



Welcome to
3-6P & 3-6C's
Virtual Classroom
Week 1



Staying Safe Online

Information For Kids

<https://www.esafety.gov.au/kids/be-an-esafe-kid>



Information For Parents

<https://www.esafety.gov.au/parents>



Scan the QR codes with your device for more information!

Top 5 online safety tips for kids

1

Set up your device to protect your information.

2

Explore safely & tell an adult if you see anything online that makes you feel yuck.

3

Limit who can contact you when you're playing games.

4

Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.

5

Ask for help if anything online is bothering you.



eSafetykids

esafety.gov.au/kids

Yours faithfully,
Mrs Olivia Tredoux
Relieving Principal

Early Stage 1

Kindergarten

Stage 1

Year 1 and Year 2

Total 2.5 hours + other

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

Other activities: wellbeing, sport, physical activity*

KLA = Key Learning Area
*where social distancing allows

Stage 2

Year 3 and Year 4

Stage 3

Year 5 and Year 6

Total 3 hours + other

45–60 mins - English

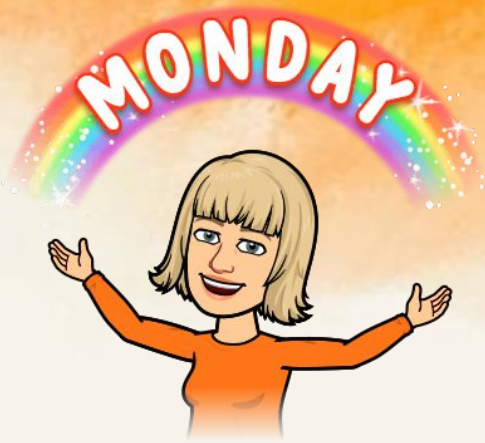
30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

Other activities: wellbeing, sport, physical activity*

KLA = Key Learning Area
*where social distancing allows

Monday





Connecting to Your Senses- Sight

What is your favourite colour?
Look around your bedroom and find five items of your favourite colour. Name and draw them.



Extension: Find five things for each of the following shapes.

-square

-circle

-rectangle

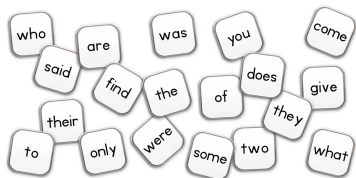
-rhombus



Fitness

Look at the following poses. Try those you feel safe doing. Hold each pose for 5 seconds, relax and repeat ten times. Describe or draw (stick figures are okay) which ones you did.





A Sentence a Day

Sit outside and write about one thing you can see. It can be an object or a living thing. Write about its colour, shape, any sounds it makes, how it feels, what it does and its size. Tell why you chose that object. Or you may choose an item in this photo to write about.

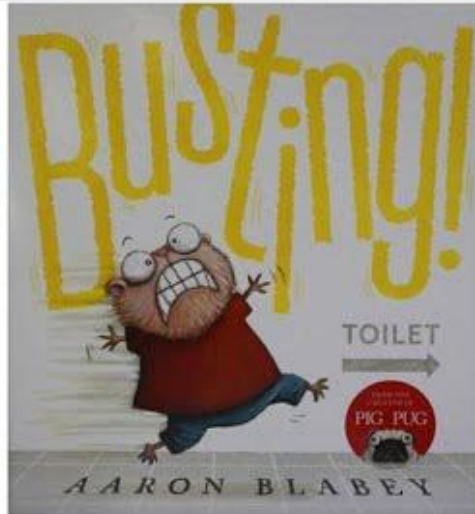


Crunch & Sip



Have a piece of fruit or raw vegetable or make a salad using 2 or 3 different fruits or vegetables. Have a glass of water.

Story Time!



Books
for Kids
read aloud
by Flying
Dragons





Reading/ Writing/ Spelling

Read for 20 minutes. Write down the name of the text, the author and the pages you have read. Illustrate your favourite part or character.

Extension:

Find 5 nouns from your text.

Nouns are naming words.

Wellbeing

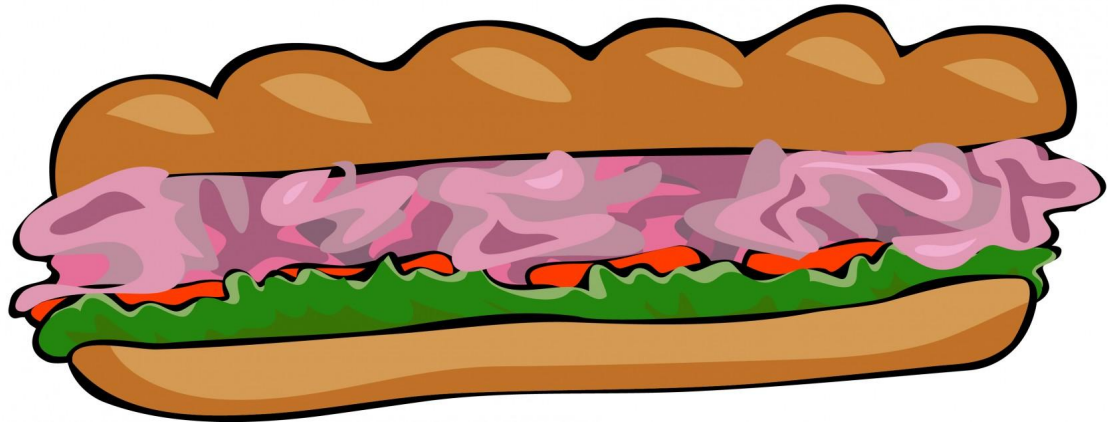
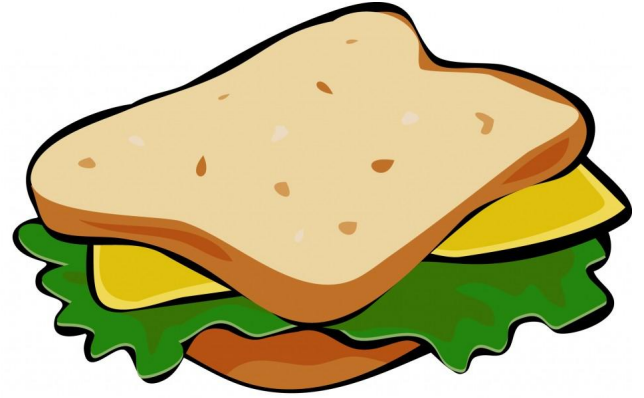
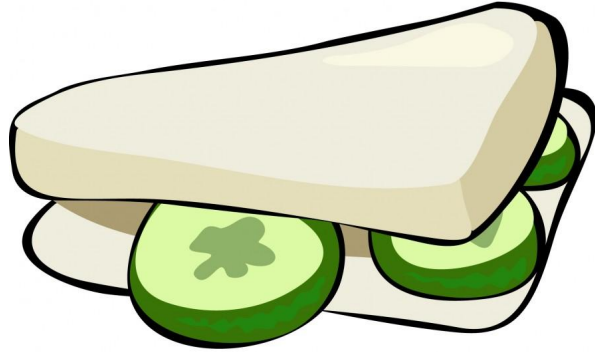


Be Active

Try this Yoga Story



Recess



Daily Zoom Check-in Meeting



Meet Ms Palmer and Ms Carter online to go through the day's learning, catch up with your friends & play some fun games!

Click on the link or scan the QR code at 11:30am to meet us there!

<https://nsweducationzoomus/j/67742198557?pwd=Q2h0NUl2ZlXU4a2RrZGcyWHlqRU9EZz09>

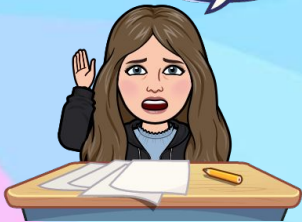
Meeting ID: 677 4219 8557

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I don't get it...



Bring along all of your questions so we can answer them.



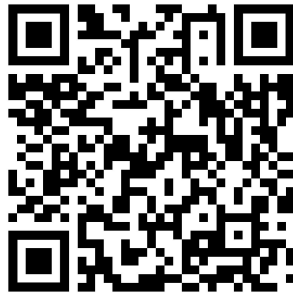
Fitness Time!

Describe what fitness activity you completed today (20-30 minutes)

Or click on the link to participate in some online fitness activity

<https://app.education.nsw.gov.au/sport/Bodycontrol>

Scan the QR code with your device for more information!





Mathematics

I have exactly \$100 in notes. What notes could I have. There is more than one combination of notes.

e.g $\$20 + \$20 + \$10 + \$50 = \$100$



Use the money on the next slide to make your combinations.

Extension:

Make at least 10 different combinations.

Money



Click and drag the money to move it onto the whiteboard.

If you run out of a particular coin or note, right click the coin or note you want and click copy.

Right click again and select paste to paste it onto your board.

Move it into the correct place.

Noggle


• Record as many number sentences as you can from the Noggle board to reach the target number.

• You can work vertically, horizontally or diagonally, but you can only use a number square once in a number sentence.

NOGGLE #18

5	15	9	2	10
20	4	30	1	7
0	26	12	3	40
44	6	8	50	60
1	90	5	10	2

Target Number



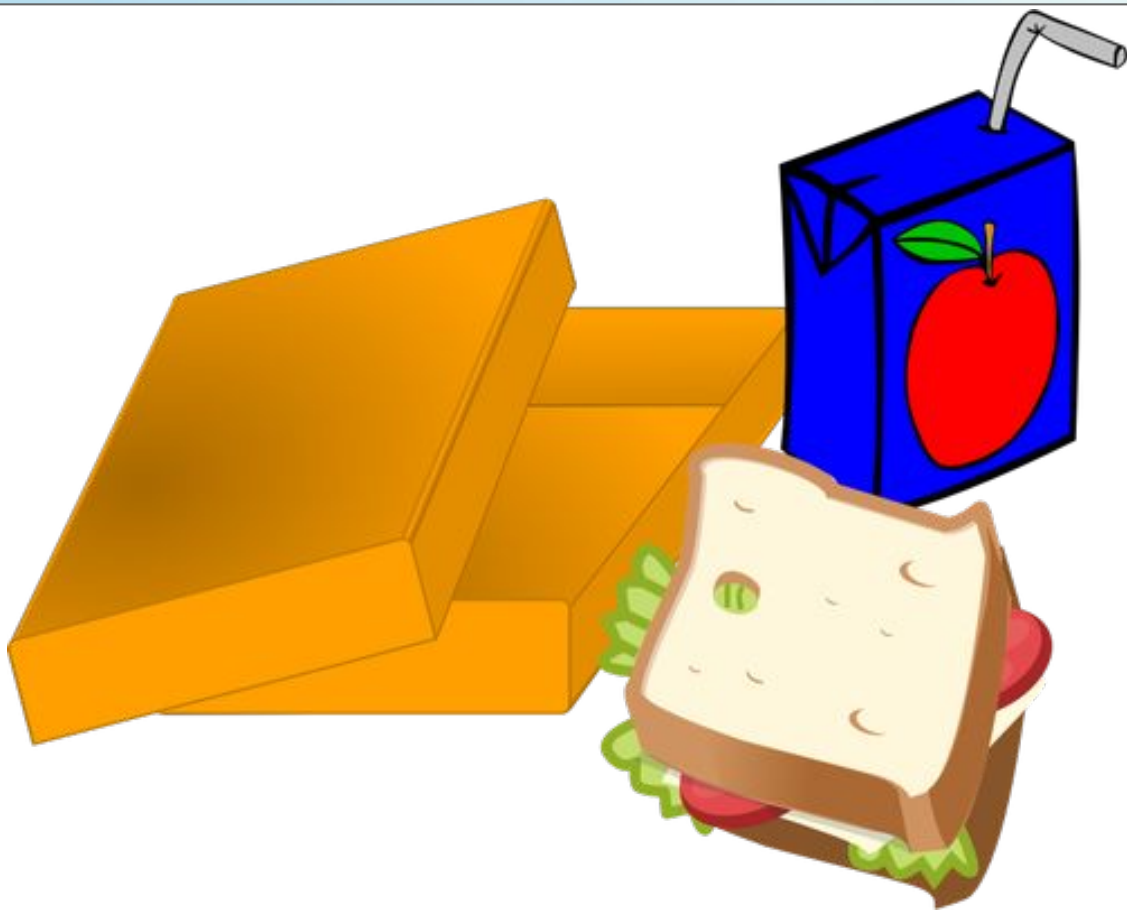
90

Record as many expressions as you can from the Noggle board above to reach the target number. You can work vertically, horizontally, and diagonally, but you can only use a number square once in an expression. Remember the order of operations! (P - E - M - D - A - S)

Fitness Video



#293844630



Lunch

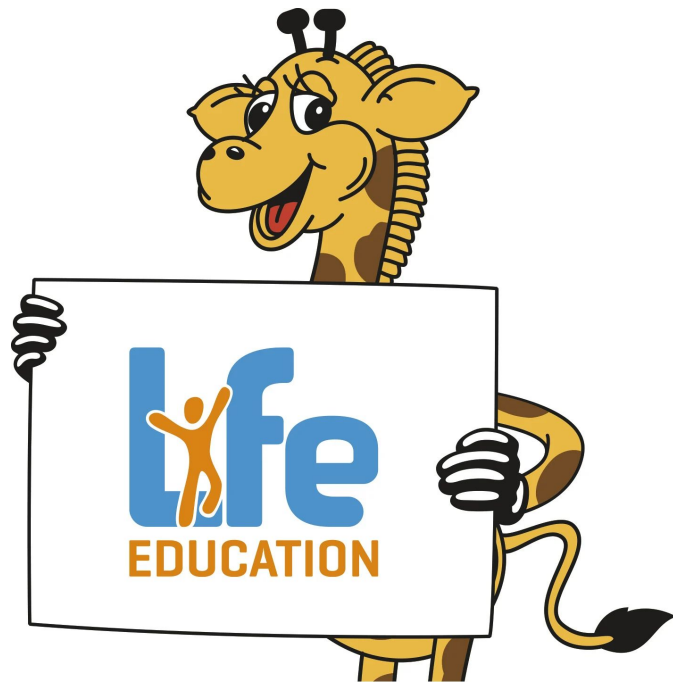
Life Education

Click on the link to complete *Safety Rules Session 1: Staying Safe*

In this module, you will develop safe and unsafe behaviours and strategies.

<https://www.lifeeducation.org.au/online-learning/student-session.aspx?t=962f7e88-29e6-4f12-b629-2e97083f0f3d&s=b680609c-5693-4621-a27f-ab30c555d0ba>

Scan the QR code
with your device



Interesting Tidbits!

Come on a 3D virtual tour of The National Gallery of Australia's Aboriginal and Torres Strait Islander galleries.

<https://my.matterport.com/show/?m=tLzHzvzXE8Y>

Click the link above or scan the QR code with your device to access the virtual tour.





Unplugged

Look at this chart and say the colour of each word. Don't read the word though!

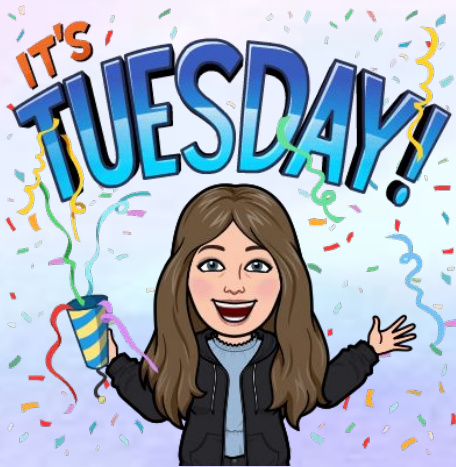
Say the Color of each Word!

(Don't read the word)

How Fast can you say it?

black white yellow green red blue
yellow red black green white red
white green red black yellow green
black white yellow green red blue
white green red black yellow green
yellow red black green white red
white green red black yellow green

Tuesday





Connecting to your Senses- **Smell**

Each morning, before you get out of bed, take five deep breaths. When you go to the kitchen for breakfast, take five deep breaths and try to identify the different smells.





Fitness

Look at the following poses. Try those you feel safe doing. Hold each pose for 8 seconds, relax and repeat ten times. Describe or draw (stick figures are okay) which ones you did.





Cooking

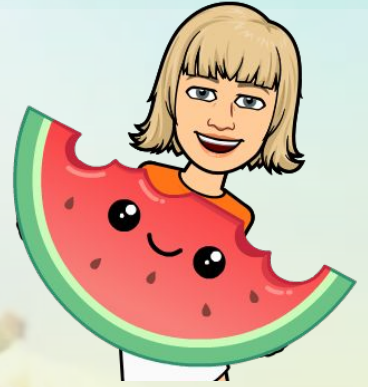
This term we are going to drink the rainbow. Make a smoothie by combining 2 - 3 pieces of fruit with some milk and blend together. Fresh strawberries and blueberries go well together.



Extension:

Write the recipe you used. Don't forget to add Ingredients, Equipment used and the Method (steps you took)

Crunch & Sip



Have a piece of fruit or raw vegetable or make a salad using 2 or 3 different fruits or vegetables. Have a glass of water.

Story Time!





Reading/ Writing/ Spelling

Read for 20 minutes.

Look at the picture below and write three sentences about it.



Extension:

Write a story about how the flowers got into the gumboots. Be as imaginative as you can.

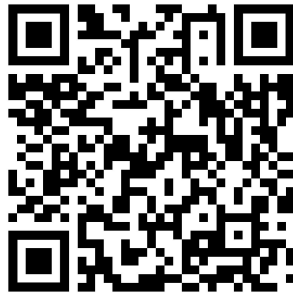
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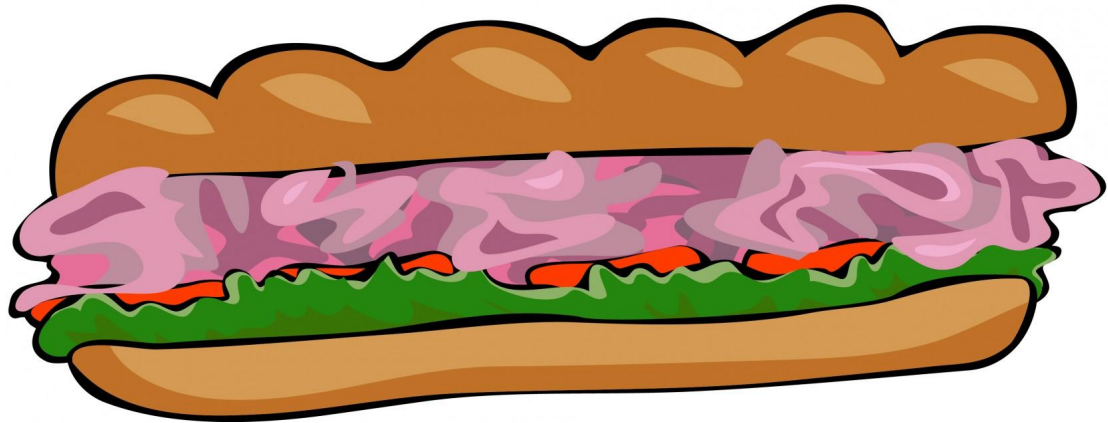
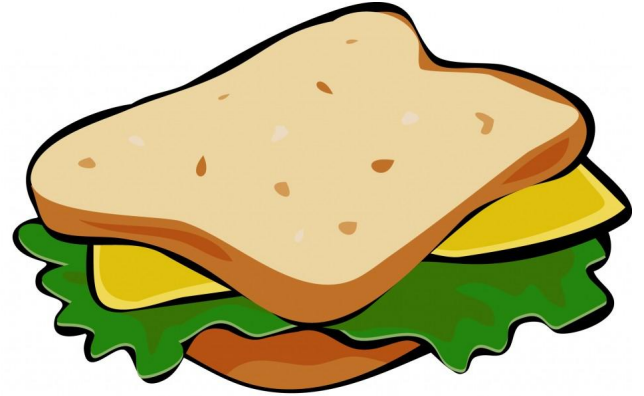
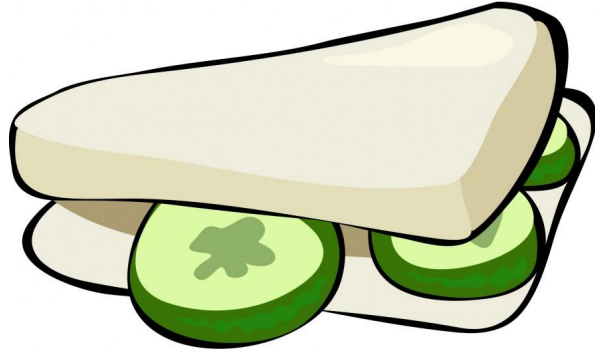
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Recess



Daily Zoom Check-in Meeting



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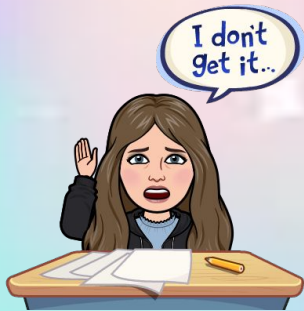
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Meeting ID: 677 4219 8557

Password: 347796

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Bring along all of your questions so we can answer them.



Wellbeing

Give

Draw a picture for a family member. Give it to them with a smile.





Mathematics

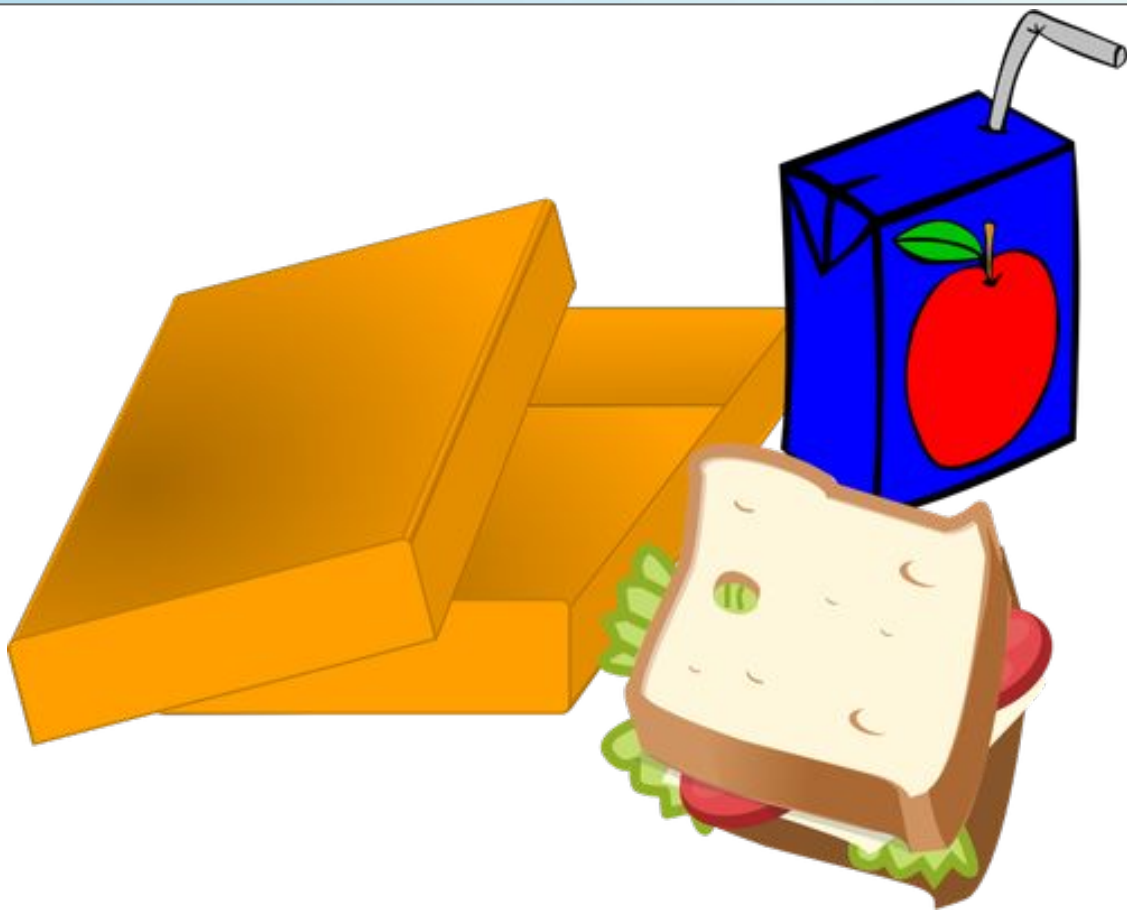
Choose any number on the grid. Write it down. Write down a second number BUT it has to be a different row and different column to your first number. Record a third number. It has to be a different row and different column to your first two numbers. Write down a fourth number. It has to be a different row and different column to your first three numbers.

YOUR SUM IS 34! Am I right!?

1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16

Fitness Video





Lunch

Scattergories

•Your letter is **P**

•Name a word that matches each category that begins with the letter P.

•For example, if my letter was S

1. Vegetable: Sweet Potato
2. Thing you throw away: Scraps
3. Occupations: Speech therapist

List 2



- 1. Vegetables**
- 2. Things you throw away**
- 3. Occupations (jobs)**
- 4. Things in a kitchen**
- 5. Cartoon characters**
- 6. Types of drinks**
- 7. Musical groups**
- 8. Store names**
- 9. Things at a hockey game**
- 10. Personality traits**

Interesting Tidbits!

Learn how to make your own Zoetrope with Questacon.

What you need:

- A Design for your Zoetrope
- Card Paper
- Glue
- Scissors
- Something round (eg a glass, or drink bottle)





Science



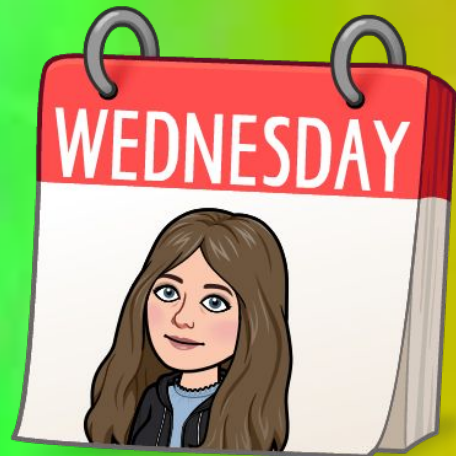
This term our Science topic is 'Beneath our Feet'. We are going to look at the natural landscape around us - soil, rocks, maps.

Today we are looking at soil. Write down as much as you know about soil.

Extension:

Write a list of places you might find soil. Think outside the box. Eg you might find soil under your fingernails after playing in the grass.

Wednesday





Connecting to your Senses- Hearing

Stand still in your bedroom, close your eyes and listen to the sounds in it. What do you think is making each sound? Where is each sound coming from? Now open your eyes and check if you had the correct location of where each sound was coming from. Did you identify what was making each sound?



Riddles

This term we are asking riddles about school. Ask a family member the following riddle, let them guess before you give the answer.

Why was school easier for cave people?

Because there was no history to study.



Fitness

Look at the following poses. Try those you feel safe doing. Hold each pose for 8 seconds, relax and repeat ten times. Describe or draw (stick figures are okay) which ones you did.





A Sentence a Day

Write a short story titled: How I lost my shoe. Illustrate your story and read it to a family member.



Extension:

Highlight or underline all of the nouns you used in your story.

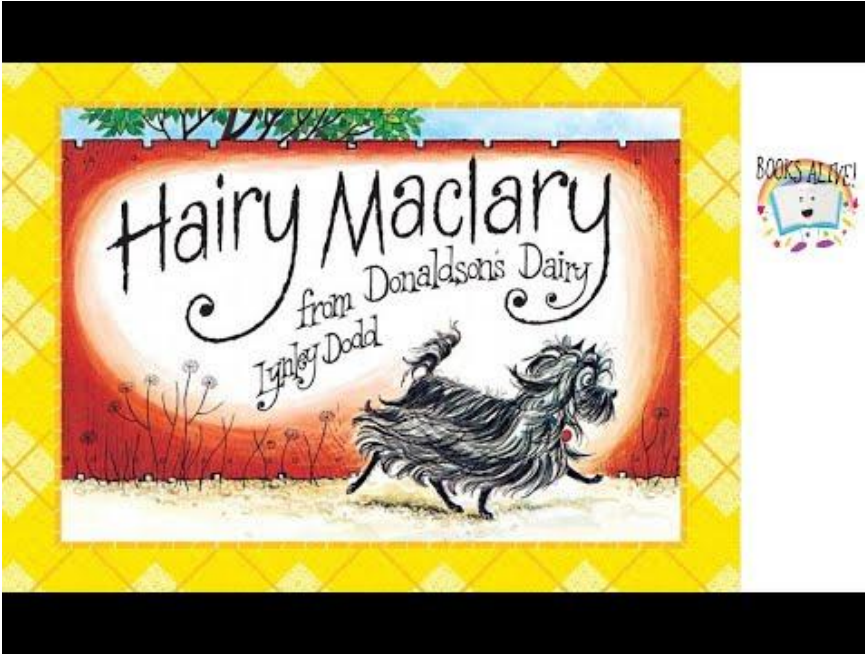
Nouns are words that name objects, places or things.

Crunch & Sip



Have a piece of fruit or raw vegetable or make a salad using 2 or 3 different fruits or vegetables. Have a glass of water.

Story Time!





Reading/ Writing/ Spelling

Read for 15 minutes.



AFTER YOU READ

What does the text you read remind you of?

For example, if I was reading *The Three Little Pigs*, the straw house might remind me of a time I visited the farm. I saw the horses eating hay.

Wellbeing

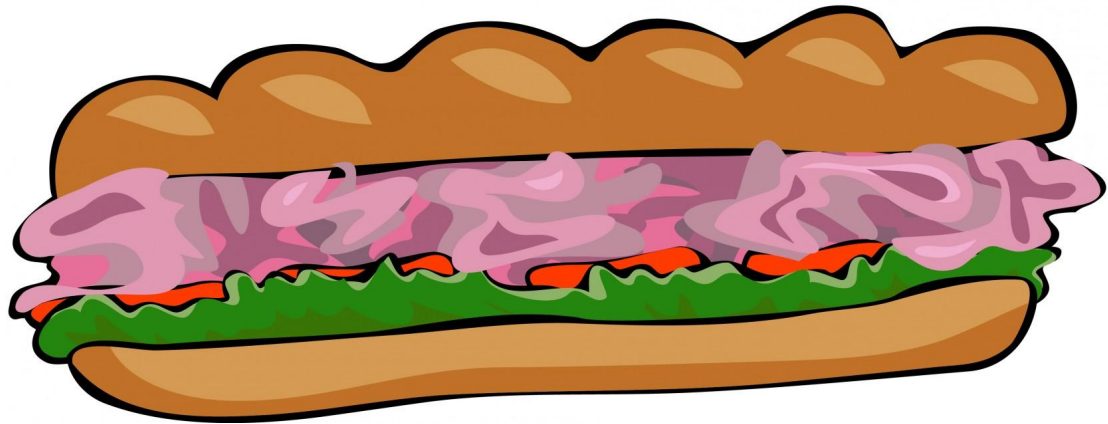
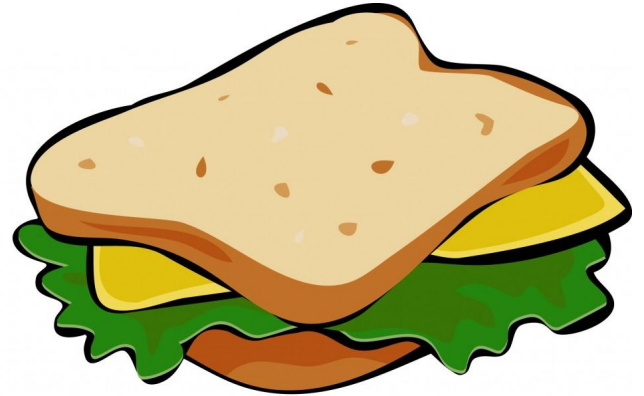
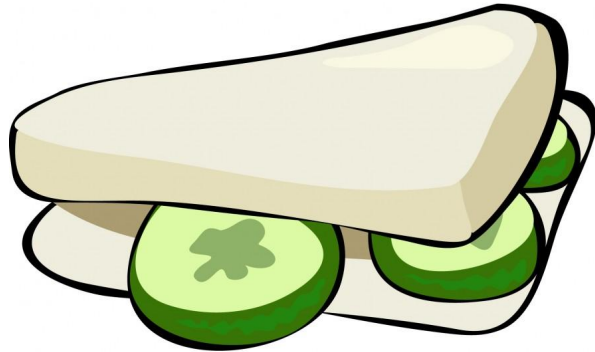


Take Notice

Have a go at this meditation.



Recess



Daily Zoom Check-in Meeting



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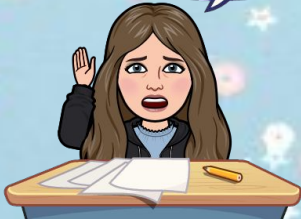
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Password: 347796

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I don't get it...



Bring along all of your questions so we can answer them.



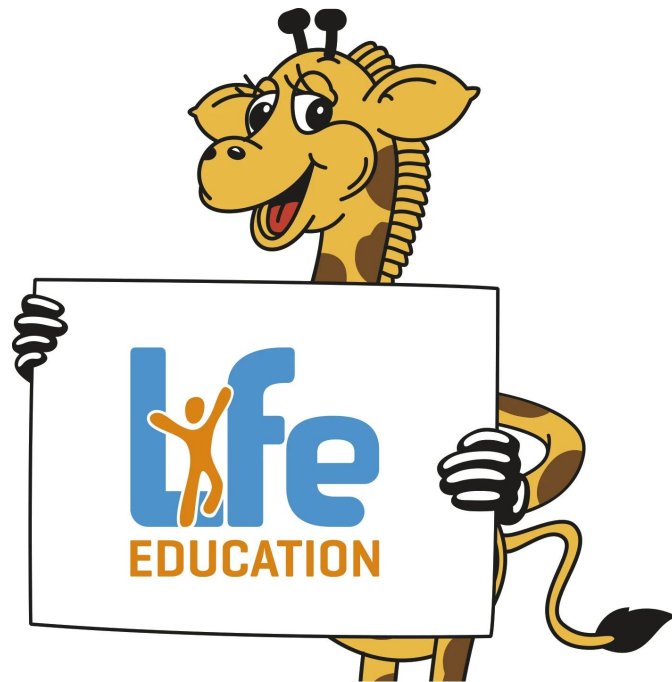
Life Education

Click on the link to complete [Safety Rules Session 2: Staying Safe](#)

In this module, you will learn how to seek help and navigate difficult situations.

<https://www.lifeeducation.org.au/online-learning/student-session.aspx?t=962f7e88-29e6-4f12-b629-2e97083f0f3d&s=a285173d-463f-47cb-a905-b13e9b5774cd>

Scan the QR code
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Fitness Time!

Describe what fitness activity you completed today (20-30 minutes)

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Mathematics

In sudoku, each row must have a 1, 2, 3, 4. Each column must have a 1, 2, 3, 4. Each smaller set of squares must have a 1, 2, 3, 4.

For example:

3	2	1	4
1	4	3	2
4	1	2	3
2	3	4	1



Mathematics

Have a go at these puzzles

		4	
	1		
		3	
	3		

	3		4
4		1	



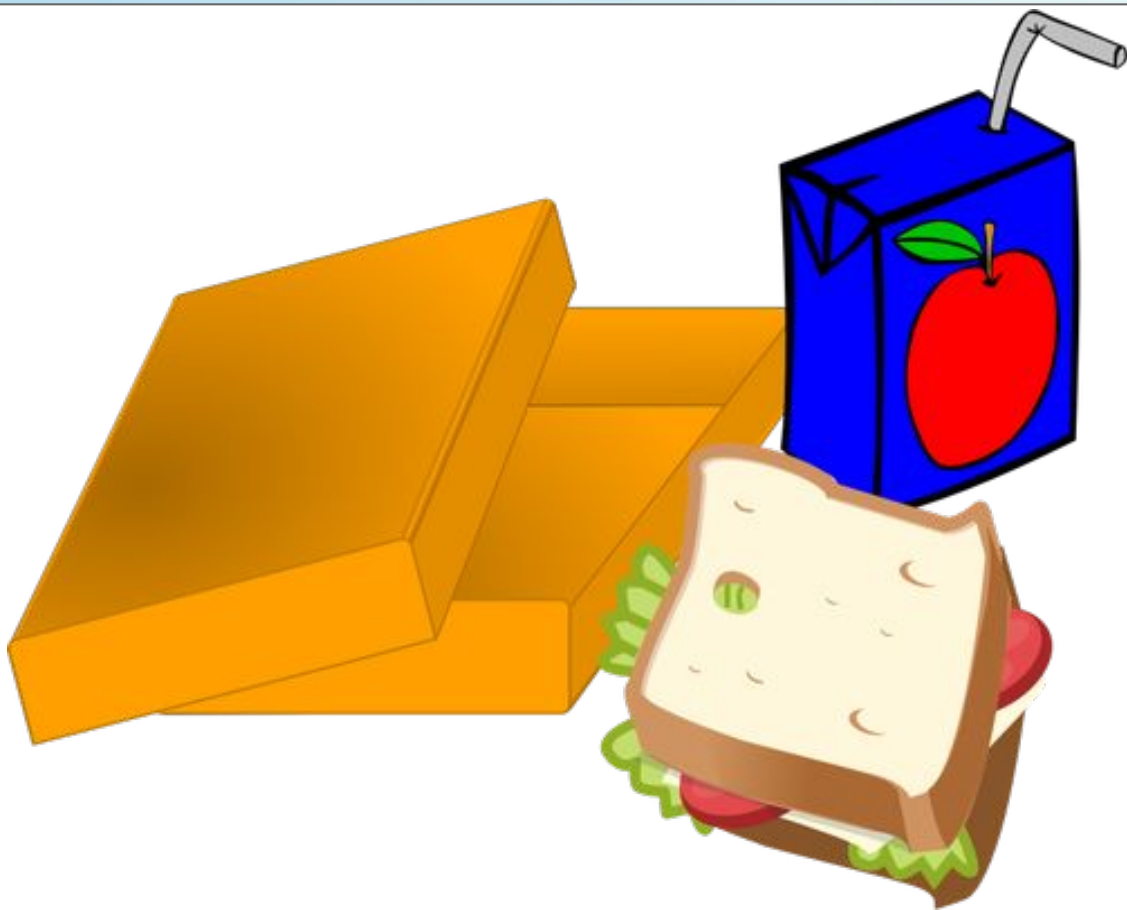
Mathematics

Have a go at these puzzles

	3		1
1		2	

Fitness Video





Lunch



Geography

This term we are looking at Earth's Environment. We will learn how the environment supports living things and how we can live more sustainably. We will also explore the climate, natural vegetation and native animals around us.

Walk around your front and back yard. Look at the plants in your yard and where they are. The lawn is also plant. Make a rough map of your front yard and a map of your backyard. Label the different parts of the yards. Keep these maps for next week, we will do some more work on them.



Interesting Tidbits!



Break out the popcorn and watch Taronga Zoo's Live Meerkat Cam to see what the Meerkats are up to.

Draw or write a description about what you can see.



Boggle

BOGGLE

#47

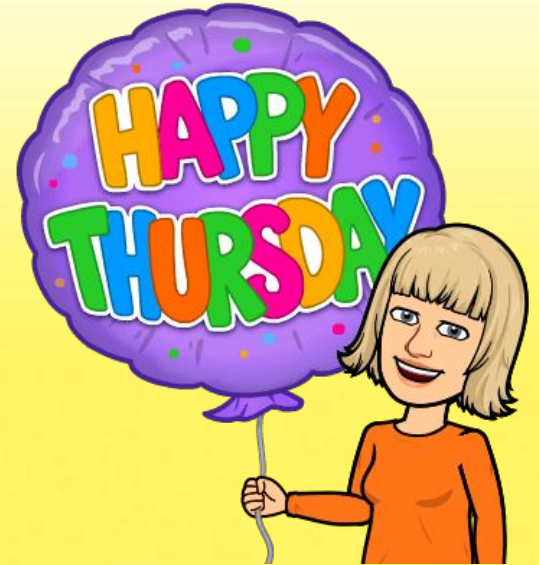
- Record as many words as you can from the Boggle board.
- Remember you can work vertically, horizontally and diagonally, but you can only use a letter square once in a word.
- Use the scoring guide to score each of the words you find.

M	E	T	I	R
I	N	M	O	W
S	A	P	T	E
F	L	U	B	R
I	O	N	G	E

Scoring Guide	
3 letters	1 pt.
4 letters	2 pts.
5 letters	3 pts.
6+ letters	5 pts.



Thursday





Connecting to your Senses- Taste

Eat your breakfast slowly, chewing it lots of times before swallowing. Concentrate on what your tongue is doing while you chew.





Fitness

Look at the following poses. Try those you feel safe doing. Hold each pose for 10 seconds, relax and repeat ten times. Describe or draw (stick figures are okay) which ones you did.



Story Time!



Crunch & Sip

Have a piece of fruit or raw vegetable or make a salad using 2 or 3 different fruits or vegetables. Have a glass of water.





Reading/ Writing/ Spelling

Get comfortable and read aloud, softly, for 20 minutes. Retell the story, or part of the story if it is a chapter book, with you as the main character.



Extension:

List the characters and write their names.

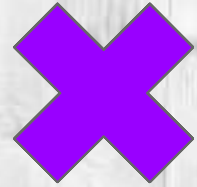
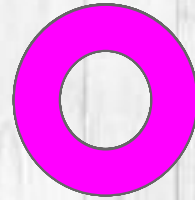
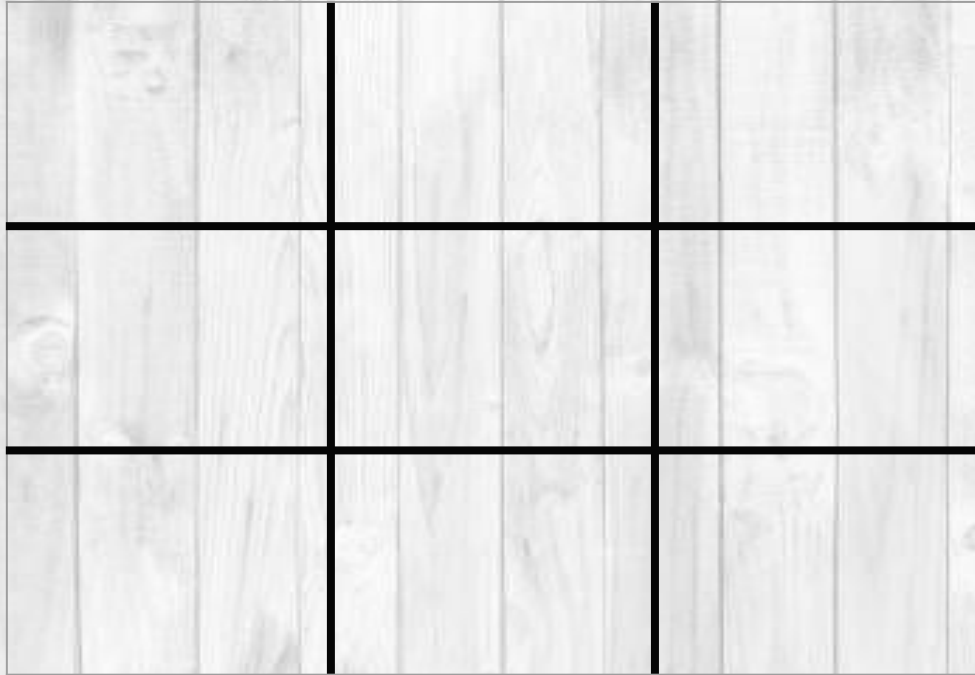
Wellbeing

Connect

Give someone you love
and trust a hug or a
high-five.



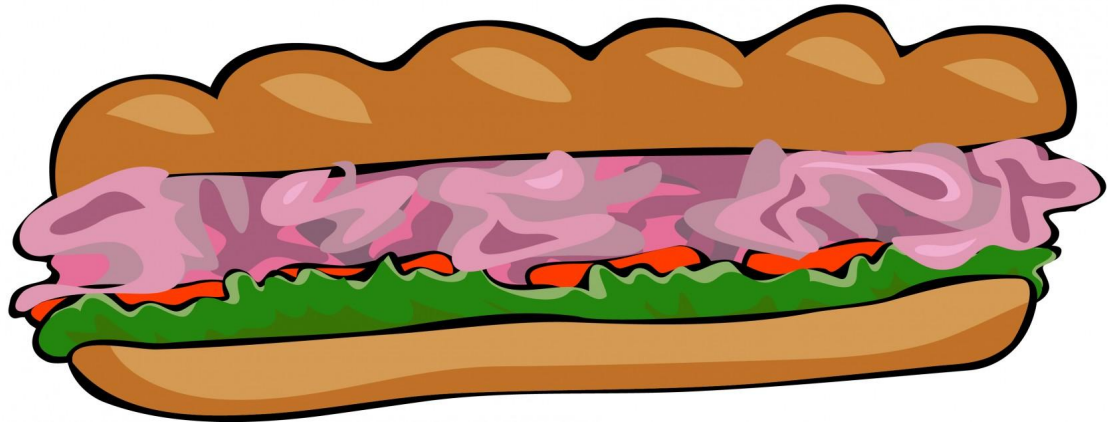
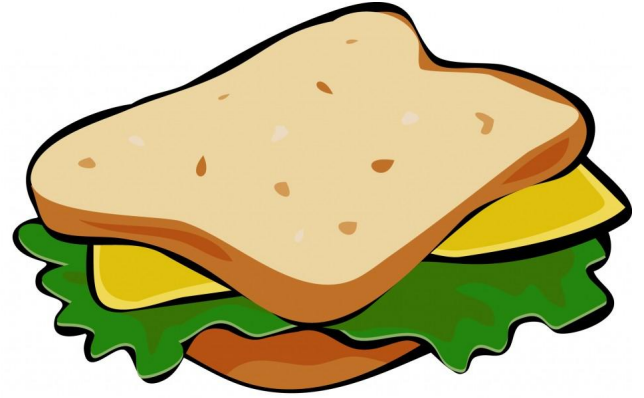
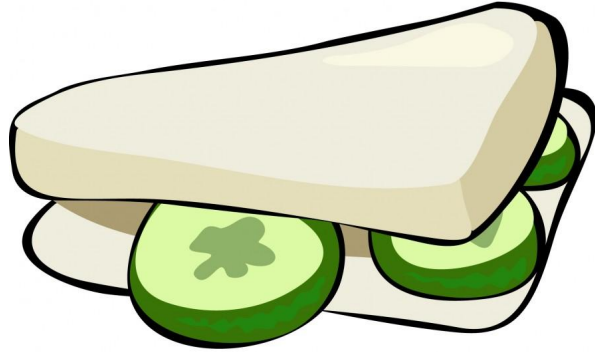
Noughts and Crosses



Challenge your family members to a game of noughts and crosses.

Choose noughts or crosses and move them onto your game board.

Recess



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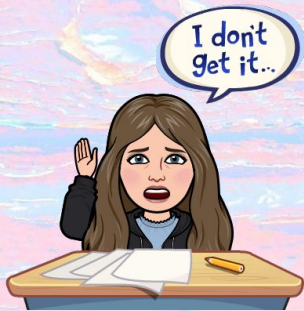
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Bring along all of your questions so we can answer them.





Mathematics

Revising Number Sense

In the first empty box, complete the sum 3×1 . In the second empty box complete the sum 3×4 etc.

Remember that this grid is multiplication.

X	1	4	2	3
3				
0				
1				
4				

Fitness Time!

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Family Feud

Write 5 answers to this question.

Check the answers on the final slide for today or move the yellow box to uncover the answers if you're working on a computer.

Check and score your answers when you're finished.

How many points did you get?

- 1.
- 2.
- 3.
- 4.
- 5.

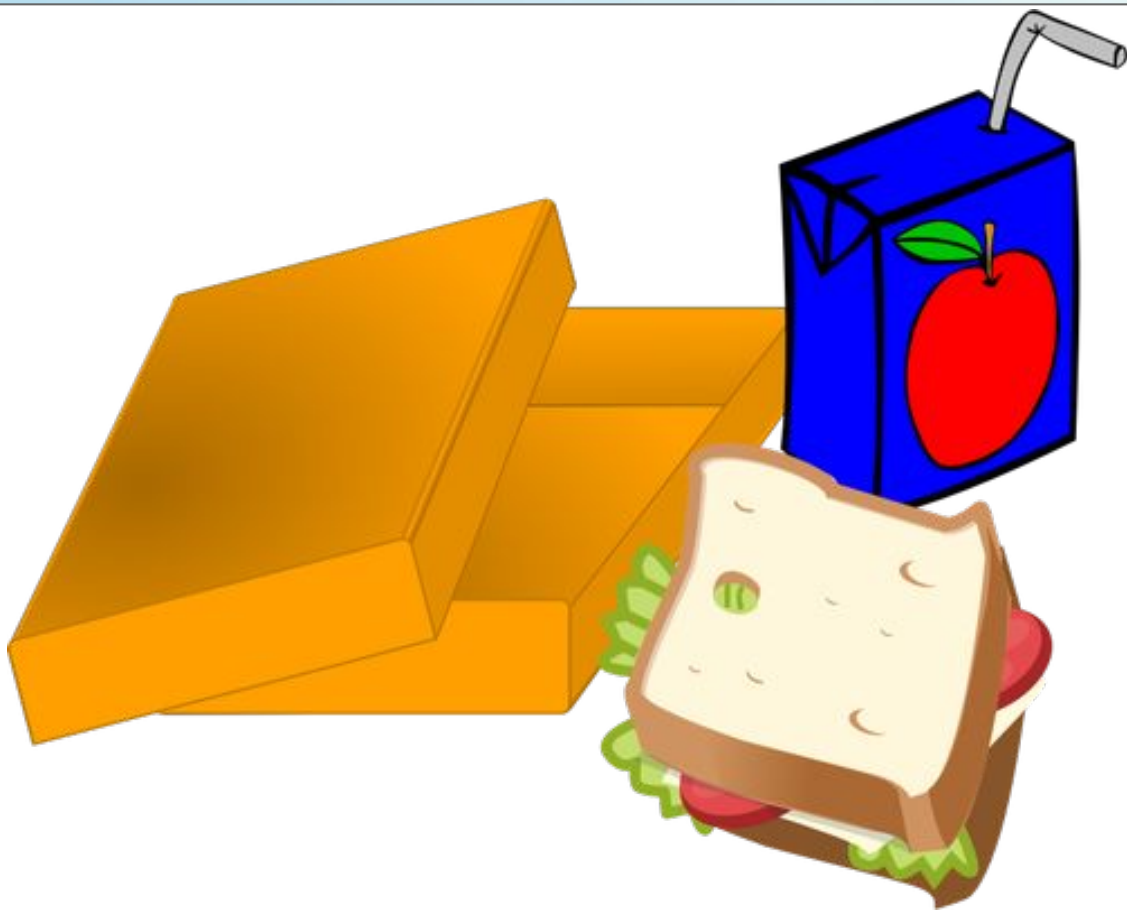
Challenge a family member to do this with you. Who scored the most points?

Tell me the most important meal of the day.

Fitness Video



#293844630



Lunch

Interesting Tidbits!



*Watch Questacon's
Science Time Visits a
Chicken Coop. Watch the
video or scan the QR
code with your device.*





Creative Arts

This term we are looking at hand print animals. Today we are making a fish. You need a piece of paper, lead pencil and coloured pencils. Trace your hand onto the paper. Look at the picture below to help you add the animal details. You may like to make a fish family or trace your other hand and have two fish facing each other.



Family Feud Answers

Tell me the most important meal of the day.

Breakfast	67
Lunch	15
Dinner	13
Snack	3



Friday



Connecting to your Senses- Touch

We have looked at items with your favourite colour. Touch them. Write down how they feel - soft, fluffy, prickly, hard, cold. What are they made of? My favourite colour is orange.





Fitness

Look at the following poses. Try those you feel safe doing. Hold each pose for 8 seconds, relax and repeat ten times. Describe or draw (stick figures are okay) which ones you did.





A Sentence a Day

Write a sentence about an object of your favourite colour. My favourite colour is orange. I have an orange mug. My sentence is:

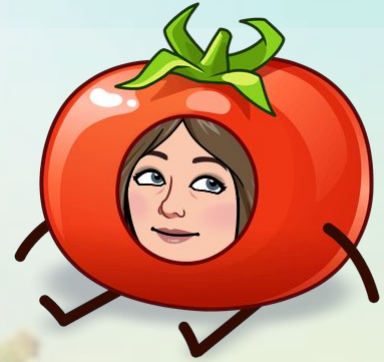
Each morning I like to sit outside with a hot coffee in my orange mug.

Extension:

Write about where you got your favourite item from.



Crunch & Sip



Have a piece of fruit or raw vegetable or make a salad using 2 or 3 different fruits or vegetables. Have a glass of water.



Reading/ Writing/ Spelling

Read for 20 minutes.

Extension: Answer the following questions:

- What is the title of this book and who is the author and/or illustrator?
- How do you know if this book is fiction or nonfiction?
- How did the story start? How did it end? What happened in the middle?
- Where is the story set? How do you know?
- Who is telling the story?
- Who are the important characters?

Wellbeing

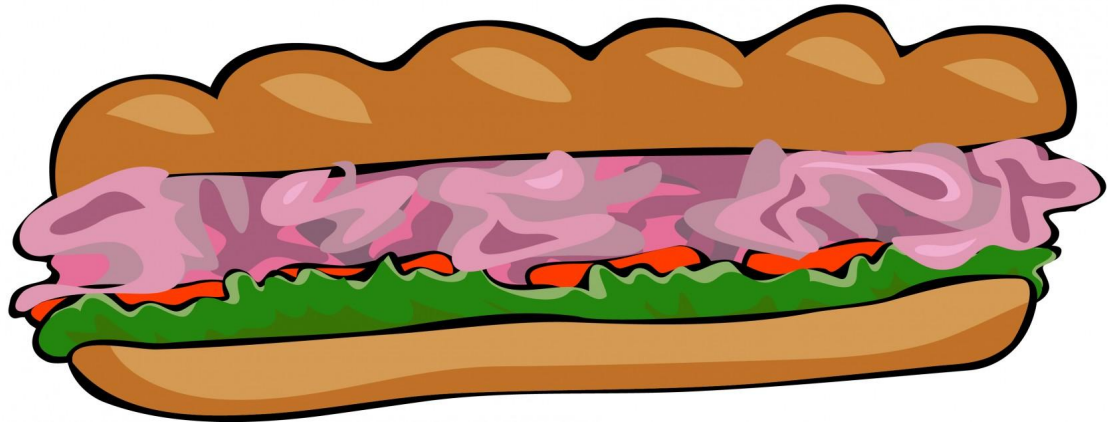
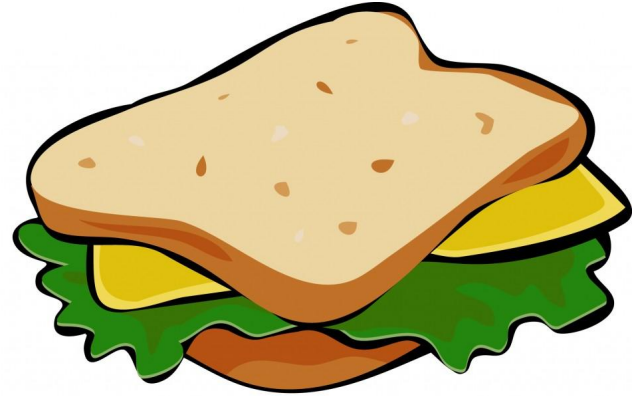
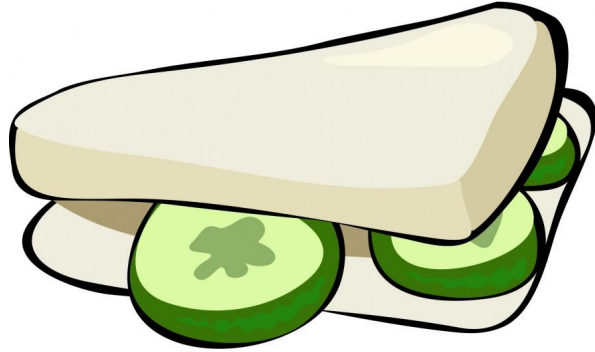


Keep Learning!

Choose a skill you've always wanted to learn and practise it. Or have a go at beatboxing!



Recess



Daily Zoom Check-in Meeting



Meet Ms Palmer and Ms Carter online to go through the day's learning, catch up with your friends & play some fun games!

Click on the link or scan the QR code at 11:30am to meet us there!

<https://nsweducationzoomus/j/67742198557?pwd=Q2h0NUl2ZlXU4a2RrZGcyWHlqRU9EZz09>

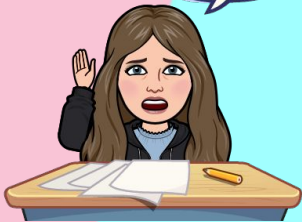
Meeting ID: 677 4219 8557

Password: 347796

Scan the QR code with your device at 11:30am to join in on the fun!



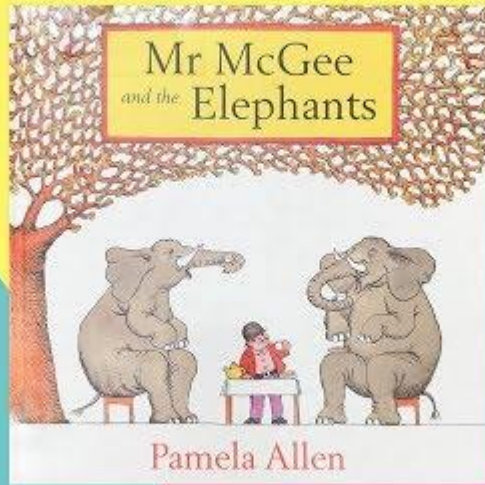
I don't get it...



Bring along all of your questions so we can answer them.



Story Time!



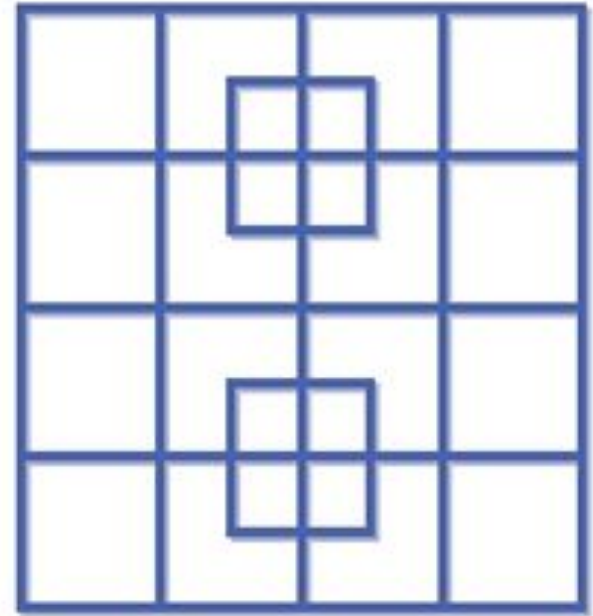
Fitness Video





Mathematics

Count how many squares are in this picture. Ask someone else to count them. Did you get the same number?

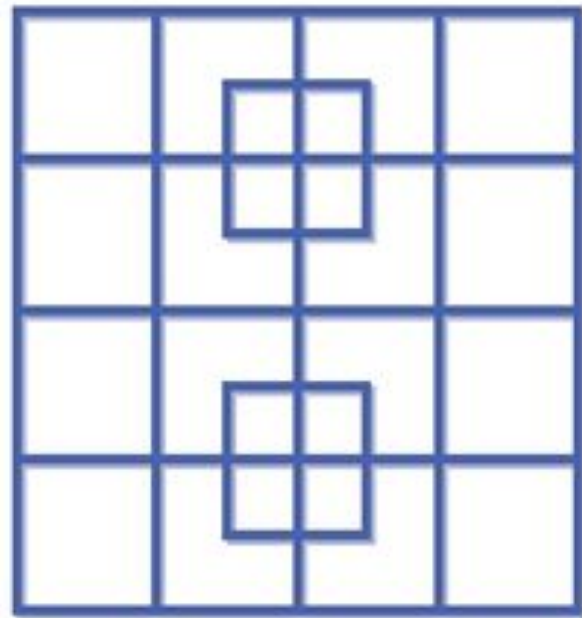




Mathematics

Extension:

Create your own image like this. Ask a family member to count the squares. Did they get the same answer as you?

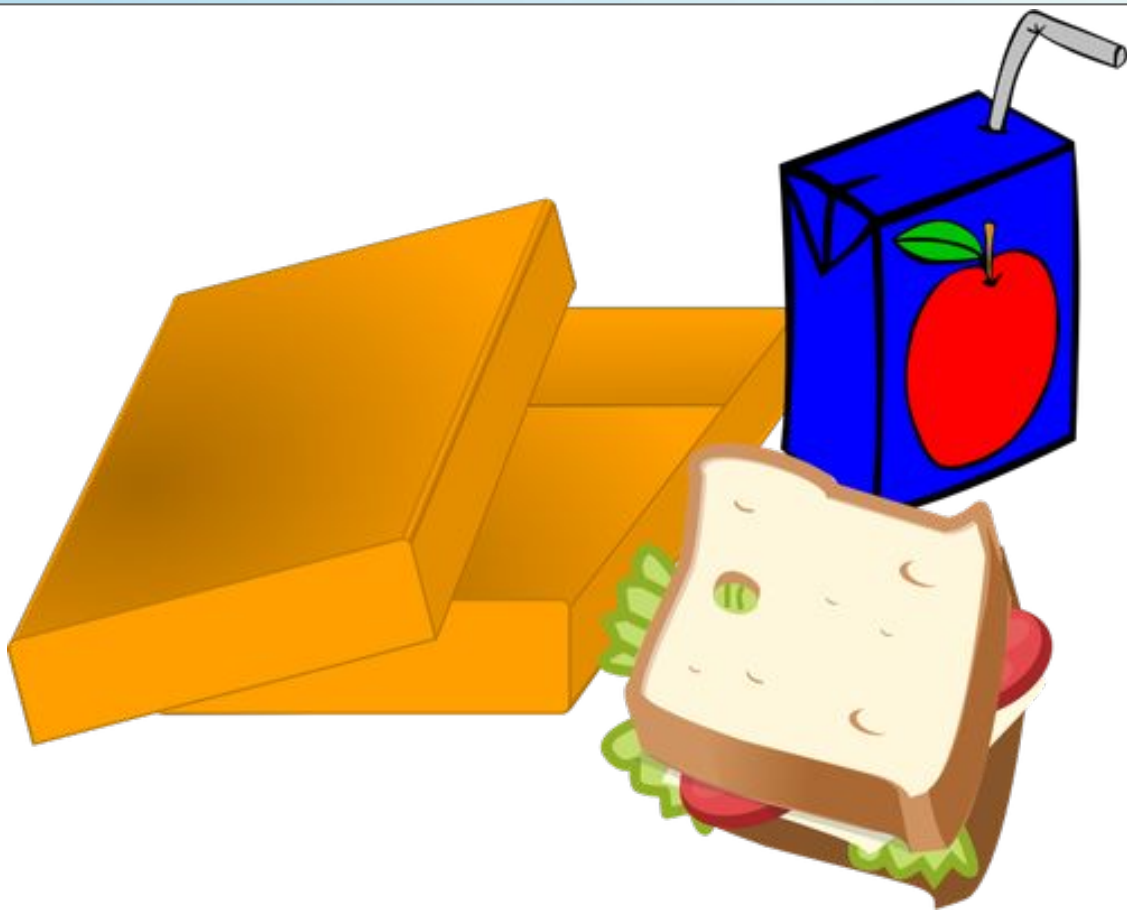


Sport



Make an obstacle course in your yard. Use the objects that are already in the yard - trees, pot plants, seats, push bikes. Use boxes, shoes, empty plastic bottles if you need more obstacles. Walk from one object to the next and walk around each object twice until you are back to the beginning. Now run the same course, running three times around each object until you are back to the beginning. Count how many strides it takes you to do the course (stride = long step). Take the dog with you if you have one. Remember to pack up when you finish.





Lunch



Music

Read silently through the words of the first verse for Advance Australia Fair. Look away from the words and say as much as you can remember. Look at the words again and sing it softly to yourself.

Australians all let us rejoice,
For we are one and free;
We've golden soil and wealth for toil,
Our home is girt by sea;
Our land abounds in Nature's gifts
Of beauty rich and rare;
In history's page, let every stage
Advance Australia fair!
In joyful strains then let us sing,
Advance Australia fair!

Interesting Tidbits!



Explore Sydney's virtual Science Trail.

<https://www.sydneysciencetrail.net.au/>



Sydney
Science
Trail



Explore the trail

This year's theme explores how food is different by design. Spark your inner scientist and discover how science can help our planet.

Open for one month only!
13 August - 13 September 2021

← Live stream events

Start the trail →

For educators: [view DART events](#)

1. Click 'start the Trail' to get started.

2. Choose a topic that interests you. Click on the icons to watch Science Trail videos.

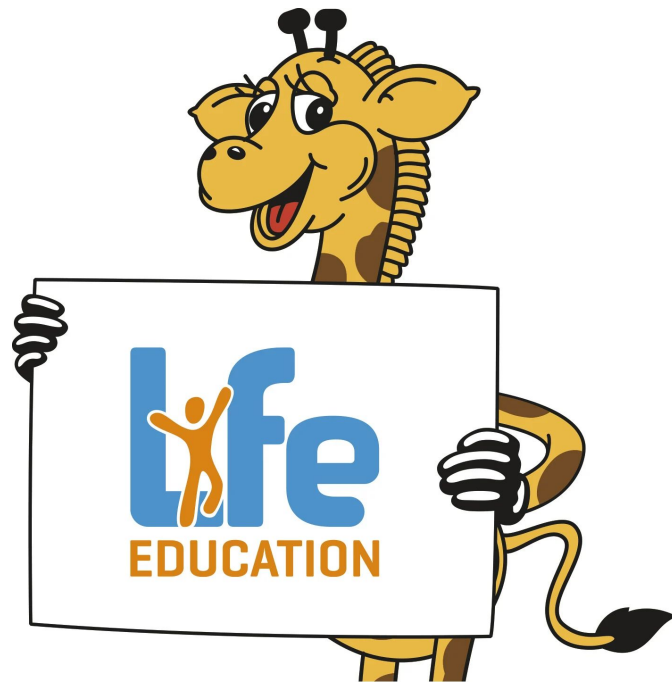
Life Education

Click on the link to complete [Safety Rules Session 3: My Network](#)

In this module, you will learn how relationships are important to our health and wellbeing.

<https://www.lifeeducation.org.au/online-learning/student-session.aspx?t=962f7e88-29e6-4f12-b629-2e97083f0f3d&s=fb55ded4-3772-46b5-a4f1-dfc5547fd323>

Scan the QR code
with your device



Games to Bring Families Together

These games are brought to you by Blacktown City Council.

Charades with a Difference

For this game you require absolutely nothing!

1. Everyone can think of a category, such as animals, occupations, sports...
2. Once everyone knows the category, for example animals, each family member takes it in turns to mime an animal - perhaps a lion!
3. Everyone else tries to guess the mimed animal!

This game can be changed to Headbands with paper, pens, scissors and sticky tape. Write out different animal names on pieces of paper and stick one to the forehead of each family member (so they cannot see it!). Taking turns, everyone can ask questions to work out who they are. 'Do I have fur?' 'Do I live in the wild?' One person can keep asking questions until they hear the answer 'NO' and then it is the next person's turn, until everyone has guessed which animal they are!

Go to <https://www.blacktown.nsw.gov.au/Community/Our-people/Children-and-young-people/Activities-at-home-with-children> for more information.



WEEK 1 LEARNING JOURNAL



Monday	Tuesday	Wednesday	Thursday	Friday
The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:
Student's signature:	Student's signature:	Student's signature:	Student's signature:	Student's signature:
Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature: