 tablespoon vanilla extract*

*Beat cream cheese until whipped; add brown sugar and vanilla extract.  
Continue beating until dip is well mixed.*

*You may like to use a hand blender to do the mixing. Check with your  
parents first.*



# Crunch & Sip





# Story Time!



*Scan the QR code  
with your device  
to access the  
video.*





# Reading/ Writing/ Spelling

Read for 15 minutes.

Recreate the cover of your text, write the title in fancy writing, make your own illustration from an idea in the text.

Extension:

Using words from your text, play hangman with a family member. Do 5 different words. Then use those words in your own sentences, with capitals and punctuation.

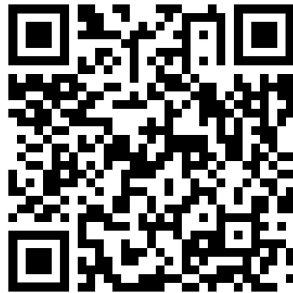
# Fitness Time!

Describe what fitness activity you completed today (20-30 minutes)

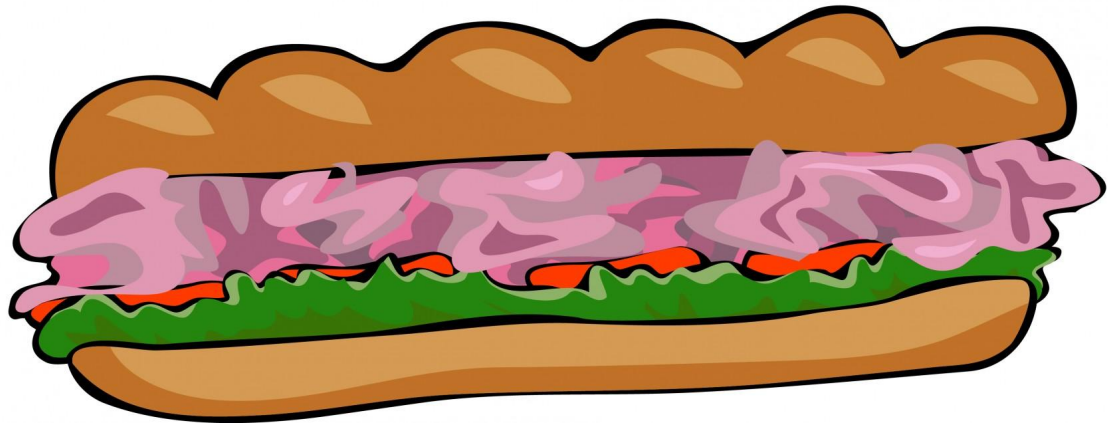
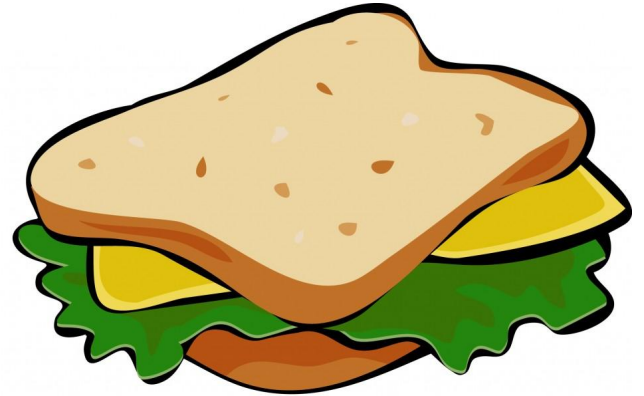
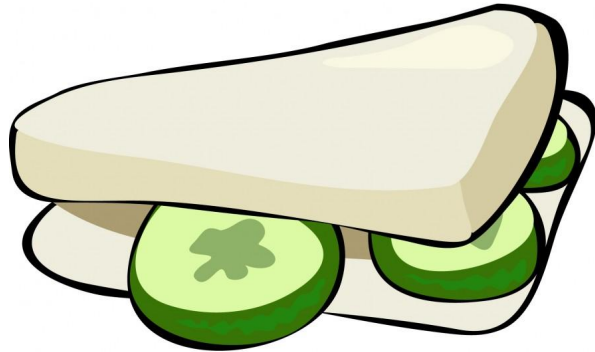
Or click on the link to participate in some online fitness activity

<https://app.education.nsw.gov.au/sport/Bodycontrol>

Scan the QR code with your device for more information!



Recess



# No Daily Zoom Check-in Meeting Today



Because you will have the opportunity to join two live, virtual Book Week author talks today, we have decided to cancel our Daily Check-In meeting as too many meetings in 1 day is too much.

We'll be back with you for our daily check-in meetings from Thursday this week!



# Wellbeing

Be Active:

Try a Yoga Story.



*Scan the QR code with your device to access the video.*

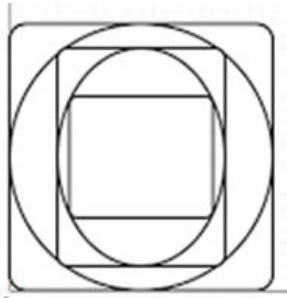




# Mathematics

Draw a shape inside another shape,  
eg Make a circle inside a square  
inside a circle.

How far can you keep going  
inwards or outwards.



Extension:

Now try using many shapes to  
make your pattern.

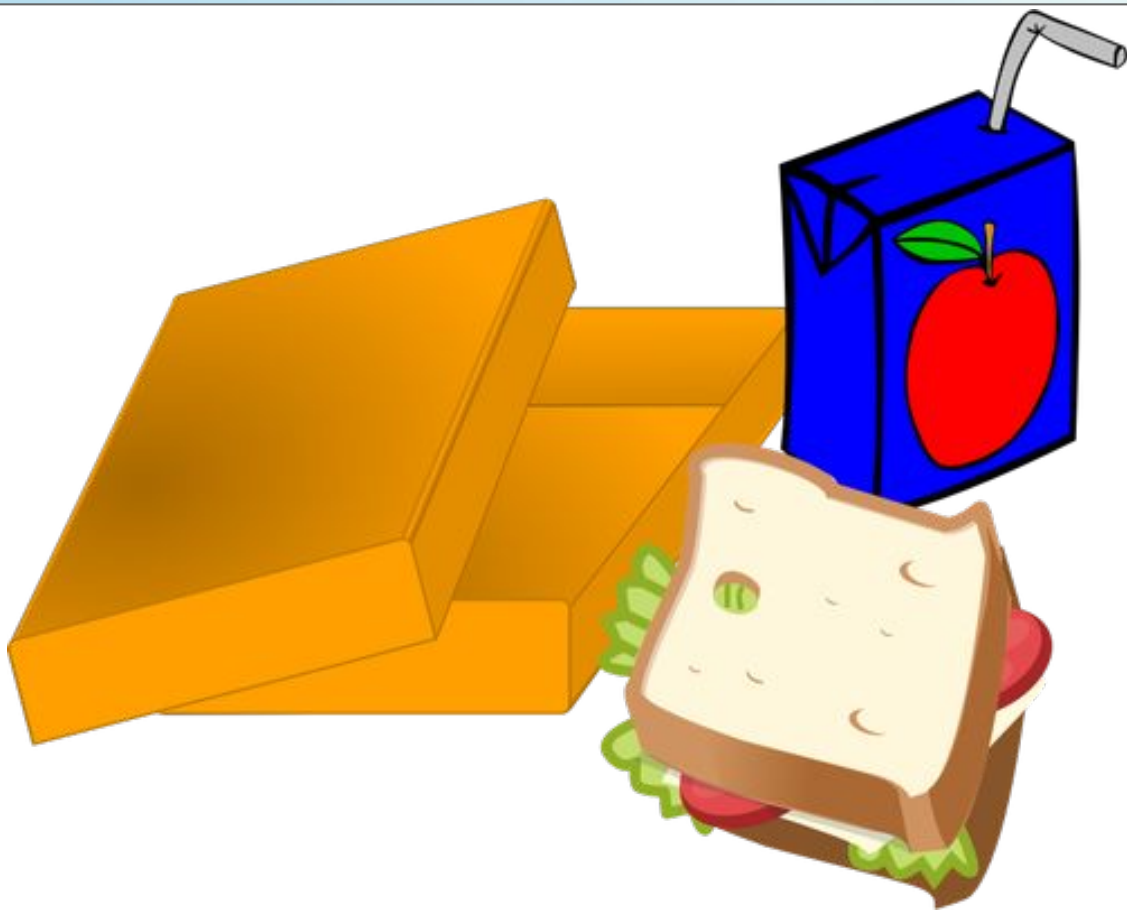




# Fitness Video







Lunch

# Interesting Tidbits!



Check out the live Savannah Cam at Taronga Zoo.

Write a description of what you see.



*Scan the QR code with your device to access the video.*



# Science



This experiment is an extension of the one we did in Week 6.

Read the instructions on the following slide for the experiment.

Can water walk? After setting up your paper and glasses, look at the questions and write your answers before checking on what is happening in the glasses.

Extension:

What do you think will happen to the paper towels that are placed in the water? Do you think it is possible for the water in the outside glasses to move to the empty glass? What do you think will happen if the water moves to the middle glass?

Try the experiment again, but use something other than paper towel. What could you use?



# Science



## Color Changing Walking Water Science Experiment

Science or magic?

Using three glasses, you can observe water walking and changing color with only a few supplies you have in your kitchen.

### Supplies Needed

3 Clear Glasses of Equal Height

Paper Towel

Water

Food Coloring (2 different colours that mix well, e.g blue and yellow)

**Step 1** - Prepare two strips of paper towel by folding each piece of paper towel in half and then in half again until it is the correct width.

**Step 2** - Place your three empty glasses about hand width apart. Pour water into the two outside glasses until they are halfway full. Leave the middle glass empty.

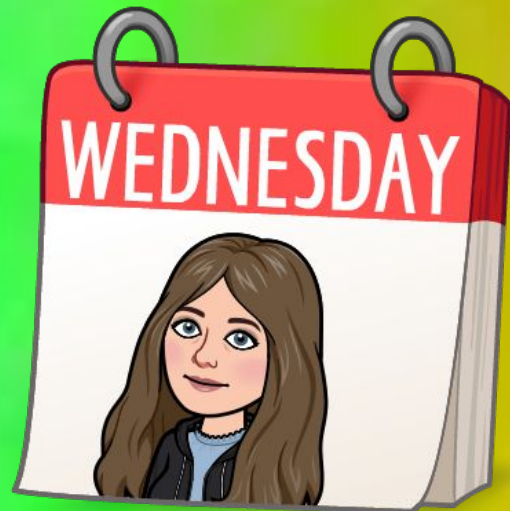
**Step 3** - Add a few drops of blue food coloring to one glass and a few drops of yellow food coloring to the other glass. Stir the water until the food coloring is fully combined.

**Step 4** - Take one of the strips of paper towel and place one end of it into the glass with the blue water. Then place the other end into the middle glass that is empty.

**Step 5** - Take the other strip of paper towel and place one end of the paper towel into the glass with the yellow water. Then place the other end into the middle glass.

**Step 6** - Now leave the glasses to sit and come back to check on them in about an hour.

Wednesday

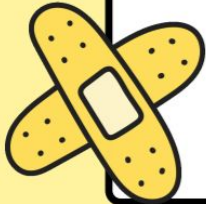




Welcome to Tregear Public School's

# WELLBEING DAY

Take some time out. Complete some fun  
activities. Look after your Wellbeing.



# Wellbeing Wednesday

Today is a day for you! Wellbeing is such an important foundation to the overall health of an individual. Today's remote learning looks a little different. You are to choose at least 4 activities from the grid to complete throughout the day. You can complete these individually or with someone at home. You are welcome to complete more if you would like to. Have fun and take today as an opportunity to relax, enjoy yourself and embrace feelings of positive wellbeing!

<p>Make a call, a card, artwork or send a message to someone and tell them why you are thankful for them.</p>	<p>Sit in the sun and draw. You might want to draw what you can see.</p>	<p><b>Make a lava lamp!</b> <a href="https://www.sciencefun.org/kidszone/experiments/lava-lamp/">https://www.sciencefun.org/kidszone/experiments/lava-lamp/</a></p>	<p>Lie in your backyard and watch the clouds. Notice and draw what objects you can find in them.</p>	<p><b>Blow bubbles outside!</b> <a href="https://artfulparent.com/how-to-make-homemade-bubbles/">https://artfulparent.com/how-to-make-homemade-bubbles/</a></p>	<p>Bake some cookies with your family and enjoy them for afternoon tea together.</p>
<p><b>Dress up and take new family photos.</b></p>	<p><b>Make fluffy slime</b> <a href="https://www.cnet.com/home/smart-home/make-slime-without-borax/">https://www.cnet.com/home/smart-home/make-slime-without-borax/</a></p>	<p>Making a wish jar. Write down 3 wishes you have for the future. Decorate your wish jar and keep it safe.</p>	<p>Play a family board/card game or make a game up.</p>	<p><b>Build a kite and try to fly it outside:</b> <a href="https://www.youtube.com/watch?v=mc3AUuuq9_I">https://www.youtube.com/watch?v=mc3AUuuq9_I</a></p>	<p>Sit in your backyard with your family and have a picnic lunch in the sun. Play a ball game.</p>
<p>Help an adult do some gardening.</p>	<p>Create your own drumming pattern. As you drum, connect with your heartbeat.</p>	<p><b>Make homemade pizzas with an adult and eat them while watching your favourite movie!</b> <a href="https://www.healthylittlefoodies.com/tortilla-pizza/">https://www.healthylittlefoodies.com/tortilla-pizza/</a></p>	<p>Share jokes or a riddle with your family members.</p>	<p>Listen to your favourite songs, sing and dance around the room! Make up a dance if you wish and perform it as a concert!</p>	<p>Quietly complete a chore for someone in your home without being asked.</p>
<p><b>Make a stress toy:</b> <a href="https://www.wikihow.com/Make-a-Balloon-Stress-Ball">https://www.wikihow.com/Make-a-Balloon-Stress-Ball</a></p>	<p><b>Mediate!</b> Access the link to meditate in the Crystal cave! <a href="https://www.youtube.com/watch?v=nEY4wGROgIs">https://www.youtube.com/watch?v=nEY4wGROgIs</a></p>	<p>Make a Nature Bracelet out of masking tape (sticky part on the outside). Take a walk to find flowers and leaves to decorate your bracelet with.</p>	<p><b>Go on a virtual field trip through this Virtual Reality Rainforest Tour:</b> <a href="https://youtu.be/5JvJCVdqYs">https://youtu.be/5JvJCVdqYs</a></p>	<p>Build a fort out of blankets and pillows. Make fairy bread or fruit kebabs and have a picnic inside your fort.</p>	<p>With an adult, go on a local walk, bike ride or bushwalk!</p>

We kindly ask that you record the activities completed in your Learning Log for today (18th August 2021).

# CBCA Book Week 2021



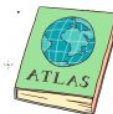
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<https://drive.google.com/file/d/1yDly5yGwhbsGgodos7e1WRq3pvt9zoSO/view?usp=sharing>



## AUTHOR TALK

NORTON AND THE BEAR BY GABRIEL EVANS  
CBCA PICTURE BOOK OF THE YEAR CATEGORY  
[HTTPS://WWW.YOUTUBE.COM/WATCH?V=1Pp0DJ0HRkk](https://www.youtube.com/watch?v=1Pp0DJ0HRkk)



## OLD WORLDS, NEW WORLDS AND OTHER WORLDS

READ ONE OF YOUR FAVOURITE BOOKS. WHAT WORLD IS YOUR BOOK SET IN? DRAW IT OR WRITE A DESCRIPTION OF THE WORLD IN WHICH YOUR STORY TAKES PLACE.

## DRAW LIKE AN ILLUSTRATOR

TAKE YOUR WORKBOOK OUTSIDE, JUST LIKE GABRIEL EVANS DOES. SKETCH SOME PICTURES. USE THE WORLD AROUND YOU FOR INSPIRATION.



## COPY CAT

STAND OPPOSITE A FAMILY MEMBER. BEGIN TO MOVE SLOWLY.



GET YOUR FAMILY MEMBER TO COPY YOUR MOVEMENTS. TRY NOT TO LAUGH!

## WINTER WARMERS

DRESS UP IN YOUR SNUGGEST OUTFIT, OR GET UNDER YOUR WARMEST BLANKET. READ A BOOK TO OR WITH SOMEONE.

## DRESS UP

DRESS UP IN, OR DRAW AND DESCRIBE YOUR FAVOURITE OUTFIT.



## DRESS LIKE A FAMILY MEMBER

DRESS IN THE SAME OR SIMILAR CLOTHES TO A FAMILY MEMBER. TAKE A PHOTO OF YOURSELVES DRESSED THE SAME AND UPLOAD IT TO CLASS DOJO.



# No Daily Zoom Check-in Meeting Today.

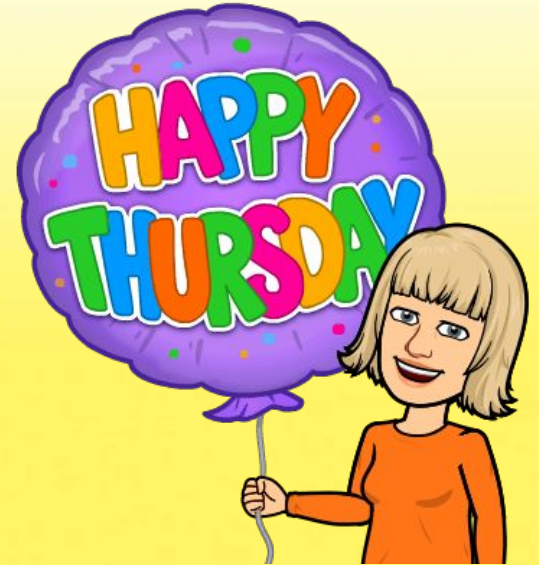


In the spirit of Wellbeing Day we're trying to avoid screen time. Use this check-in meeting time to work through your Wellbeing Activities. Take care of yourself and your family. We'll be back with you for our daily check-in meetings from Thursday this week!

## I'm Flexible



Thursday





## TPS Book Week Celebrations- Guess Who?

Today you have the opportunity to join in on a special game of 'Guess Who?'

Check out the photos of TPS teachers reading their favourite book and try and guess who it is.

Check out the TPS Facebook Page for more information.





To access all of the Book Week Activities in a larger format, click the link or scan the QR code.

<https://drive.google.com/file/d/1yDly5yGwhbsGgodos7e1WRq3pvt9zoSO/view?usp=sharing>



WATCH 'ELLIE'S DRAGON'

By BOB GRAHAM  
CBCA PICTURE BOOK OF THE YEAR CATEGORY  
[HTTPS://BIT.LY/3j1DGwRc](https://bit.ly/3j1DGwRc)



#### OTHER WORLDS

DRAW A PICTURE OR WRITE A DESCRIPTION OF ANOTHER WORLD. USE YOUR IMAGINATION. WHAT DOES YOUR WORLD LOOK LIKE? WHAT CAN YOU HEAR AND SEE THERE? WHO LIVES IN YOUR WORLD?

#### CURIOUS CREATURES

DRAW OR WRITE A DESCRIPTION OF YOUR OWN MYTHICAL CREATURE. IT COULD BE A DRAGON, OR A MADE UP BEAST.



#### HOME SWEET HOME

DESIGN AND CREATE A HOME FOR YOUR CURIOUS CREATURE.



DRAW IT OR MAKE IT OUT OF RECYCLED MATERIALS. UPLOAD A PHOTO TO CLASS DOJO.

#### WHAT'S IN A NAME?

GIVE YOUR CURIOUS CREATURE A NAME, JUST LIKE SCRATCH.

#### DRESS UP

ASK A FAMILY MEMBER IF THEY HAD OTHER NAMES IN MIND FOR YOU WHEN YOU WERE BORN. SHARE YOUR ALTERNATIVE NAMES TO CLASS DOJO.



#### READ MY BOOK, PLEASE!

WRITE A LETTER TO YOUR FRIEND, CONVINCING THEM TO READ YOUR FAVOURITE BOOK. WHY SHOULD THEY READ IT? WHAT WOULD THEY LOVE ABOUT YOUR BOOK?



# Connecting to your Senses- Taste

Do you have dried fruit at home? Eg. sultanas, dates, prunes, dried apricots. Do a taste test on different dried fruits.



## Extension:

Look at the used by date for dried fruits. How much difference is there between the used by date for fresh food and dried fruits. Look in your cupboard, how many different dried fruits do you recognise. List them in your work book.





# Fitness

If you have a balloon, blow it up, tie the end and count how many times you hit it up before it touches the ground. Try walking around with it. Stay inside the house.

If you don't have a balloon, try a scrunched up piece of paper.

## Extension:

Do the same using your head only to keep the balloon or paper up.



# Story Time!



*Scan the QR  
code with your  
device to access  
the video.*



# Crunch & Sip



Have some dried fruit for crunch & sip. Look at how the dried fruit is different to the fresh fruit. Especially if you have sultanas or dried tomatoes.

**Extension:** Draw or describe the difference between the dried and the fresh fruit. Talk about how they smell, feel, look and taste.





# Reading/ Writing/ Spelling

Make yourself comfortable and read for 15 minutes. Write down the name of the text, who are some of the characters Write down where and when it is happening.

e.g The 3 Little Pigs

characters = three pigs, three houses, one wolf

where = in the woods

when = Once upon a time

Extension:

Choose one of the characters. How are you the same as that character?

e.g I live in a brick house with a fireplace and a chimney. The third little pig lives in a brick house with a fireplace and a chimney.



# Wellbeing

## Take Notice:

Take a walk with a family member or go out into your yard. Find somewhere safe and sit cross-legged and close your eyes if you can. Remember to sit away from roads, the carpark and driveways.

Name three things you can...

See:

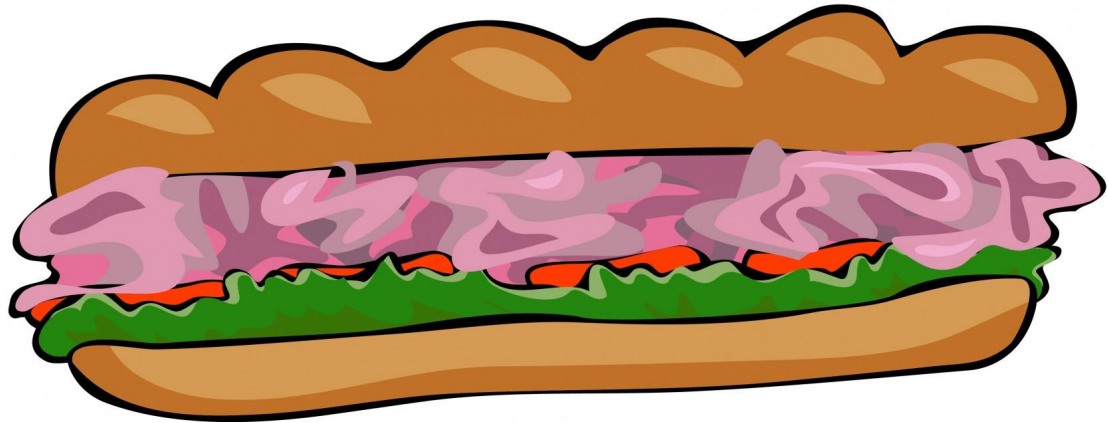
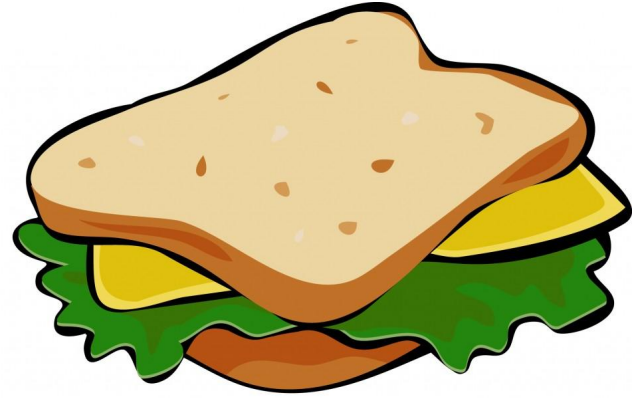
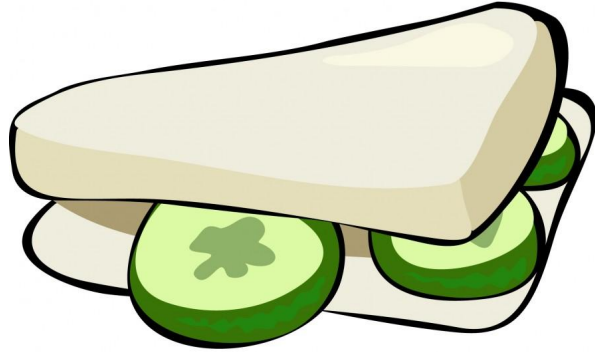
Hear:

Feel:

Smell:



Recess



# Daily Zoom Check-in Meeting



Meet Ms Palmer and Ms Carter online to go through the day's learning, catch up with your friends & play some fun games!

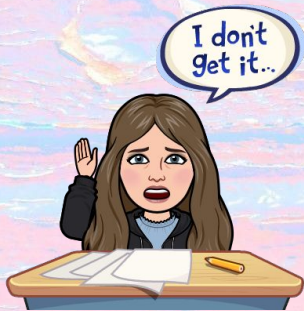
Click on the link or scan the QR code at 11:30am to meet us there!

<https://nsweductionzoomus/j/67742198557?pwd=Q2h0NUl2ZXU4a2RrZGcyWHlqRU9EZz09>

Meeting ID: 677 4219 8557

Password: 347796

*Scan the QR with your device at 11:30am to join in on the fun!*



*Bring along all of your questions so we can answer them.*



# Fitness Time!

Describe what fitness activity you completed today (20-30 minutes)

Or click on the link to participate in some online fitness activity

<https://app.education.nsw.gov.au/sport/Bodycontrol>

Scan the QR code with your device for more information!





# Mathematics

Look around your house and yard for wheels. List 5 objects that have wheels.

e.g pastry wheel, or a wheelbarrow



Extension:

List the wheels in order from smallest to largest.

Use your handspan to help you measure them, if you are not sure which is the bigger or smaller wheel.



# Fitness Video



#293844630

# Family Feud

Write 5 answers to this question.

Check the answers on the final slide for today or move the yellow box to uncover the answers if you're working on a computer.

Check and score your answers when you're finished.

How many points did you get?

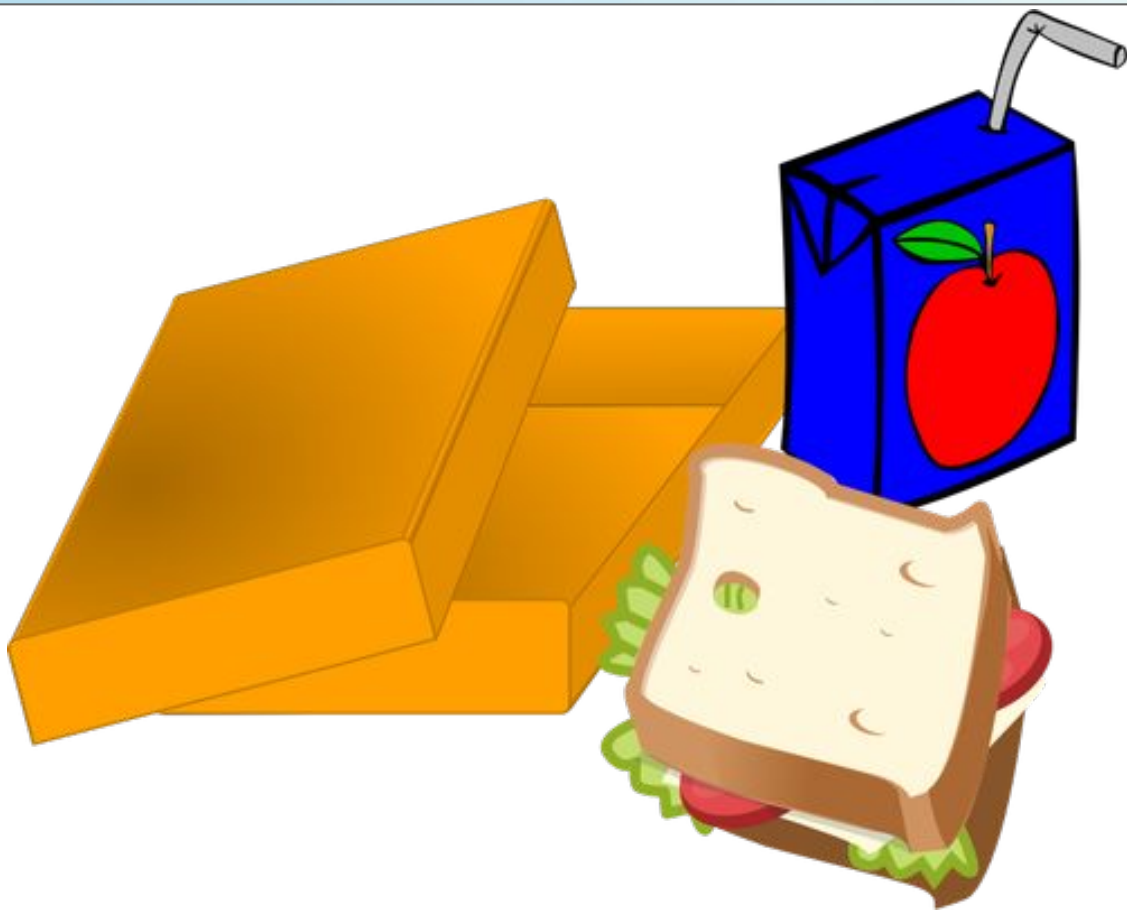
- 1.
- 2.
- 3.
- 4.
- 5.

Challenge a family member to do this with you. Who scored the most points?

**What desserts do kids like?**







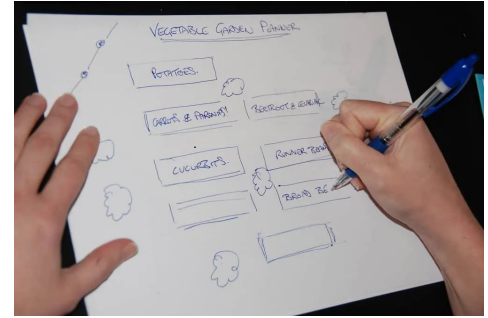
Lunch

# Fruit & Veg Month Activities

Design a vegetable patch or fruit forest  
Remember to include a wide variety of  
colours and types of fruits and vegetables.

Be sure to research what each plant looks  
like prior to designing.

Upload a photo of your design to Class Dojo  
or Google Classroom.



Monday, 23rd August to Friday, 17th September



# Creative Arts

Make a pet rock fruit bowl.  
Find some rocks outside and clean them. If you have paint, paint the rock and let it dry before adding any body bits. Check with an adult to help you set up a painting area.

Extension:

Here are some ideas. You may like to glue bits onto them as well.



# Interesting Tidbits!

Read some information from NASA's Kids' Club about Expedition 65 and SpaceX Crew-2.

Follow the link to access the information.

<https://www.nasa.gov/specials/kidsclub/nowinspace/expedition65-crew2/index.html>

*Scan the QR  
code with your  
device to access  
the website.*



# Family Feud Answers

**What desserts do kids like?**

Cake	24
Ice cream	21
Candy	16
Cookies	16
Pie	7
Pudding	3
Popsicle	3



Friday



To access all of the Book Week Activities in a larger format, click the link or scan the QR code.

<https://drive.google.com/file/d/1yDly5yGwhbsGgodos7elWRq3pvt9zoSO/view?usp=sharing>



**WATCH YOUR BIRTHDAY WAS THE BEST!**

By MAGGIE HUTCHINGS  
CBCA PICTURE BOOK OF THE YEAR CATEGORY  
[HTTPS://BIT.LY/3CCWp1V](https://bit.ly/3CCWp1V)



#### BOOK WEEK PARADE

DRESS IN YOUR BOOK WEEK OUTFIT AND PARADE AROUND THE LOUNGE ROOM WITH YOUR BROTHERS, SISTERS OR FAVOURITE TOYS. ASSEMBLE YOUR FAMILY MEMBERS TO WATCH SO THEY CAN CHEER YOU ON. REMEMBER TO EMAIL A PHOTO TO YOUR TEACHER IF YOU HAVEN'T ALREADY DONE SO.

#### DREAM CAKE

CREATE YOUR DREAM BIRTHDAY CAKE. DRAW A PICTURE AND WRITE A DESCRIPTION. UPLOAD IT TO CLASS DOJO.



#### HOW WELL CAN YOU MATCH YOUR FACE WITH A BOOK?

FIND A BOOK WITH A FACE (OR OTHER BODY PART) ON THE COVER. LINE IT UP WITH YOUR OWN.



SNAP A PHOTO. THE GOAL IS TO MAKE THE TRANSITION BETWEEN THE BOOK AND YOURSELF AS SEAMLESS AS POSSIBLE.

#### FAMILY BIRTHDAY'S

WRITE A LIST OF ALL THE PEOPLE IN YOUR FAMILY. WRITE DOWN THEIR BIRTHDAY'S SO YOU CAN REMEMBER TO WISH THEM A HAPPY BIRTHDAY.

#### YOUR FAVOURITE BIRTHDAY

TELL US HOW YOU SPENT YOUR BIRTHDAY THIS YEAR, OR LAST YEAR. SHARE IT TO GOOGLE CLASSROOM OR CLASS DOJO.



#### HAPPY BIRTHDAY!

SEND SOMEONE WHO WAS BORN IN AUGUST A SPECIAL BIRTHDAY MESSAGE. IF YOU DON'T KNOW ANYONE BORN IN AUGUST, MR HANSHAW AND MRS BEAMER BOTH HAVE AUGUST BIRTHDAYS.



## Connecting to your Senses- Touch

Make some playdough with a family member.

On the next slide there are two recipes, one for cooked playdough and one for uncooked playdough.

Let us know how you went making your playdough by posting a photo on Class Dojo.

Be sure to ask an adult for help, don't attempt this on your own.





# Connecting to your Senses- Touch

## The **BEST** Playdough



**1 cup flour**  
**2 tsp cream of tartar**  
**1/2 cup salt**  
**1 tbsp cooking oil**  
**1 cup water**  
**food coloring**

Mix food coloring with your water first. Then add the vegetable oil and water with food coloring to a large pot. Add the dry ingredients to your pot and mix well. Cook over low to medium heat until the dough starts to form and becomes dry. Once it starts to form a ball take off the heat. Once cool, knead for 5 minutes.

thebestideasforkids.com

## Easy No Cook Playdough

### Ingredients:

- 2 c. flour
- 1 c. salt
- 3 tablespoons cream of tartar (powder)
- 2 tablespoons oil
- 2 c. boiling water
- 1 tsp. Peppermint extract (optional)
- Food coloring (optional)

[www.spendwithpennies.com](http://www.spendwithpennies.com)



No cooking required! Put all ingredients in a bowl and stir! Knead until smooth. Easy right?!? (Note: You cannot mess this one up!)



# Fitness

Use a variety of objects to hit a balloon into the air and keep it in the air. If you do not have a balloon, use a crumpled up piece of paper.

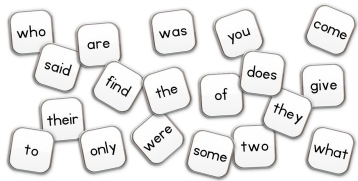
e.g. plastic plate, fly swatter, another balloon, your elbow. Which ones were easier to use?



## Extension:

Count how many times you can kick the balloon into the air before it touches the ground, assuming the position in this picture.

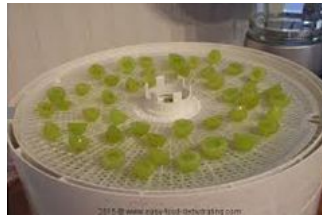




# A Sentence a Day

Write down 3 facts you know about dried fruit. It could be about the fruit you had yesterday.

e.g Sultanas are green, seedless grapes that have been dried for up to 4 weeks.

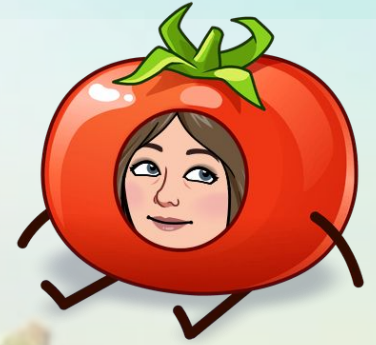


## Extension:

Find out how your chosen fruit is dried and how long it takes to dry. Write your information in your own words, using full sentences with punctuation.

e.g Grapes can be dried in a dehydrator. It takes 48 hours and they shrink to a quarter of their size.

# Crunch & Sip



Have a piece of fruit or fresh vegetable.

Look around the house for objects that have plaiting e.g. leather belt, straw hat, tassels on a curtain. Feel them. List them in your workbook.



**Extension:** Find three pieces of string or thread and plait them. Ask an adult to help if you are unsure of how to plait.





# Reading/ Writing/ Spelling

Read a book or magazine for 15 minutes.

Choose 4 words from your reading.  
Write 4 rhyming words for each word.

Practise saying the following tongue  
twister.

*Mix a box of mixed biscuits with a boxed  
biscuit mixer.*

Extension:

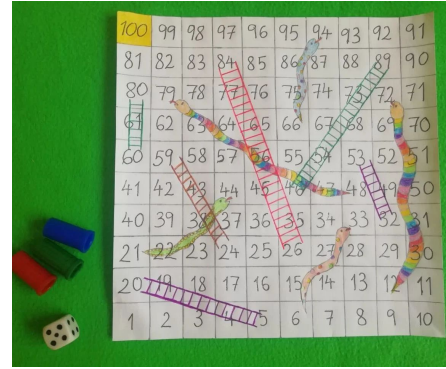
This week is book week.  
Ms Blue has organized  
some activities for you.  
Have a go at them.

# Wellbeing

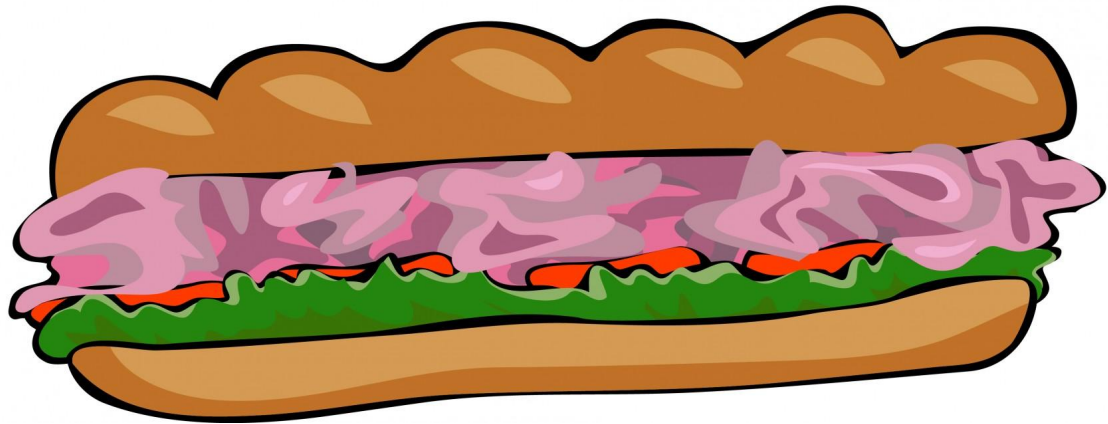
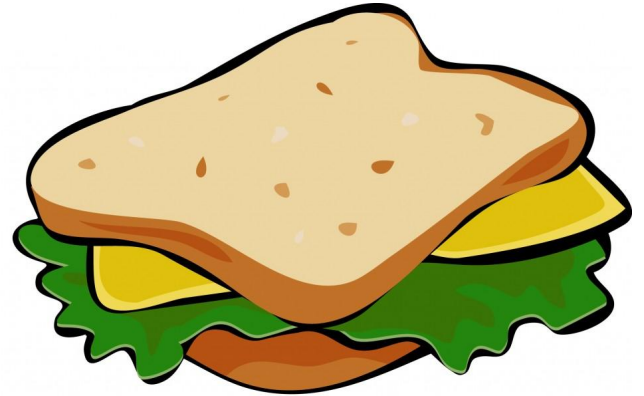
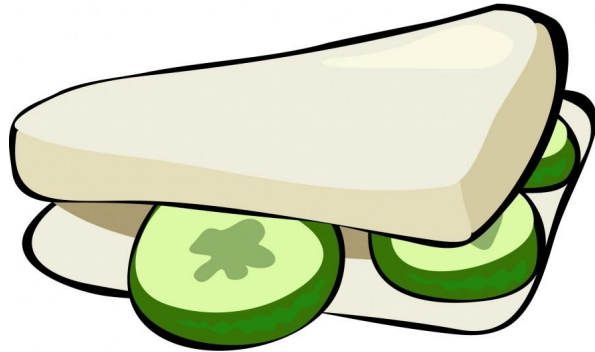
Connect:

Play a board game with your family members.

If you don't have any board games at home, try making a snakes and ladders board together.



Recess



# Daily Zoom Check-in Meeting



Meet Ms Palmer and Ms Carter online to go through the day's learning, catch up with your friends & play some fun games!

Click on the link or scan the QR code at 11:30am to meet us there!

<https://nsweducationzoomus/j/67742198557?pwd=Q2h0NUl2ZlXU4a2RrZGcyWHlqRU9EZz09>

Meeting ID: 677 4219 8557

Password: 347796

Don't forget to come to our meeting today dressed in your Book Week Virtual Parade costume and send a photo to your teacher.

Scan the QR with your device at 11:30am to join in on the fun!

BEEP  
BOOP  
BEEP





# Fitness Video

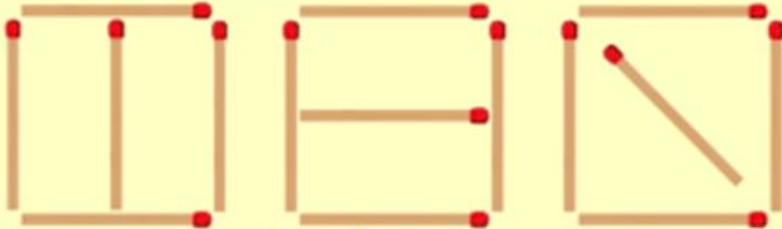




# Mathematics

Use this design below, to spell the word 'ten'. Use toothpicks or small sticks. Do not use matchsticks.

**Remove 6 matchsticks to make it ten.**

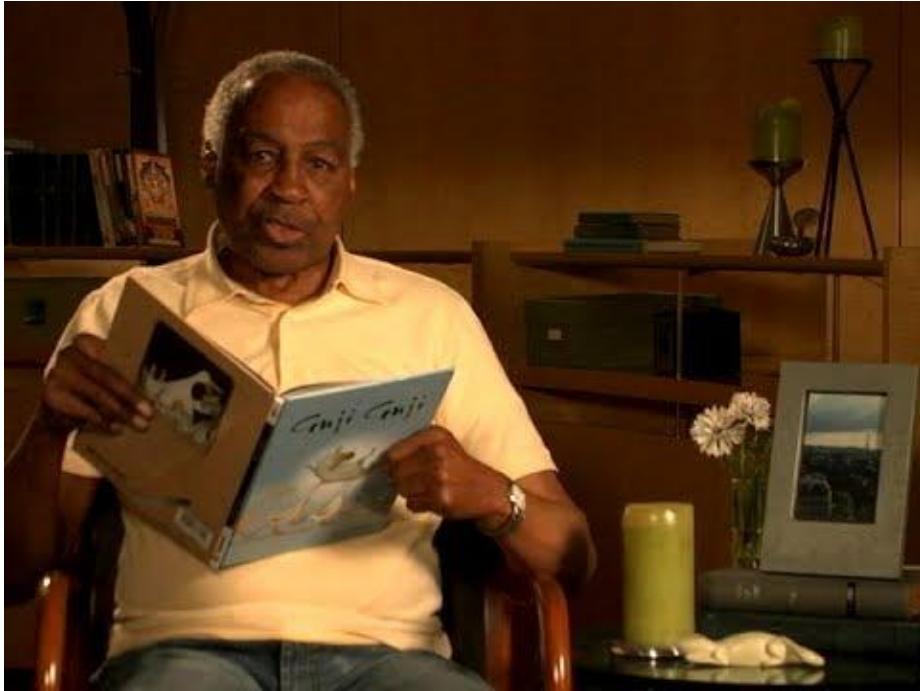


[matchstickpuzzles.net](http://matchstickpuzzles.net)

**Extension:**

Make your own design to spell other numbers. Ask a family member to work them out. Copy them into your work book.

# Story Time!



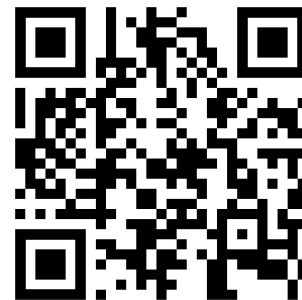
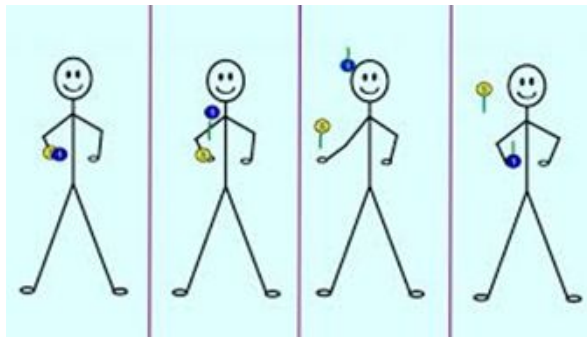
*Scan the QR  
code with your  
device to access  
the video.*

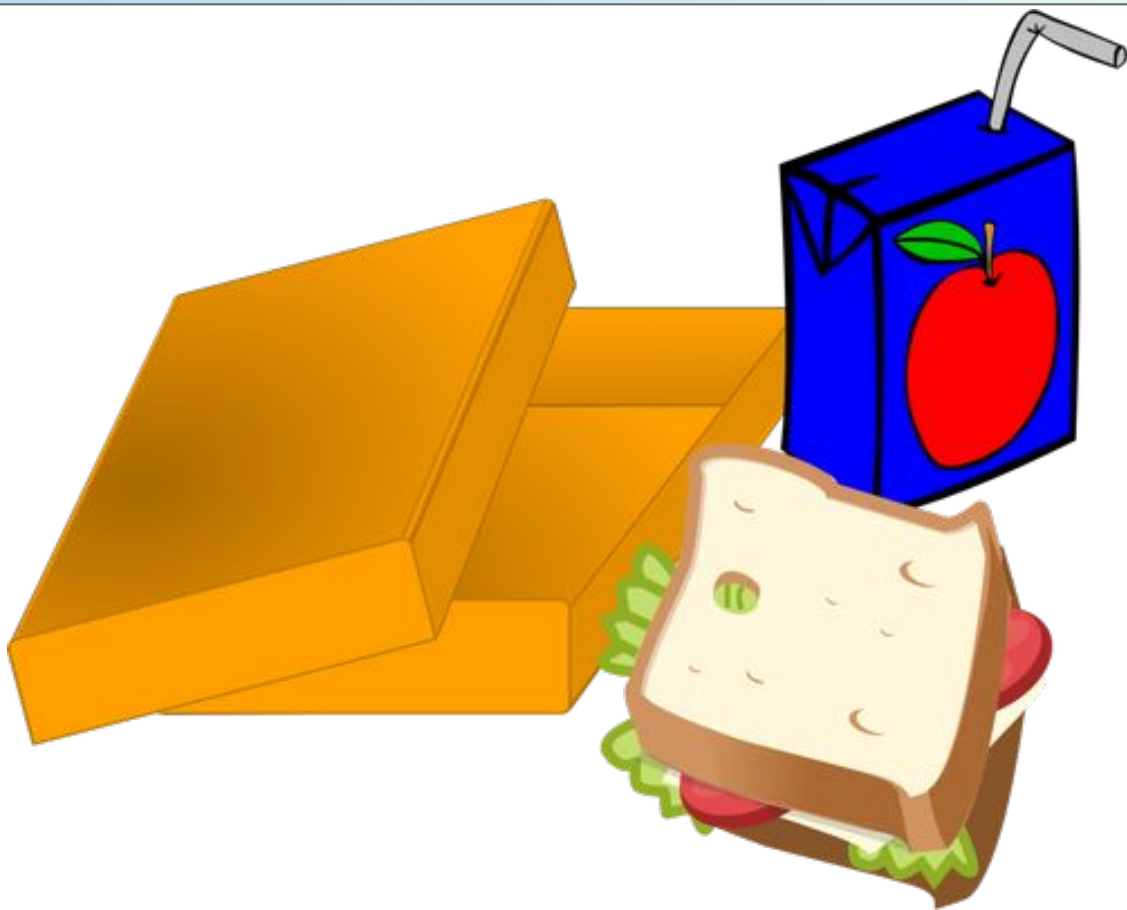




# Sport

Find two small objects or scrunched up paper. Hold both pieces in one hand and try juggling. Toss one object in the air then toss the other object. Catch each as it falls. Move your hand across from one ball to the other to catch.





Lunch



# Music

Make your own shaker instrument using objects you find at home. E.g a take away container filled with buttons or small pebbles. Make sure you fix the lid with sticky tape to keep the lid on.

Extension:

Sing a song and create some dance moves while you play your new instrument.

Decorate your shaker.



# Interesting Tidbits!

Watch this episode of Behind the News.

<https://www.abc.net.au/btn/newsbreak/btn-newsbreak-202010813/13496502>

*Scan the QR  
code with your  
device to access  
the video.*



# Games to bring Families Together

These games are brought to you by Blacktown City Council.

## The Game of Funny Outfits

To play this game you will need to:

1. Gather lots of clothes, and accessories such as bags, scarves and hats from around the house.
2. Find a dice from a board game (if you cannot find a dice, simply write the numbers 1 to 6 on little pieces of paper). One family member at a time rolls the dice or picks a folded number from a cup.
3. Now they must put on the corresponding number of items of clothing. So, if it was 3 or 3 dots on the dice, dress in three more items (hats, scarves, clothes).
4. Take it in turns. After three rounds everyone will be looking very funny! The winner may be the person with the least or most items of additional clothing and accessories.

Go to <https://www.blacktown.nsw.gov.au/Community/Our-people/Children-and-young-people/Activities-at-home-with-children> for more information.







# WEEK 7 LEARNING JOURNAL



Monday	Tuesday	Wednesday	Thursday	Friday
The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:
Student's signature:	Student's signature:	Student's signature:	Student's signature:	Student's signature:
Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature: