


NEW FEATURE



- We have added a cool new feature to our online learning to make it easier for you to access it.

- Click on the speaker symbol.  Click play and you will hear Ms Carter reading the slides to you.



- Try it out by clicking on the speaker symbol in the top right corner.

Early Stage 1

Kindergarten

Stage 1

Year 1 and Year 2

Total 2.5 hours + other

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

Other activities: wellbeing, sport, physical activity*

KLA = Key Learning Area
*where social distancing allows

Stage 2

Year 3 and Year 4

Stage 3

Year 5 and Year 6

Total 3 hours + other

45–60 mins - English

30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

Other activities: wellbeing, sport, physical activity*

KLA = Key Learning Area
*where social distancing allows

Want to hear a joke?
[Click here!](#)



MONDAY

Week 5



Sight

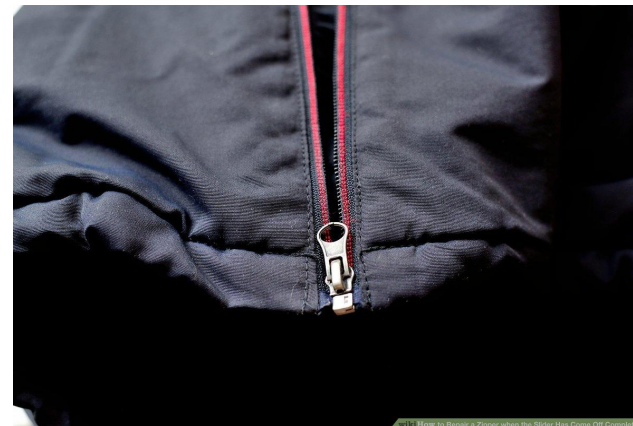


Activity

- Look around your house for zippers. List or draw 5 different items with zippers e.g. pillow, jeans.

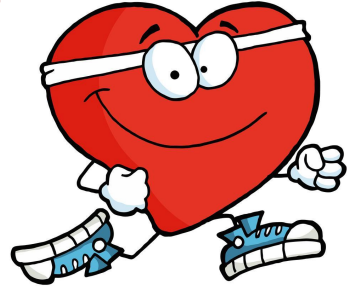
Extension

- Estimate and measure the length of each zipper.





Fitness



Extension:

Create and practise 2 more fitness drills.

Draw or describe them in your workbook.

- Do 10 star-jumps – clap your hands above your head, bring them down to your side. Jump feet apart.
- Do 10 butterflies – sit on the floor, bend your legs and bring your feet together, push your knees down and up, like a butterfly flying.



Crunch and Sip

Extension:

Ask a family member what they know about the food you had for crunch and sip



Have a piece of fruit or raw vegetable. In your work-book, write or draw what you ate.

Describe the differences on the Spot the Difference below.



A Sentence a Day- Handwriting



- Write 2 sentences telling what you did on the weekend.
- Remember to use capitals, full stops and describing words.

Extension:

Add another sentence telling who you saw and the conversation you had with that person.

Reading/ Writing/ Spelling



- Find a magazine or book to read. Read for 15 minutes.
- Write down the name of the book or magazine and 3 interesting facts or opinions from it. Try not to copy the sentence from the book, put it in your own words.

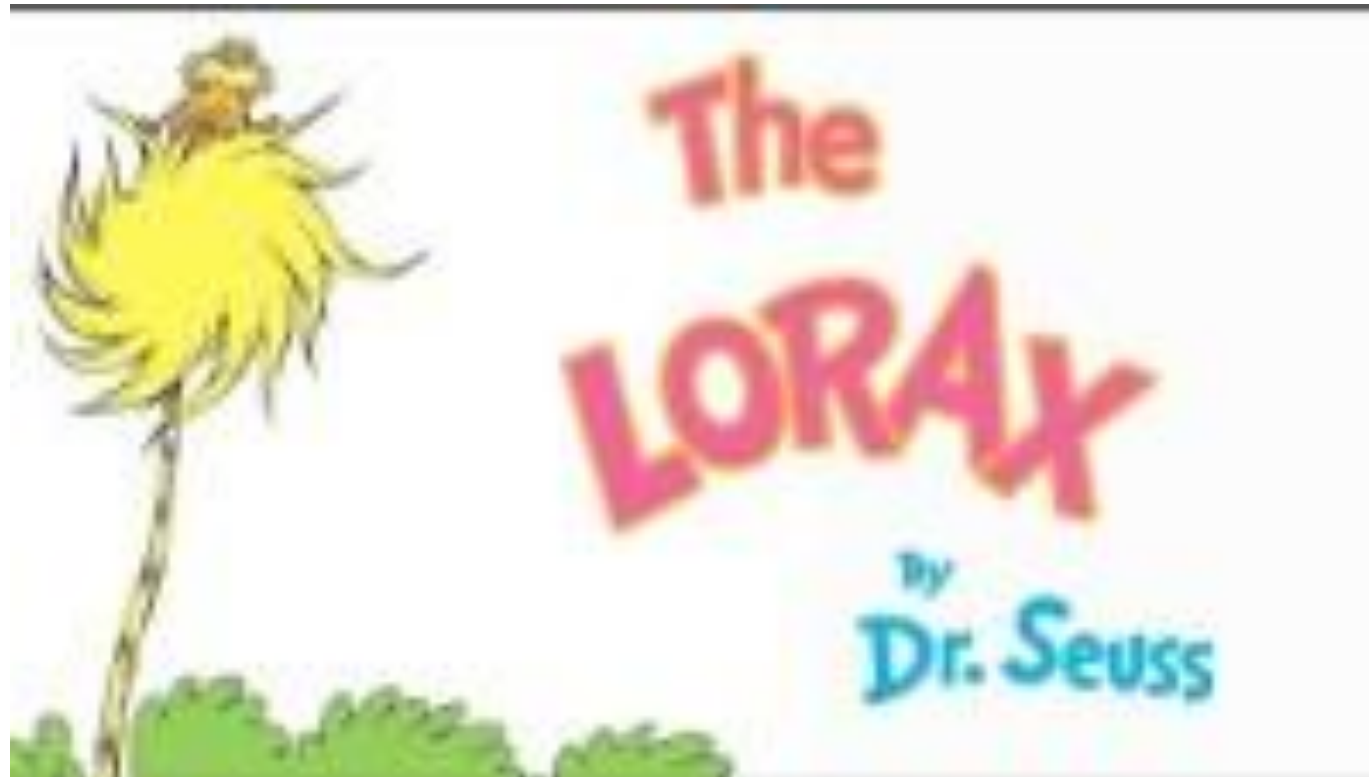
Extension:

- Write down 5 words that describe one of the characters in the text. Use these words to then make your own sentences about that character.

Recess Time



The Lorax by Dr. Seuss



Education Week



- Draw a picture of all the things you like learning at school.
What is your favourite thing you like to do at school?



Number



Extension:

Estimate how many handspans the shorter items are.

Write down your estimates and measurements.

e.g chair = estimate =7

handspan of chair is 5

- Look around your house and list or draw 5 items that are about the same length as you, 5 items that are shorter than you and 5 items that are longer than you.

Need some help with how to measure using handspans? Watch this video.





Reading Comprehension

Read a book of your choice with a family member.

Write down 3 questions about what is happening in the book. Ask your family member your questions.

Remember, questions start with 'who', 'what', 'when', 'where', 'why' or 'how'.

You could ask questions like 'what happened at the end of the story?' or 'what colour shirt was the main character wearing?'

Extension:

- Click on the link. <https://iview.abc.net.au/video/ZW0904A006S00>
- Find the video 'Jamie Johnson- The Kick Off'
- Answer the following questions from the book.
 1. Which boot flew off Jamie's foot during the soccer match?
 2. What was Jamie's worst nightmare?
 3. How many goals did Kingfield score?
 4. What was the best goal Jamie had ever scored?

Lunch Time



Fitness Time!



- Describe what fitness activity you completed today (20-30 minutes)
- Or click on the link to participate in some online fitness activity
- <https://app.education.nsw.gov.au/sport/Bodycontrol>





Behind the News

2021 Tokyo Olympics

Click on the link to watch the video!

<https://www.abc.net.au/btn/classroom/2020-tokyo-olympics/13446864>



Unplugged



Activity

- If you have a straw and some detergent or handwash (not sanitizer) dip the straw in the liquid.
- Then take the straw out of the liquid and blow bubbles in the air.

Extension

- After blowing bubbles in the air, try getting them to land back on your straw.



Want to hear a joke?
Click here!



TUESDAY

Week 5

Smell



Smell the shampoo you use on your hair.

Smell your hair or the hair of a family member?

Does it smell similar to the shampoo bottle?

What sort of smell does it have?

Read the ingredients.

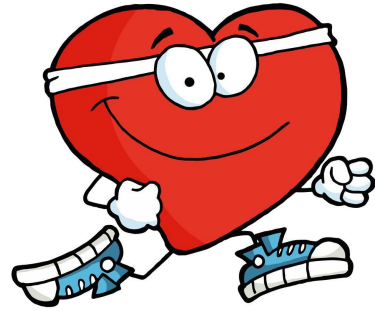
Does it have foods you know in the shampoo?

Extension:

Talk to your parents and ask why they buy that particular shampoo?



Fitness



Stand on one foot for as long as possible, then balance on the other foot.

Take 5 deep breaths.

Waddle like a duck from your bedroom to the lounge room, keep your hands on your hips and squat right down.

Repeat the drills 3 more times.

Have a drink of water.

Extension:

Challenge a family member to waddle from one end of the yard to the other. Think about which parts of your body hurt afterwards. Draw or name those body parts.



Crunch and Sip



Cooking



If you're allowed, make your own salad, using fresh vegetables or fruit.

Extension:

- Tell what foods you used and how you prepared them.
- e.g I sliced the tomatoes, grated the carrot and diced the cucumber. I drizzled French dressing on top and mixed it all together.





Reading/ Writing/ Spelling



Activity

- Using a sentence from the text you read yesterday, write down all the nouns in the beginning sentence. Nouns are the names of objects.
- e.g The three little pigs lived in a house at the bottom of a hill.
- Nouns = pigs, house, hill.

Extension

- Taking the words from your sentence, use each word in its own sentence. Remember to use capital and full stop.
- e.g Pigs like to roll in mud.
- My house has a green tin roof.
- We walked slowly up the hill.

Recess Time



Story Time!





Numeracy



- Trace your hand on a piece of paper.
- Look at your palm and draw the main lines on your paper hand.
- Fill each section with a repeating pattern.





Noggle

- Record as many number sentences as you can from the Noggle board to reach the target number.
- You can work vertically, horizontally or diagonally, but you can only use a number square once in a number sentence.

E.g. $12+8=20$

$10+6+4=20$

#11

1	3	2	8	9
4	7	3	12	5
10	3	6	7	4
20	1	8	5	0
9	4	6	10	2

Target Number

20

Record as many expressions as you can from the Noggle board above to reach the target number. You can work vertically, horizontally, and diagonally, but you can only use a number square once in an expression. Remember the order of operations! (P - E - M - D - A - S)

Lunch Time





Fitness Time!

- Describe what fitness activity you completed today (20-30 minutes)
- Or click on the link to participate in some online fitness activity
- <https://app.education.nsw.gov.au/sport/Bodycontrol>



Science



- If you are allowed, fill a plastic cup with water.
- Mark the level of the water on the cup.
- Put it in the freezer overnight and check the level of the water when it has frozen.
- What do you notice about the level of water once it has frozen?

Want to hear a joke?
[Click here!](#)



WEDNESDAY



Week 5



Hearing

- Ask a family member the following riddle, let them guess before you give the answer.
- Q: Why did the chicken cross the road?
- A: *Because the road was too long to walk around it.*

Extension:

- Find other words that rhyme with road
e.g toad, slowed

Crunch and Sip



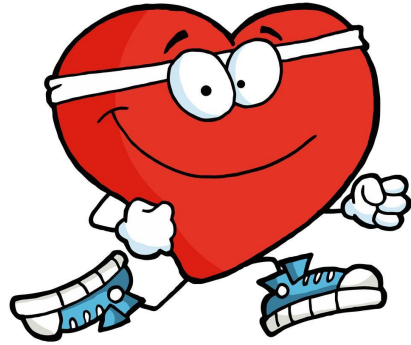
Activity

- Have a piece of fruit or fresh vegetable and a drink of water.
- In your workbook, show how you eat the food – sliced, eat whole, cut up and eaten with a fork.

Extension

- Find different ways of preparing your piece of fruit or vegetable.
e.g banana – sliced in a fruit salad, blended in a smoothie, squashed in a sandwich with peanut butter, frozen and dipped in melted chocolate, baked in a cake

Fitness



Activity

- Do 10 star -jumps – clap your hands above your head, bring them down to your side. Jump feet apart.
- Do 10 butterflies – sit on the floor, bend your legs and bring your feet together, push your knees down and up, like a butterfly flying.

Extension:

- Create and practise 2 more fitness drills you can do with a partner, draw or describe them in your workbook.

A Sentence a Day



Activity

- Describe the clothes you are wearing today.
- e.g I am wearing a green, long sleeve hoodie, with a zipper and pockets at the front.

Extension

- How did you go with finding smaller words in uniform last week? These are the ones I found.
- uno, form, for, norm, if, of, or, no, on, I, mourn, in, four, from, ruin, fin, rim, run, fun, forum.

Recess Time



Story Time!





Reading

Extension:

Write down the title of your book, when it was published, who are the author and illustrator. How many pages and chapters are in the book?

- Cuddle up with your pet or favourite toy and read aloud for 10 minutes.
- Tell a family member what is happening in the text.
- Read aloud for another 10 minutes.



Numeracy



Activity

- In your house, make a tally of how many pairs of shoes there are altogether.
Put them in groups of who owns them.

e.g. me = III

parent = IIII

brother = II

Extension

- Show your clothes in a column graph, numbers up the side, shoe owners along the bottom.

6			
5			
4			
3			
2			
1			
	me	parent	brother

Fitness Time!



Lunch Time



Fitness Time!



- Describe what fitness activity you completed today (20-30 minutes)
- Or click on the link to participate in some online fitness activity
- <https://app.education.nsw.gov.au/sport/Bodycontrol>



BOGGLE

Boggle

- Record as many words as you can from the Boggle board.
- Remember you can work vertically, horizontally and diagonally, but you can only use a letter square once in a word.
- Use the scoring guide to score each of the words you find.

E.g. tree = 2 points

shy= 1 point

S	H	U	A	N
C	Y	G	E	O
O	T	H	M	B
G	R	W	T	I
N	I	E	E	N

Scoring Guide	
3 letters	1 pt.
4 letters	2 pts.
5 letters	3 pts.
6+ letters	5 pts.



Record as many words as you can from the Boggle board above. Remember you can work vertically, horizontally, and diagonally, but you can only use a letter square once in a word!

History



- Think about where you live now. How long have you lived there? What changes have occurred since you moved there?
- e.g, New neighbours across the street, a fence has been replaced next door, a tree cut down in the yard behind our house.

Extension:

Draw a map of your street. Look at how many houses are on each side, which houses have bigger yards, which houses are double or single storey, or have gardens.

Want to hear a joke?
[Click here!](#)



THURSDAY

Week 5

Taste



- Look through the kitchen cupboard.
- Check the ingredients on 6 packets of food, for salt or sodium.
- List or draw the foods that have salt or sodium in them.

Extension:

List the foods you eat, that you add salt to, such as steak or cucumber.

Story Time!





Crunch and Sip

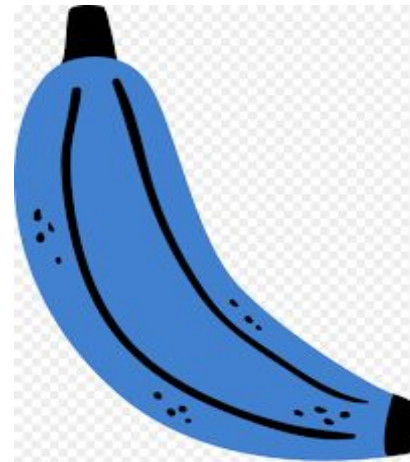
Extension:

Find out where your food came from, if grown in Australia, which state?



Have a piece of fruit or fresh vegetable. Draw your piece of food using colours, but do not use the correct colour.

e.g





Reading

Extension:

Play hangman with a family member, choosing words from one of your reading pages. Write down the words you used.

- Cuddle up with your pet, favourite toy or family member and read aloud for 15 minutes.
- Tell your reading partner what you can see in the illustrations.
- Choose one character and describe it. Draw it, using coloured pencils.



Fitness Time!



- Describe what fitness activity you completed today (20-30 minutes)
- Or click on the link to participate in some online fitness activity
- <https://app.education.nsw.gov.au/sport/Bodycontrol>

Recess Time





Numeracy

- What number comes:
 - Before 55 ?
 - Before 80?
 - After 92?
 - After 33?
- What number is in between:
 - 45 ____ 47?
 - 85 ____ 90?
- Count by 2's to 100
- Count by 5's to 100
- Count by 10's to 100

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Can you count past 100?

Numeracy



Activity

- Look around your house for shapes – rectangle doors, square pillows, round door handles.
- Draw or write 6 different objects for each shape.

Extension

- Write what each shape is made of – timber door, fabric pillow, plastic door handle.

Get Moving!





Noggle

- Record as many number sentences as you can from the Noggle board to reach the target number.
- You can work vertically, horizontally or diagonally, but you can only use a number square once in a number sentence.

E.g. $27+3=30$

$20+8+2=30$

NOGGLE #12

1	3	15	2	10
5	6	4	20	1
7	12	8	3	5
9	2	27	25	5
4	6	3	10	2

Target Number

30

Record as many expressions as you can from the Noggle board above to reach the target number. You can work vertically, horizontally, and diagonally, but you can only use a number square once in an expression. Remember the order of operations! (P - E - M - D - A - S)

Lunch Time





Scatergeries

- Your letter is **'T'**
- Name a word that matches each category that begins with the letter 'T'.
- For example, if my letter was N
- 1. A boy's name: Nathan
- 2. Cities or towns: Narallan
- 3. Things that are cold: Nighttime in winter etc.

List 1



- 1. A boy's name**
- 2. Cities or towns**
- 3. Things that are cold**
- 4. School supplies**
- 5. Pro sports teams**
- 6. Insects**
- 7. Breakfast foods**
- 8. Furniture**
- 9. TV shows**
- 10. Things found in the ocean**

Craft



- From your garden, find 5 different leaves.
- Make a rubbing from the leaves by putting each one under your paper and using the side of your pencil, to rub over it.



Extension

Make an animal body from your rubbings.





Want to hear a joke?
[Click here!](#)



FRIDAY

Week 5

Touch



Find a family member and create your own covid-safe 'handshake' routine.

Extension:

Illustrate your covid-safe 'handshake' routine in your workbook.

Check out some cool alternatives to handshaking from the World Health Organisation

ALTERNATIVES TO HANDSHAKES, HUGS AND HIGH FIVES



THE WAVE



THE HAND ON HEART



NAMASTE



HELLO
(INTERNATIONAL SIGN LANGUAGE)



THE 'WHAT'S UP' NOD



THE PEACE SIGN



THE BOW



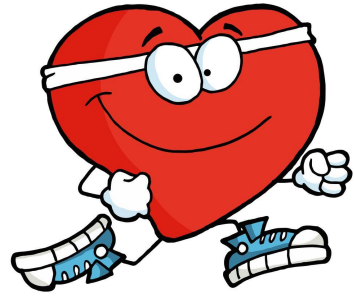
THE 'WHAT A YEAR, HUH?'



World Health
Organization



Fitness



Choose 5 of the fitness exercises you have done this week. Do them with a favourite toy, family member or pet (be gentle with your pet). Remember to drink lots of water and take 5 deep breaths in between.

Extension:

Choose one of the fitness activities and teach or challenge a family member.



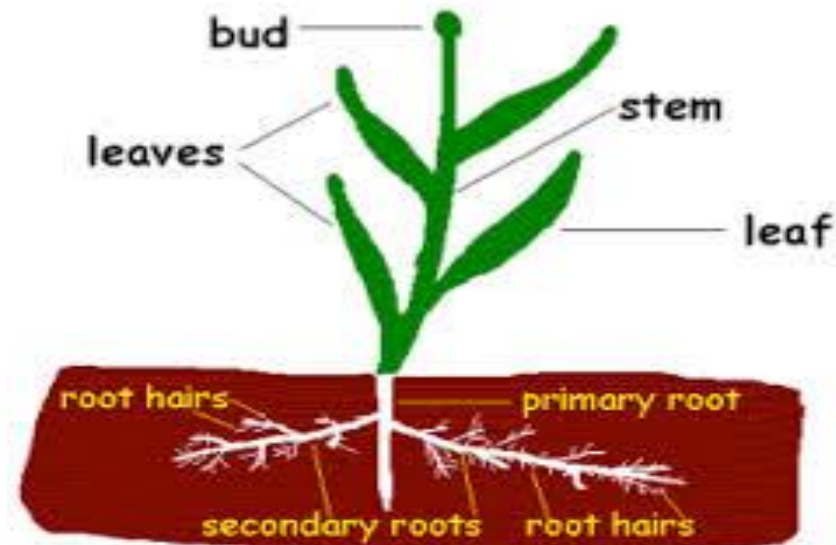
Crunch and Sip

Extension:

Draw your plant and label the different parts. Tell how each part of the plant feels.



Have a piece of fruit or fresh vegetable.
Touch 4 different kinds of plants outside. Do they feel hard, rough, soft, cold, sticky.



A Sentence a Day

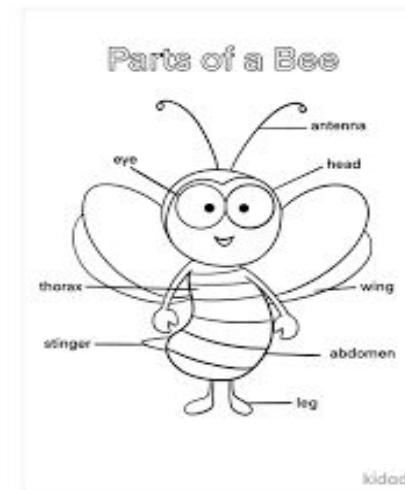


Activity

- Sit outside, close your eyes and listen to the sounds. Try and identify them. Choose one sound maker and describe it.
- e.g Bees are buzzing in the purple flowers. They fly from bud to bud, poking their proboscis into each flower to get the nectar.

Extension

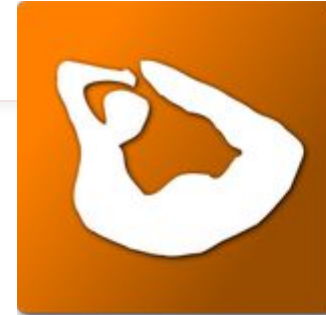
- Draw the insect and label the different parts



Fitness Time!



- Describe what fitness activity you completed today (20-30 minutes)
- Or click on the link to participate in some online fitness activity
- <https://app.education.nsw.gov.au/sport/Bodycontrol>



Recess Time



Story Time!





Reading/ Writing



Extension:

Rewrite the tongue twister, without looking at the words, see if you can remember how to spell each word.

Challenge a family member to say it faster than you.

- Read a book or magazine for 10 minutes, to your mirror reflection.
- Choose 3 words from your reading. Write 3 rhyming words for each word
- Practice saying the following tongue twister.

*If two witches were watching two watches:
which witch would watch which watch?*



Family Feud

Write 5 answers to this question.

Check the answers on the final slide for Friday or move the green box to uncover the answers if you're working on a computer.

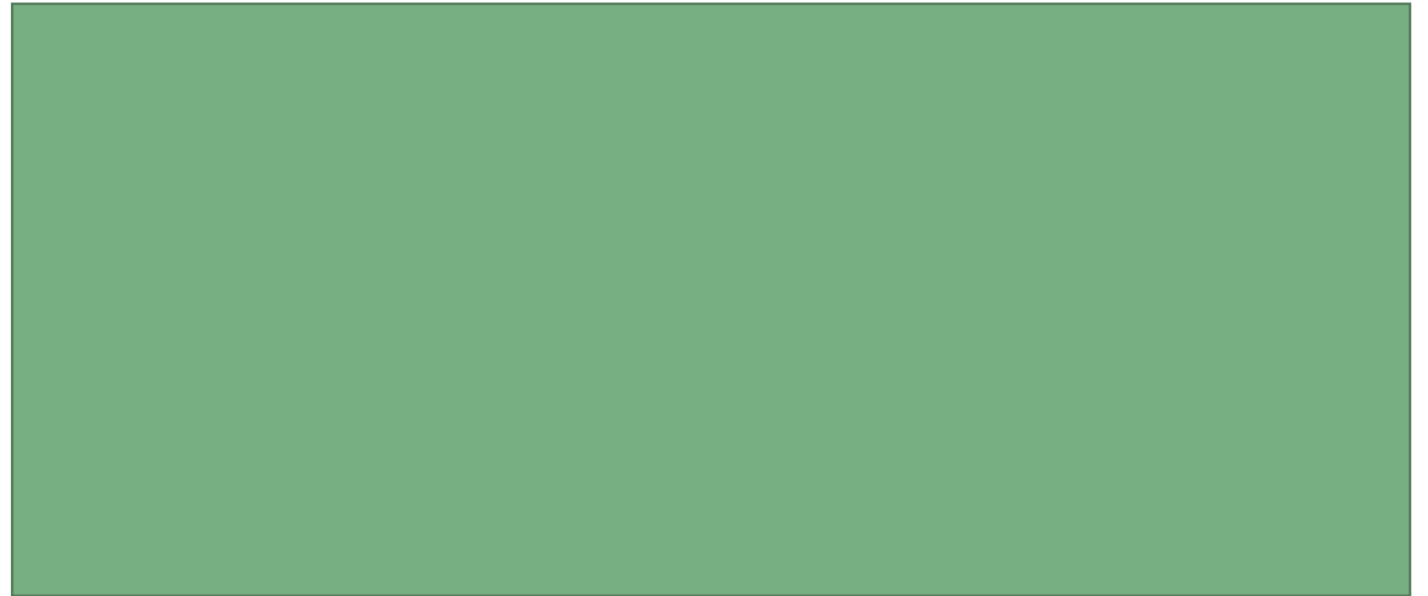
Check and score your answers when you're finished.

How many points did you get?

- 1.
- 2.
- 3.
- 4.
- 5.

Round 1

Name something you might see out on the ocean.





Numeracy



Activity

See how you go doing these Sudoku puzzles.

Copy them into your workbook to do them.

Sudoku Kids

Fill in the grids so that each column, row, and box contains each of the numbers from 1 to 4.

1			4
	4	3	
	2	1	
3			2

4			1
1		3	
	4		3
3			2



1		4	2
4			
			4
2	4		3

		3	
	1		2
1		2	
	3		

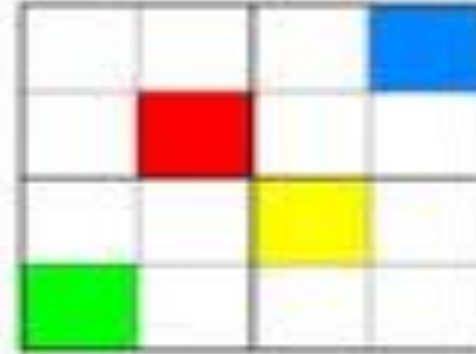
Numeracy



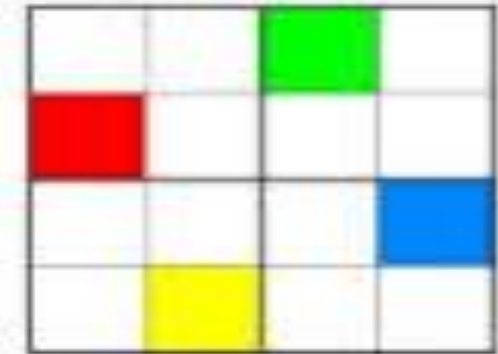
Colour Sudoku 1

Every row, column and rectangle must contain the colours red, yellow, green and blue. Don't guess - use logic!

Puzzle 1



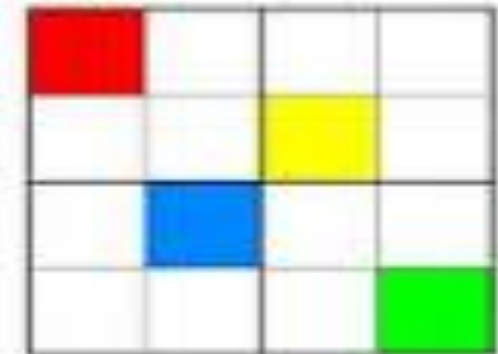
Puzzle 2



Puzzle 3



Puzzle 4



Extension

- Have a go at these coloured Sudoku puzzles.
- Copy them into your workbook to complete them.



Get Moving!



Lunch Time





Music



Activity

- Create your own body percussion – click your fingers, tap your fingers, stomp your feet, tap your hands, put words to your rhythm or use ‘hot dog, chicken and chips’

Extension

- Ask a family member to do the rhythm or you do one part of the rhythm, and they do the other part, with body percussion.

Sport



Activity

- If you have a ball, practice throwing it in the air, while balancing on one foot. Swap feet and try again.



Extension

- Challenge a family member, who can balance the longest while tossing and catching a ball. You may wish to throw the ball to each other, while you each stand on one foot.

Family Feud Answers



Round 1

Name something you might see out on the ocean.

Boat	24
Fish	23
Dolphin	16
Wave	14
Whale	8
Surfer	2

Week 5 Learning Journal



Monday	Tuesday	Wednesday	Thursday	Friday
The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:
Student's signature:	Student's signature:	Student's signature:	Student's signature:	Student's signature:
Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature: