

Early Stage 1

Kindergarten

Stage 1

Year 1 and Year 2

Total 2.5 hours + other

45-60 mins - English

30-45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

Other activities: wellbeing, sport, physical activity*

KLA = Key Learning Area *where social distancing allows

Stage 2

Year 3 and Year 4

Stage 3

Year 5 and Year 6

Total 3 hours + other

45-60 mins - English

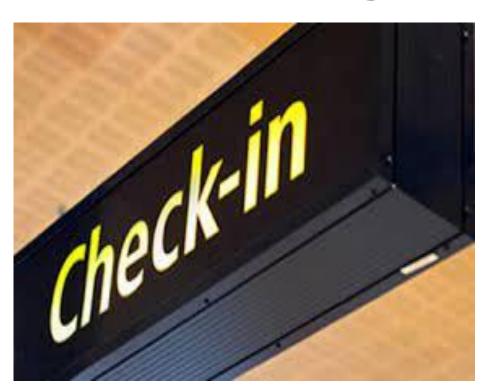
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Daily at 11.30AM



https://nsweducation.zoom.us/j/69372668766?pw d=TC9qREIHNjlhWmxzaWVMTXIXSUIPZz09

Come and join us we would love to see you.



FINE MOTOR SKILLS



Draw a pattern onto a piece of paper. Use coins, buttons, pasta spirals or skittles to cover the pattern.

SPELLING

Write your spelling words on card. Look at the word and say it. Then cover the word, write it and check if you got it correct.

Word List: on, go, but, she

Extension List: sister, brother

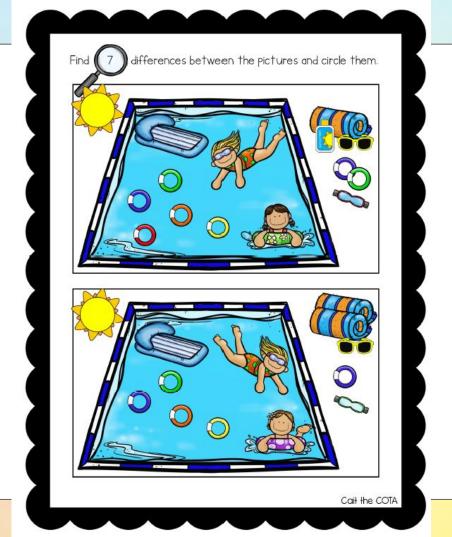


READING



Have a parent, carer or sibling read a book to you. They could even tell you their own made up story!

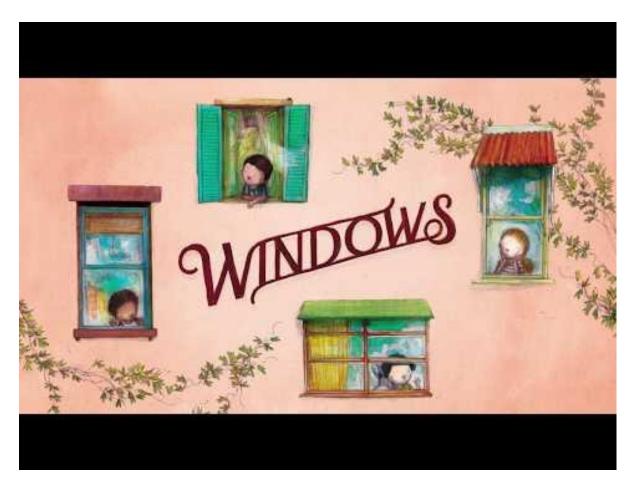
Spot the Difference



CRUNCH & SIP

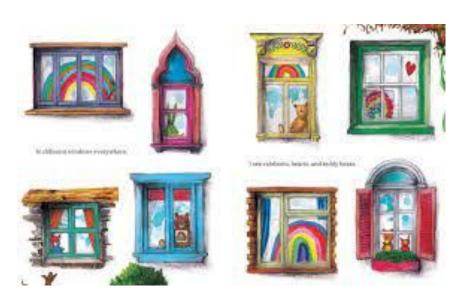


STORY TIME!

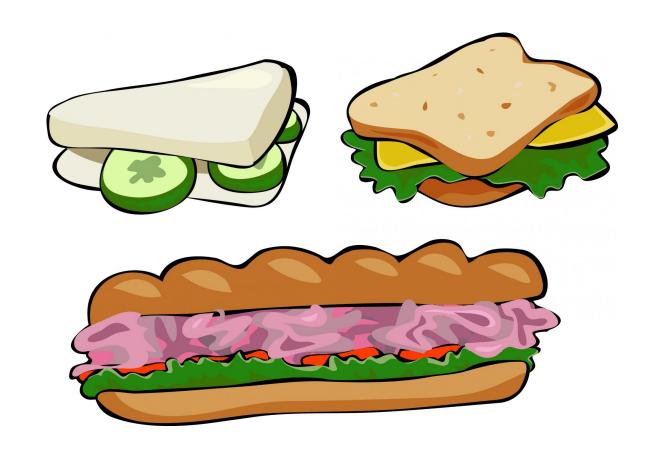


WRITING

Listen to the story 'Windows'.
Look outside your window. What
can you see? Draw a picture
and write what you can see.



RECESS

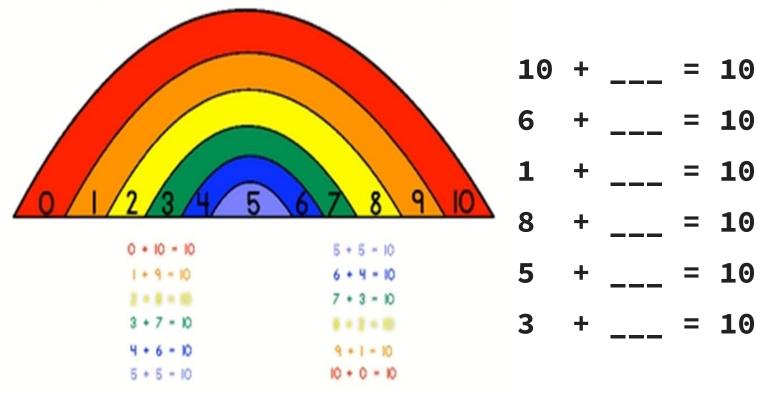




1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
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71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Counting by 10's 10 20 30 40 50 60 70 80 90 100 110 120

Rainbow Ten Facts



10

VOLUME AND CAPACITY

To **compare objects** is to tell how things are not the same.

One way to compare objects is by capacity.

What happens when you pour milk into a cup? What happens when you pour too much into the cup?



We call how much something can hold the <u>capacity</u>.

When we compare capacity we use the words <u>holds more</u> and <u>holds less</u>.

Capacity of Objects





A smaller object holds less.

- Look at the objects.
- Point to the object that holds more. "This object holds more."
- Circle the object that holds more.
 - a. Draw an X through the object that holds less. "This object holds less."

1.





2.





3.





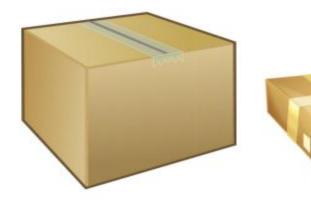




5.



6.



LUNCH

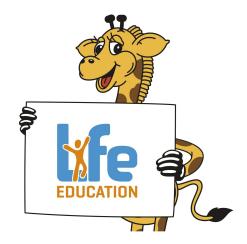


PDP - FRIENDSHIP

Copy and paste the following link into a new browser to watch Healthy Harold's video on friendship.

https://www.lifeeducation.org.au/online-learn ing/student-session.aspx?t=cab4e4e0-8afc-47b1 -b4a7-7303ef40e128&s=c8a1b8fc-44b6-4de3-8ffcecd455f4ae26

Draw a picture of you being a good friend to others.



FITNESS





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FINE MOTOR SKILLS

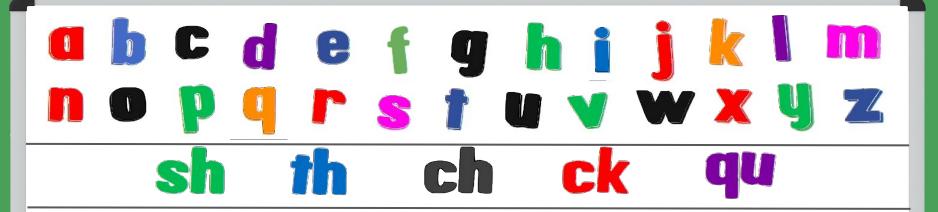
Collect a range of small items like coins, skittles, buttons, cereal or pasta spirals.

Use your 'pinchy fingers' to place the items into a muffin pan.

If you don't have a muffin pan, just use a range of boxes.



Magnetic Letters and Sounds Board



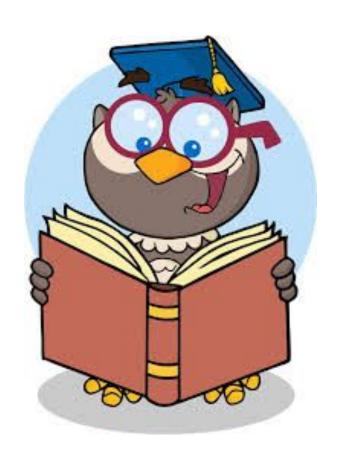
SPELLING

Write the words on the word list in your work book. Write over them 3 more times in 3 different colours.

Word List: on, go, but, she

Extension List: sister, brother





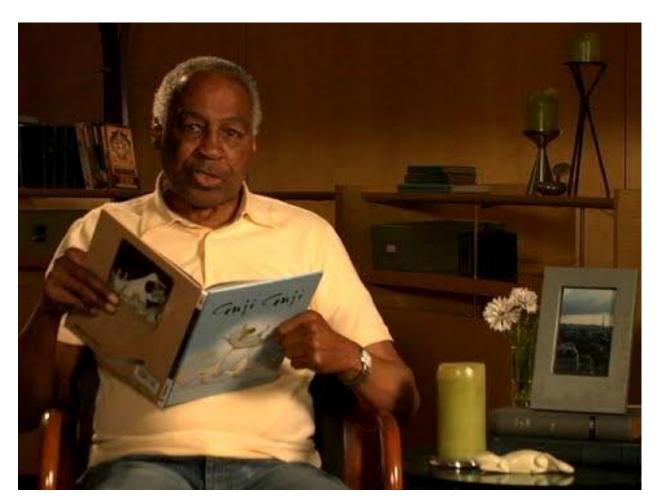
READING

Have a parent, carer or sibling read a book to you. They could even tell you their own made up story!

CRUNCH & SIP



STORY TIME!

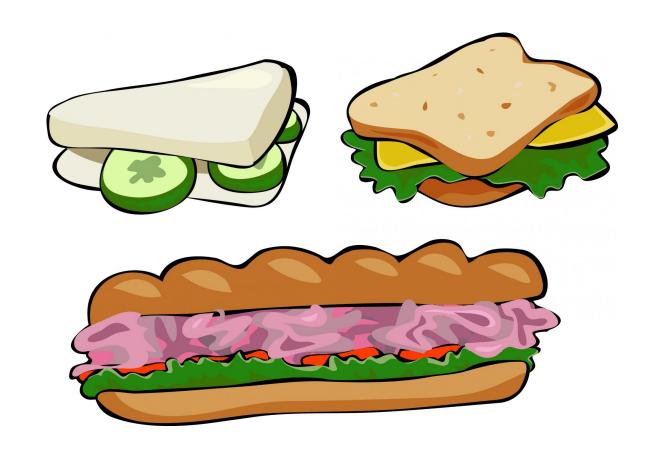


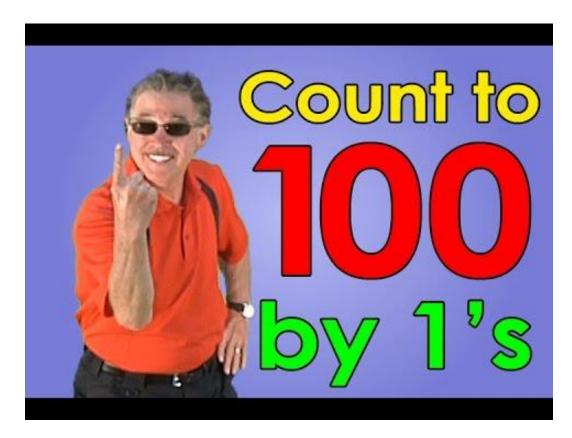
WRITING

Listen to the story 'Guji Guji' on the previous slide. Draw a picture of your favourite part of the story and write a sentence about it.



RECESS





1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
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71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Using the 100s chart to help you count up in:

2s

5s

In your own words, what is capacity? "Capacity is _____."

What can we use to determine which of the objects holds more?

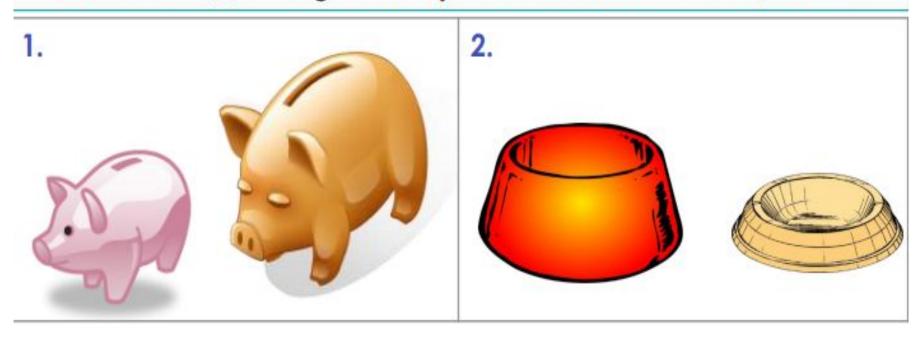
A They are different colors.

B One of the objects is larger.

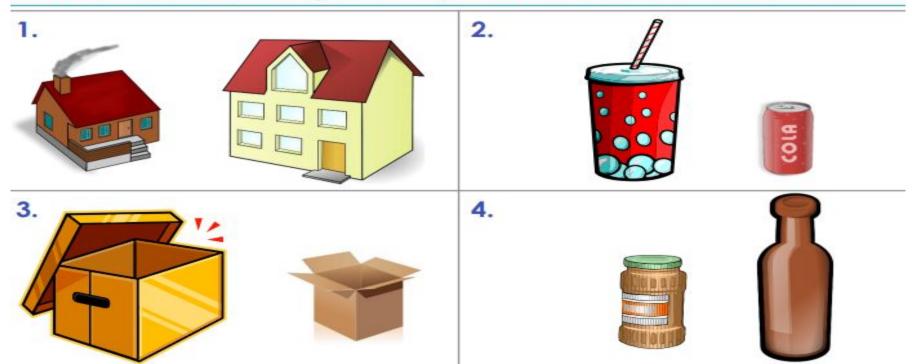
What does holds more mean? "Holds more means ____."

What does holds less mean? "Holds less means ____."

- Look at the objects.
- 2. Point to the object that holds more. "This object holds more."
- 3. Circle the object that holds more.
 - a. Draw an X through the object that holds less. "This object holds less."



- Look at the objects.
- 2. Point to the object that holds more. "This object holds more."
- Circle the object that holds more.
 - a. Draw an X through the object that holds less. "This object holds less."



FITNESS



LUNCH



Wellbeing





Be Active

Complete this yoga story.





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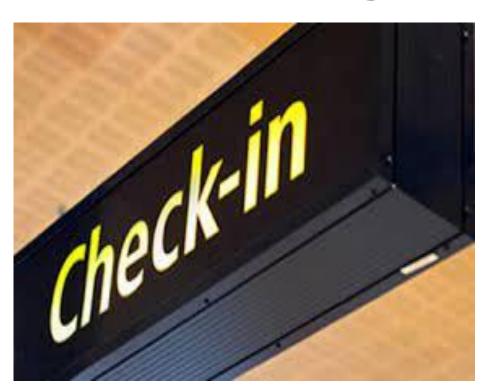
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FINE MOTOR SKILLS

Strengthen your fine motor skills by stretching rubber bands onto pool noodles. If you don't have pool noodles, you could use other household items such as empty cans or bottles.



SPELLING

Write your spelling words on card. Look at the word and say it. Then cover the word, write it and check if you got it correct.

Word List: on, go, but, she

Extension List: sister, brother



READING



Have a parent, carer or sibling read a book to you. They could even tell you their own made up story!

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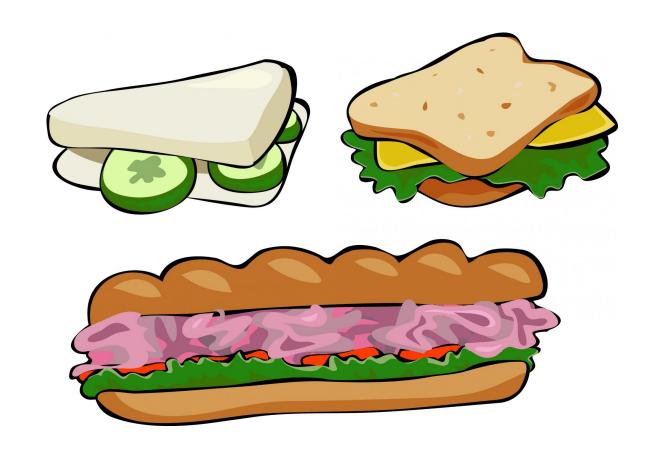


STORY TIME!



WRITING

RECESS



MATHEMATICS



MATHEMATICS

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11	12	13	14	15	16	17	18	19	20
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91	92	93	94	95	96	97	98	99	100

Using the 100s chart to help you count up in:

2s

5s

MATHEMATICS - VOLUME AND CAPACITY

You will need a glass and jug of water.

Fill the glass with water and answer the questions.

Is the glass full, half full or empty?

Drink half of the water.

Is the glass still full, half full or empty?

Empty you glass of water.

Is the glass still full, half full or empty?

Remember: the water in the full glass has a larger volume than the water in the half glass.



MATHEMATICS - VOLUME AND CAPACITY

Look in your Kitchen and find other objects you can compare volume with.

- 1. 2 different cups
- 2. 2 different bowls
- 3. 2 different containers

Post your pictures of which has the largest capacity or volume. Remember which objects holds more or which objects holds less.









Interesting Tidbits!

Play some games on ABC Ya!

https://www.abcya.com/

Click your grade level to see games selected for you.





FITNESS



FITNESS - DANCE



LUNCH





Science

Half fill one glass with cold water, another glass with very warm water. Add 2 drops of food colouring to each glass and watch what happens.

Extension: Write down what you observed and why you think it happened.

CREATIVE ARTS





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FINE MOTOR SKILLS

Place pegs on the rim of a container and take them off again.



READING



Have a parent, carer or sibling read a book to you. They could even tell you their own made up story!

CRUNCH & SIP



STORY TIME!

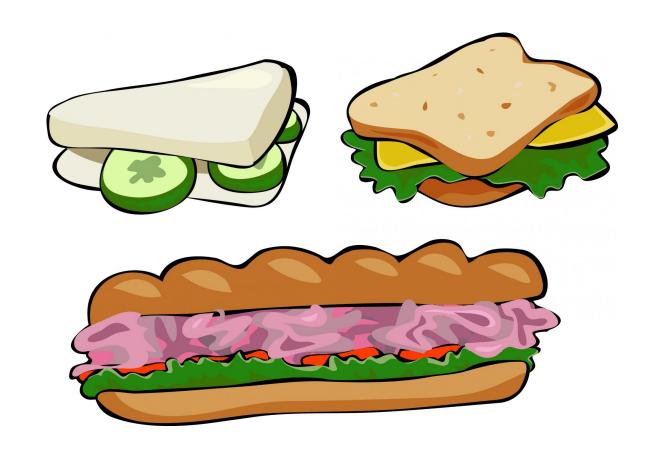


WRITING

Listen to the story 'The Gingerbread Man' on the previous slide. If the Gingerbread Man was running away from you, how would you catch it? Write and/or draw your response.



RECESS



MATHEMATICS

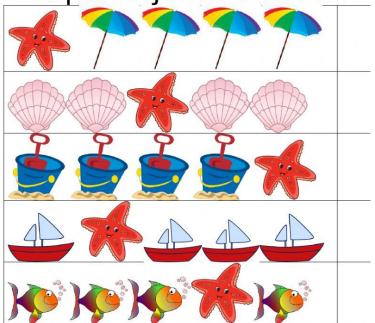




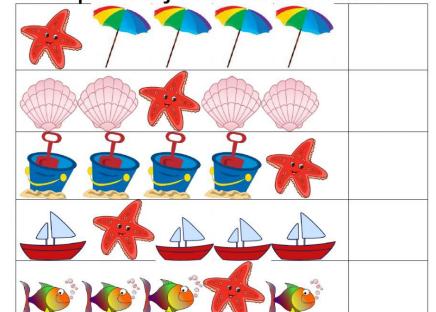
Practise counting forwards and backwards with Jack Cartman.

1	2	3	4	5	6	7	8	9	10	Count by 10s to 100 and	
11	12	13	14	15	16	17	18	19	20	backwards from 100.	
21	22	23	24	25	26	27	28	29	30	Count by 1s to 100.	
31	32	33	34	35	36	37	38	39	40	What number comes:	
41	42	43	44	45	46	47	48	49	50	Before 6? Before 9?	
51	52	53	54	55	56	57	58	59	60	After 20? After 78?	
61	62	63	64	65	66	67	68	69	70	What number is in between:	
71	72	73	74	75	76	77	78	79	80	55 and 57?	
81	82	83	84	85	86	87	88	89	90		
91	92	93	94	95	96	97	98	99	100	4 and 6?	

Look at the pictures carefully and write the position of the star in each row.



Look at the pictures carefully and write the position of the star in each row.



MATHEMATICS - VOLUME AND CAPACITY

You will need:

2 identical small containers



Fill one container with rice and the other with pasta.

1. Which pile the rice or pasta has a largest volume?

Try other containers, cups and bowls of identical size and fill with the rice and pasta.

2. Which pile the rice or pasta has the largest volume?

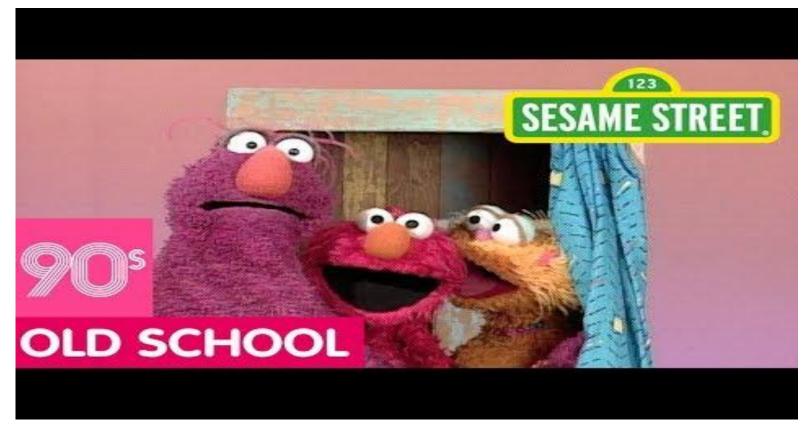
Rice



Pasta



FULL AND EMPTY



LUNCH



Life Education

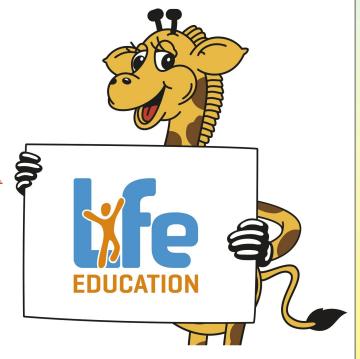
Click on the link to complete All Systems Go Session 2: Body Fuel.

In this module, you will understand how positive nutrition and lifestyle choices help to maintain our internal body systems.

https://www.lifeeducation.org.au/online-learning/student-session. aspx?t=962f7e88-29e6-4f12-b629-2e97083f0f3d&s=70la697 5-4d39-4574-843e-a29c25c0559e

Scan the QR code with your device





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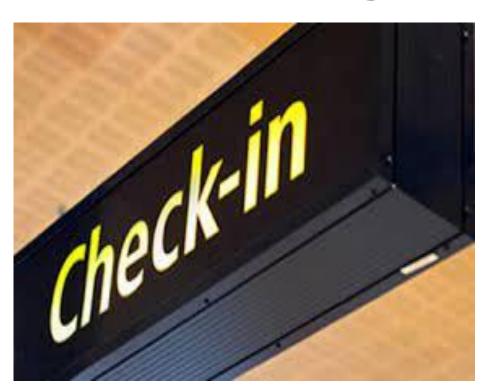
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FINE MOTOR SKILLS

Use tongs to practise picking up small objects, such as fruit loops, small toys, rolled up balls of playdoh etc.



SPELLING

Get a family member to help you write the words from the list onto a piece of paper. Cut each letter out. Put them back in order like a puzzle.

Word List: on, go, but, she

Extension words: sister, brother



READING

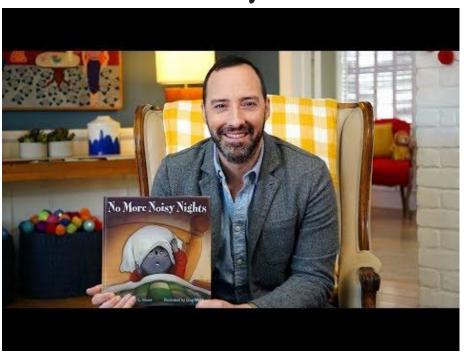


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CRUNCH & SIP



Story Time!



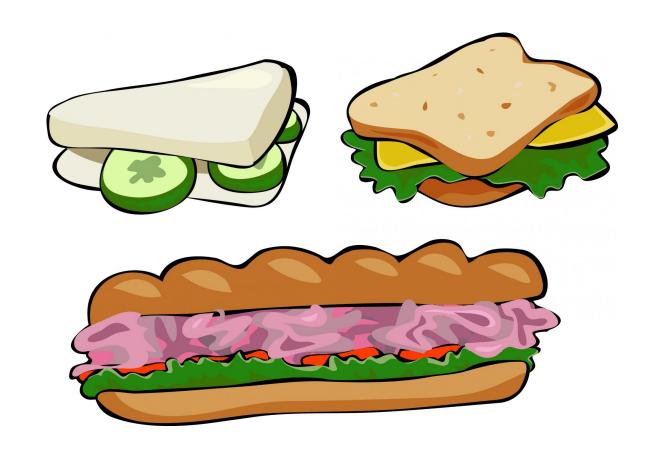


WRITING

Listen to the story 'No more Noisy Nights'. How did Jackson finally get to sleep? What do you do to help you go to sleep at night? Write and/or draw your response.



RECESS





1	2	3	4	5	6	7	8	9	10	Count by 10s to 100 and backward	
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81	82	83	84	85	86	87	88	89	90	7 and 9?	
91	92	93	94	95	96	97	98	99	100		

Compare the glasses full empty matholia

FITNESS



LUNCH





Sport

Try your luck at 'balls in the bucket'. You need a bucket (cardboard box, small, empty, clean bin) and ten small balls (scrunched up newspaper, small stones, marbles). Place the bucket on the ground, take three large steps away and toss each ball into the bucket. If you get them all in, take another large step away and try again.

Extension: Make it more challenging by putting the bucket in a tree, under the garden bench, on the other side of the pot plant or lay the bucket on its side







TERM 4 WEEK 1 LEARNING JOURNAL

Monday	Tuesday	Wednesday	Thursday	Friday
The learning activities I completed today were:				
Student's signature:				
Parent's signature:				