

SUPPORT UNIT 3-6P

TERM 3

**Week 2**

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
\*where social distancing allows

## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

45–60 mins - English

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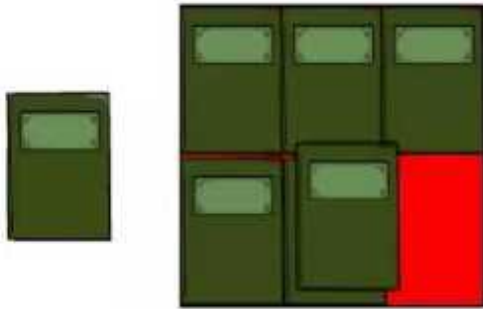
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MONDAY

# MATHS

## INTRODUCTION TO AREA

How many books cover the desk?



books cover the desk

In your bedroom, look at an object on the floor. Estimate how many pieces of that object you would need to cover your bed. E.g I think I would need 30 shoes to cover my bed. Now check your estimate.

# FINE MOTOR SKILLS



Do 10 shoulder rolls forwards and 10 shoulder rolls backwards, 10 star jumps, 10 windmills (swing your arms around as you touch your toes) take 5 deep breaths and do them again, another 3 times, taking 5 deep breaths each time.

# SPELLING

Spell &  
Read

car



bus



apple



# READING

Find a magazine, book, shopping catalogue to read. Read for 10 minutes.

Write down the name of the book, magazine, catalogue and 5 interesting words from it.





# CRUNCH & SIP



# WRITING

Write 2 sentences about your favourite toy. Remember to include who, what, when, where, why, capital letter and full stop. Now write the sentence again, all in capitals.

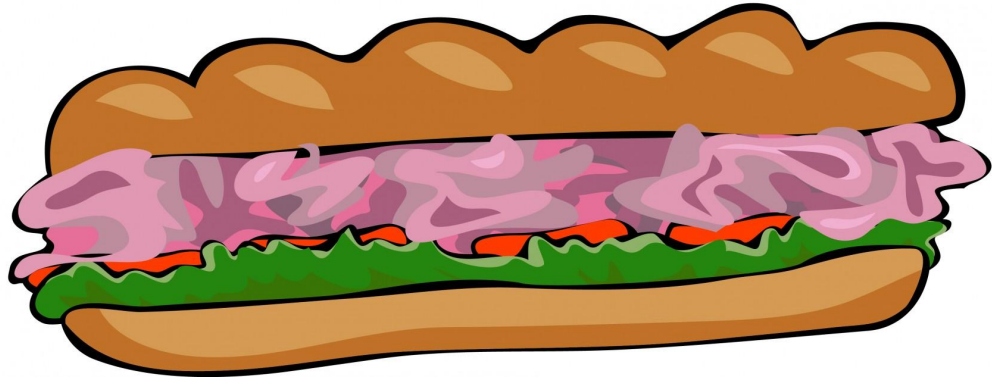
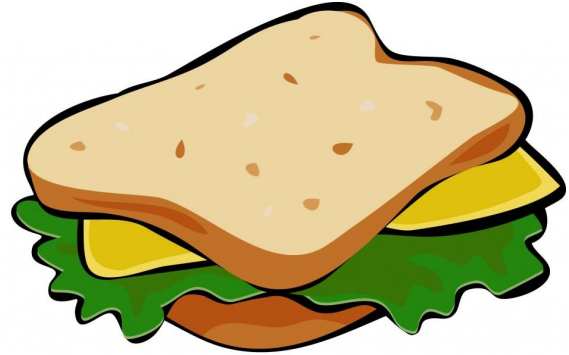
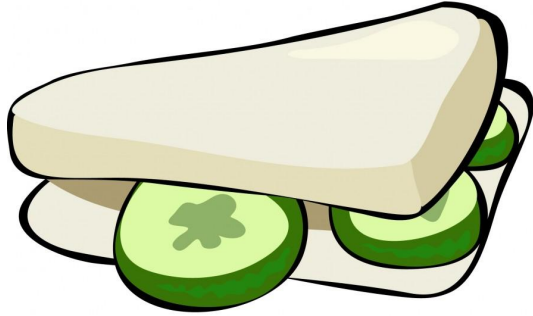
# SPOT THE DIFFERENCE

Can you spot the 9 differences between these two pictures?



Mark the differences on one of the pictures of the Spot the Difference below, then colour in the other picture.

RECESS



# MATHEMATICS

Look around your house and list 10 items that have numbers on them. Try not to use only foodstuffs.

e.g my shoes are a size 8, my pyjamas are a size 10, 1kg flour

# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

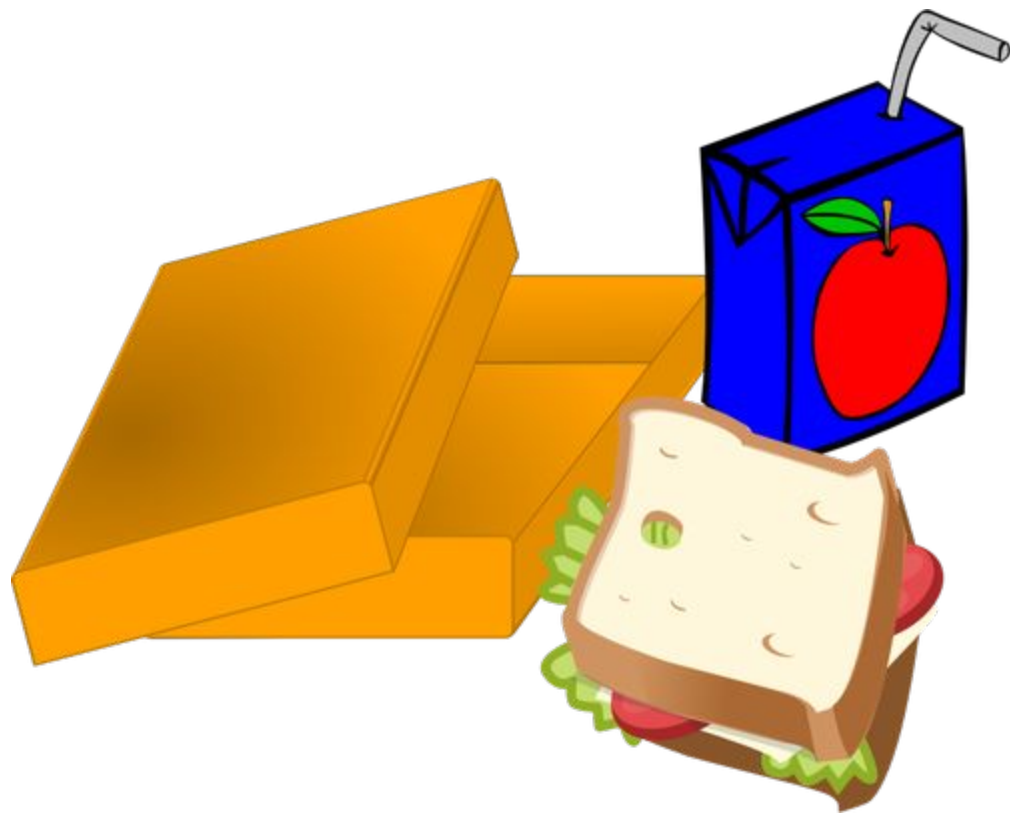
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<https://app.education.nsw.gov.au/sport/Bodycontrol>





LUNCH





# UNPLUGGED

Find two clean socks. Put one sock on your hand and give the other sock to a family member. Pretend they are puppets and talk about what you have eaten today. In your work book, write or draw what you ate. Draw each item like a cartoon and give it a face, like this one.



# WEBSITES TO VISIT

<https://www.abc.net.au/abckids/early-education/>

<https://sites.google.com/education.nsw.gov.au/tau-home-dinosaur-dig>

# TARONGA ZOO



# WEEK 1 LESSONS - RECORDED

**Join us 10am AEST 13-16 July as we livestream fun lessons from some very special guests.**

Starting with Taronga Zoo Sydney's daily Animal of the Day, followed by:

- **Tuesday 13 July:** Science expert Dr Karl Kruszelnicki
- **Wednesday 14 July:** Author Cressida Cowell
- **Thursday 15 July:** Maths guru Eddie Woo
- **Friday 16 July:** Special guests from the AFL + disco master Mr Young

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TUESDAY

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

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45–60 mins - English

30–45 mins - Mathematics

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## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

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Go outside and find a flower or leaf. Smell it. In your work book, draw the flower or leaf. Describe how it smelt - strong, faint, sweet, awful. If you know the name of the flower or leaf, write it under your drawing.

# FINE MOTOR SKILLS



Go outside and side gallop from the front of the house to the front fence and back to the house, take 5 deep breaths, then gallop again, 5 deep breaths and gallop again. Do 10 touch toes, keeping your legs straight, 10 arm circles forwards and 10 arm circles backwards. Shake your arms, then each leg.



# SPELLING

Using the words you found yesterday in your reading, put them into alphabetical order.

Practice spelling those words by covering each word and writing it again from memory, five times.

# READING



— THE —  
STORY  
TIME  
FAMILY

BOOKS  
FOR KIDS



# BE KIND

Pat Zietlow Miller

Illustrated by Jen Hill

# CRUNCH & SIP

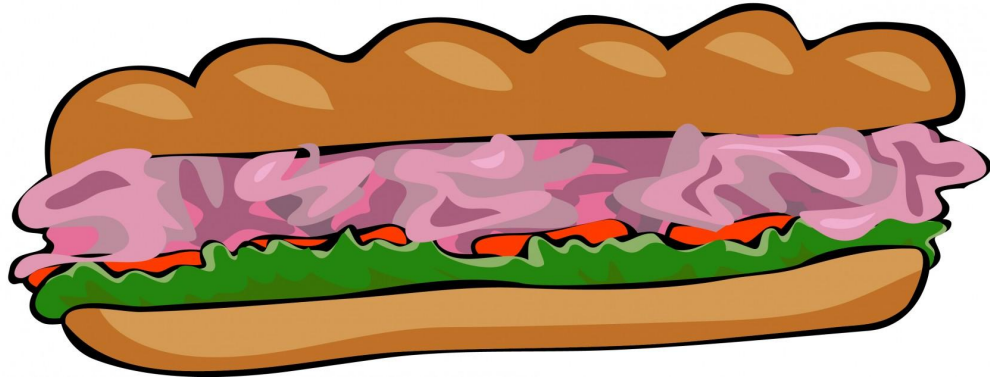
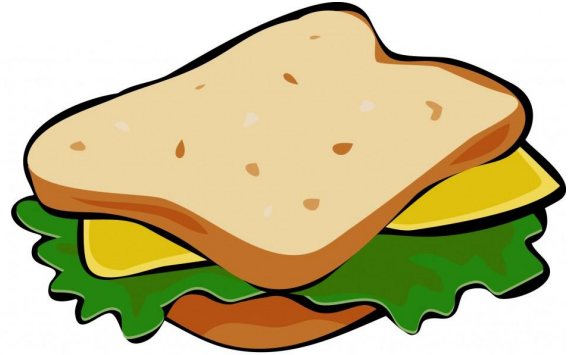
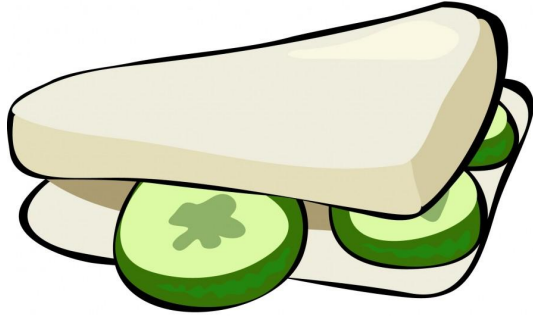


# WRITING

If allowed, make your own toast or sandwich, have a glass of milk. Write or draw what you put on your sandwich or bread. Cut it into four pieces. Draw how you cut it - small squares, equal length strips or triangles.

Write a sentence using the word 'bread'. Rewrite your sentence using your other hand and compare the difference in neatness.

RECESS



# MATHEMATICS

Find all your socks and count them by twos. Find a pair that has a pattern on it. Draw a sock shape and draw the pattern on it.

# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

Or click on the link to participate in some online fitness activity

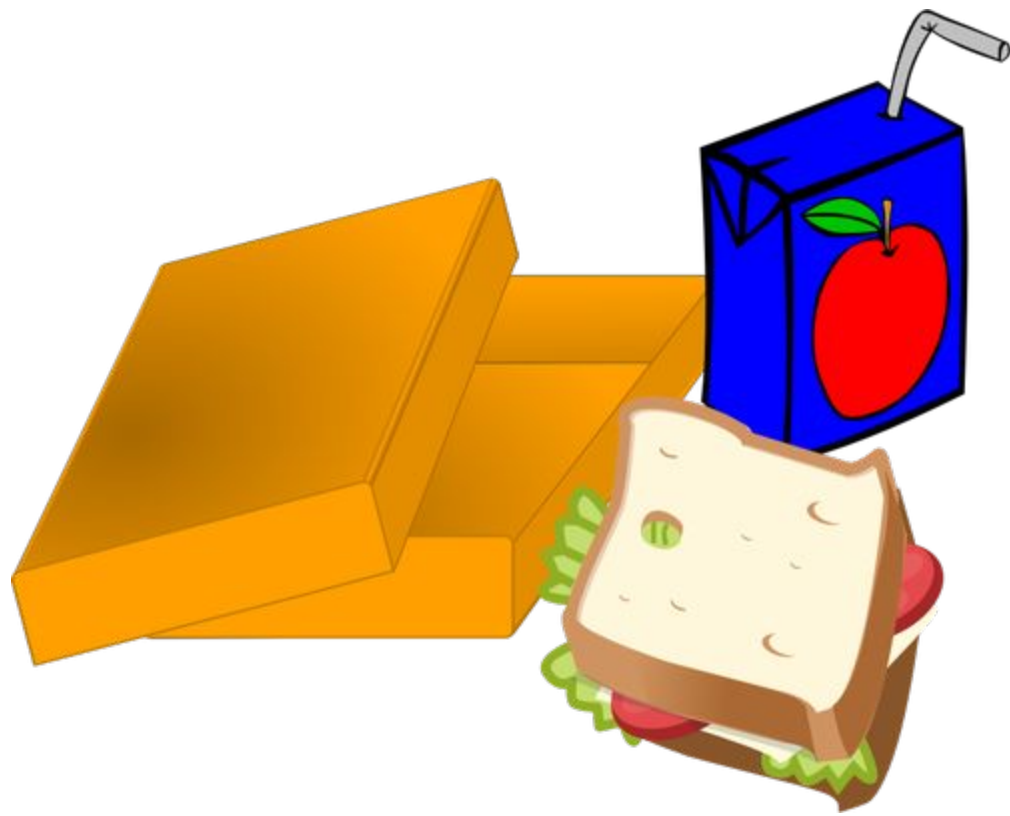
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LUNCH



# SCIENCE

Which ice cube will melt faster - one in your mouth or one in your hand? Write down your answer then check it if you have ice cubes at home. Put one in your mouth and one in your hand. Stand over a basin or outside so that you do not wet the floor. Which ice cube melted faster (without chewing the one in your mouth)?

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TARONGA ZOO



# KEEPER Q & A



In collaboration with  
**SQUIZ  
KIDS**  
FUN & FRESH NEWS FOR KIDS

WEDNESDAY

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Kindergarten

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Ask a family member the following riddle, let them guess before you give the answer.

Q. Why didn't the chicken cross the road?

A. Because there was a KFC on the other side.



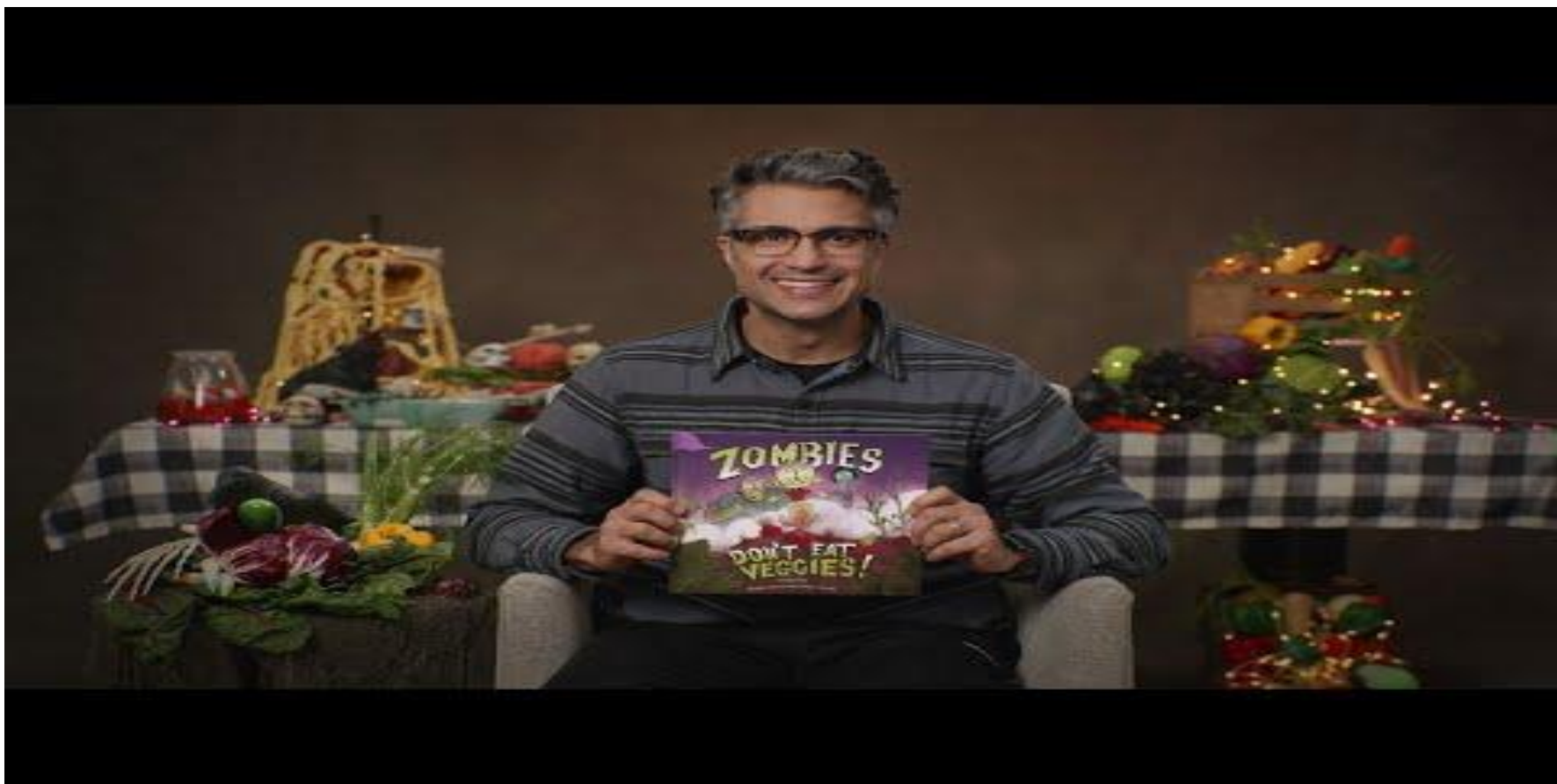
# FINE MOTOR SKILLS



Outside, if possible, do 20 jumps forwards, 20 walking backwards steps, take 5 deep breaths, waddle like a duck for 20 waddles, crab walk back to where you started, take 5 deep breaths, then repeat the routine another 3 times.

# READING

Cuddle up with your pet or favourite toy and read for 10 minutes. Use two of your words from Monday in sentences, in your work book. Read for another 10 minutes.



# CRUNCH & SIP

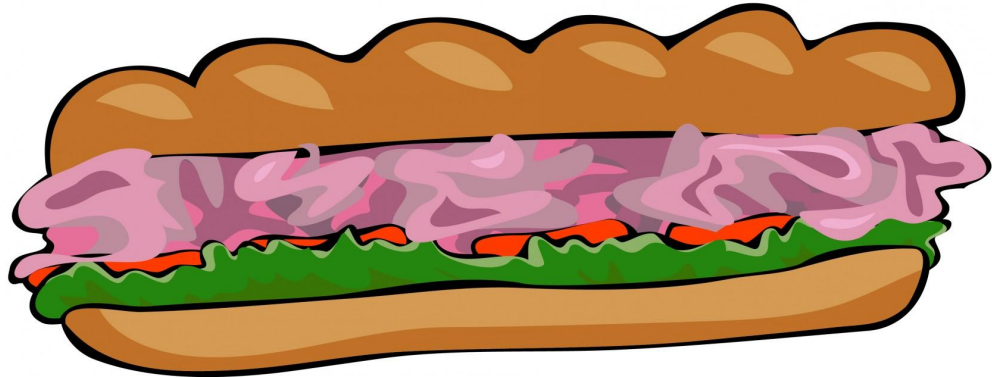
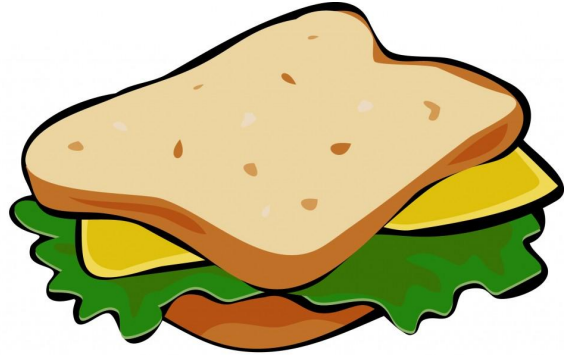
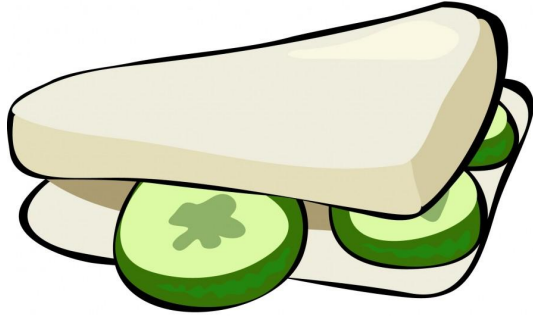


# WRITING

Write down 3 facts you know about ducks, using full sentences. Use what, when, where, why in your sentences and capital letters and full stops.

e.g Ducks like swimming in the water. (I used what and where)

RECESS



# MATHEMATICS

Use one of your ASAD sentences from this week. Tally how many times each letter has been used.

e.g Ducks like swimming in the water.

D - 1

U - 1

K - 2

S - 2

I - 4

Write down which letter was used the most. Which letter was used the least? How many letters were used altogether? List the letters that were not used at all?

# FITNESS TIME!

Describe what fitness activity you completed today (20–30 minutes)

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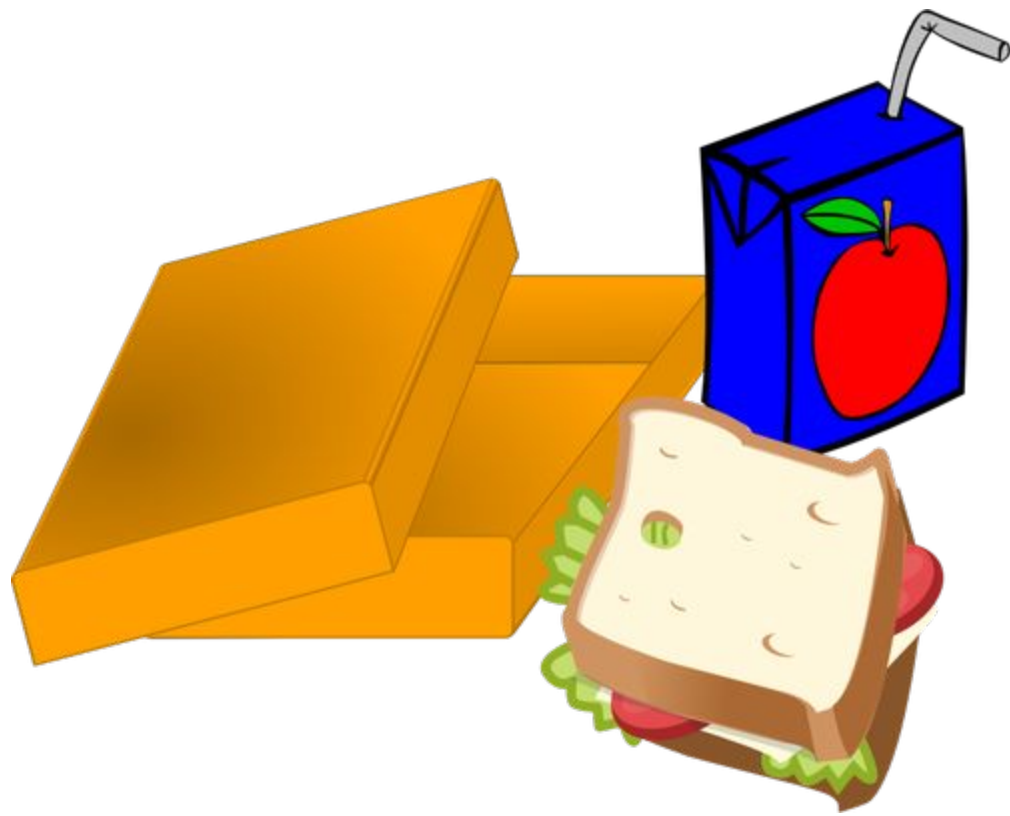
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LUNCH



# CREATIVE ARTS

In your work book, draw the piece of food and give it some clothes.



# HISTORY

Ask your family members of the names of all the places where they have lived, write them down. Ask them which place they liked the best and why, which place they liked the least and why. Write their responses.

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# TARONGA ZOO



THURSDAY

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If allowed, cut a piece of bread into four small pieces, put four different spreads on the bread. Taste each one, name and write them from favourite to least favourite taste.

# FINE MOTOR SKILLS



Do 10 shoulder rolls forwards and 10 shoulder rolls backwards, 10 star jumps, 10 windmills (swing your arms around as you touch your toes) take 5 deep breaths and do them again, another 3 times, taking 5 deep breaths between each time.

SPELLING



# 300 SIGHT WORDS

# READING

Find a new book or magazine. Cuddle up with your pet or favourite toy and read to it. Tell your pet or toy what you can see in the illustrations.

Choose 3 words, add 'ing', 'ed', 's' on, check the spelling, write them in your work book.

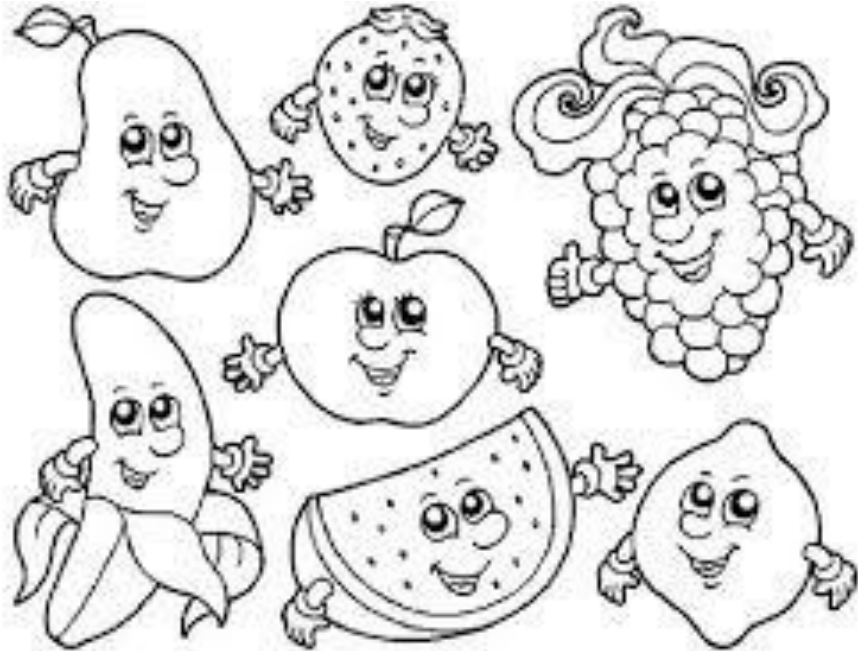
e.g shop = shopping, shopped, shops

# CRUNCH & SIP



# CREATIVE ARTS

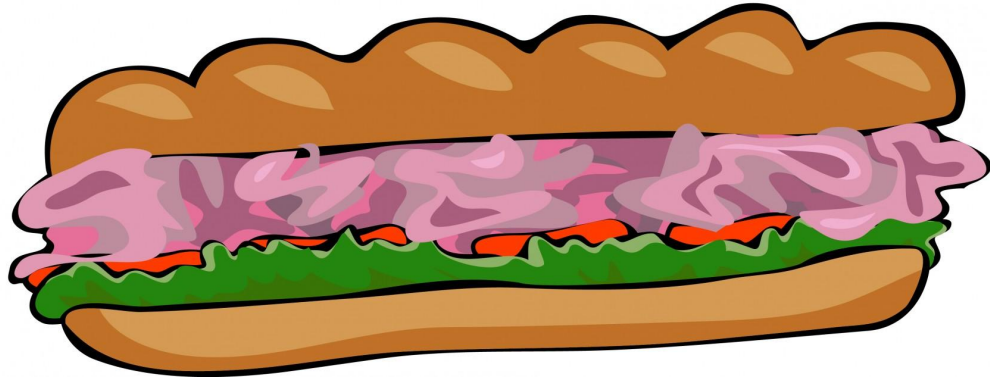
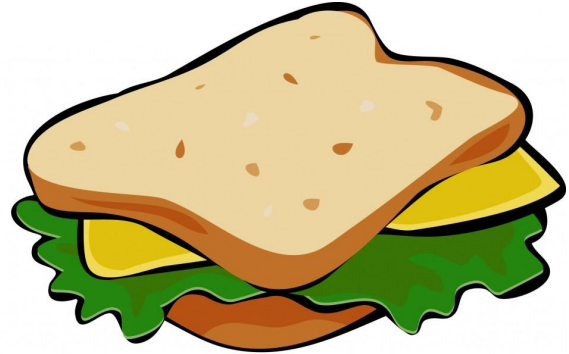
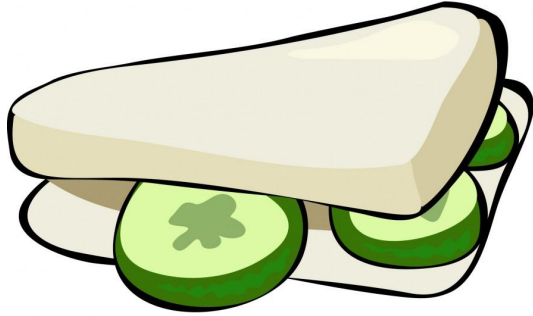
Draw your piece of food and give it some hands.



How to  
Draw a  
Hand



RECESS



# MATHEMATICS

Choose 3 pieces of furniture, e.g height of chair, length of lounge, width of dining table. Write down the item of furniture and your guess of how many hand spans you need to measure the distance of each item. E.g I guess the length of the lounge would be 7 hand spans. Then measure and record the measurement.

e.g lounge, guess = 7, length is 10.

Remember, a hand span is from the end of your thumb to the end of your little finger, with your fingers spread out.



# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

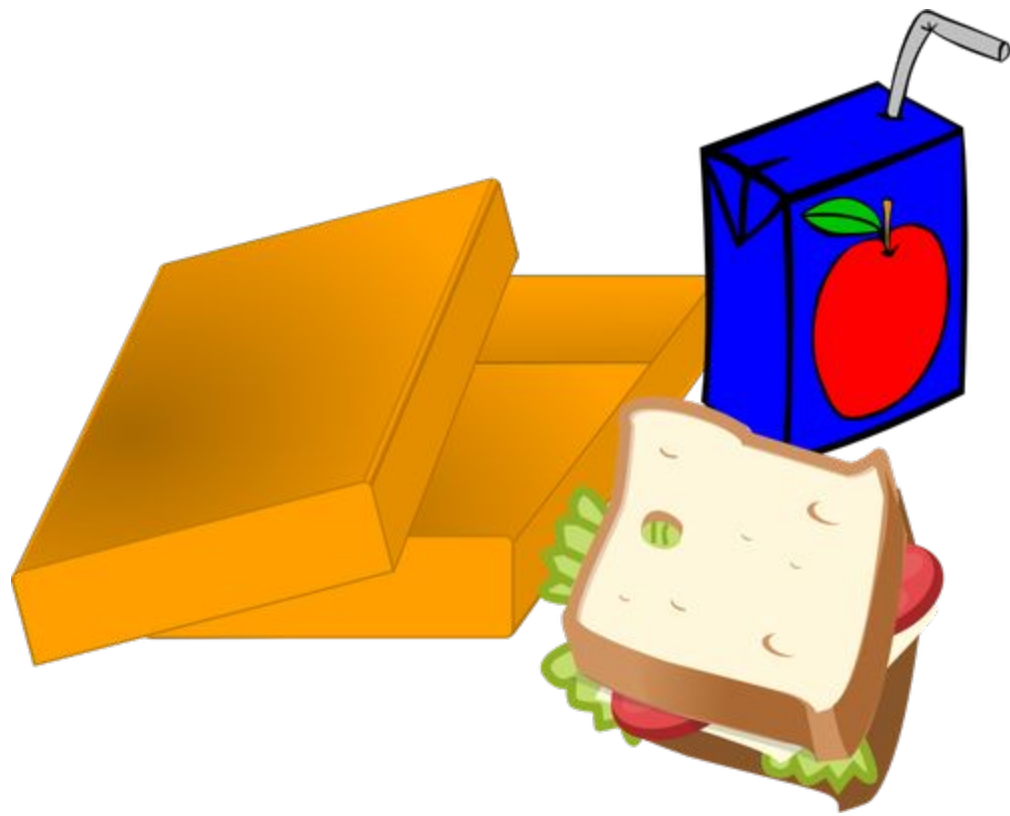
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LUNCH



# MORE CREATIVE ARTS

From a shopping catalogue, find 3 of your favourite foods and tear them out, using your fingers, not scissors. Put them in your work book.

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# TARONGA ZOO



FRIDAY

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Find a family member, trace letters or numbers on his/her back and see if he/she can guess what you have written. Ask a family member to trace letters or numbers on your back and you guess what was written.

# FINE MOTOR SKILLS



Go outside and side gallop from the front of the house to the front fence and back to the house 3 times, take 5 deep breaths, then gallop again, 5 deep breaths and gallop again. Do 10 touch toes, keeping your legs straight, 10 arm circles forwards and 10 arm circles backwards. Shake your arms, then each leg.

# SPELLING

Read a book or magazine for 10 minutes, to your mirror reflection.

Choose 3 words from your reading. Write 3 rhyming words for each of them.

Practice saying the following tongue twister.

Ask family members to say it with you.

*Betty bought butter but the butter was bitter, so Betty bought better butter to make the bitter butter better.*

# READING

## Carla's Sandwich



Aunty's  
House

# CRUNCH & SIP



Have a piece of fruit or fresh vegetable. Draw your piece of food and give it sunglasses.

Touch 8 different pieces of furniture. Name each item and say whether it is soft or hard.

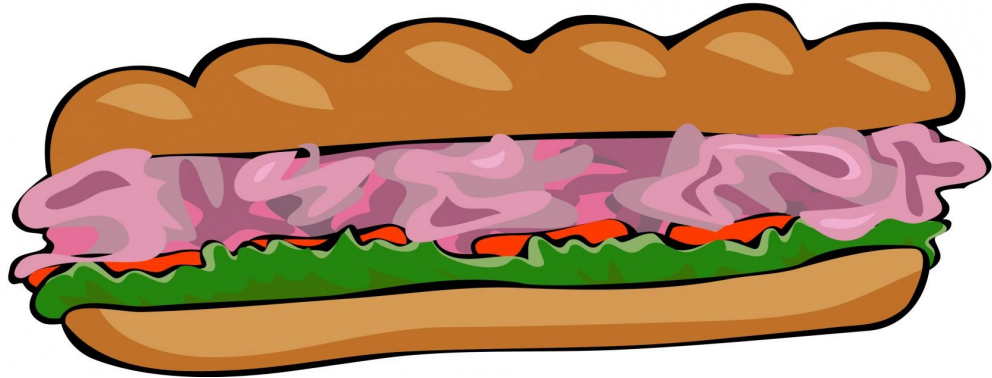
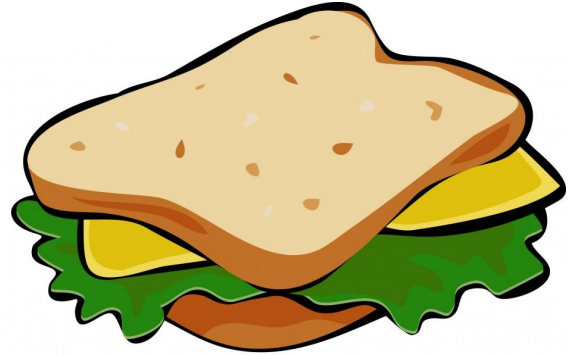
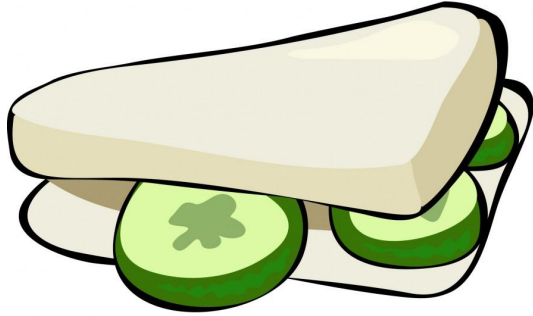
e.g chair = hard, cushion = soft

# WRITING

Sit outside and look at something in your yard. Draw it and write about it.

Remember who, what, when, where, capital letter and full stop.

RECESS



# MATHEMATICS

Play tic, tac, toe with a family member. # (noughts & crosses)

Recite the days of the week

Recite the months of the year

Count by twos, fives, tens to 100 or from 100 to 200

Count by tens to 100 on and off the decade

Read the time on a digital clock and change it to analog time, before and after dinner and when you go to bed



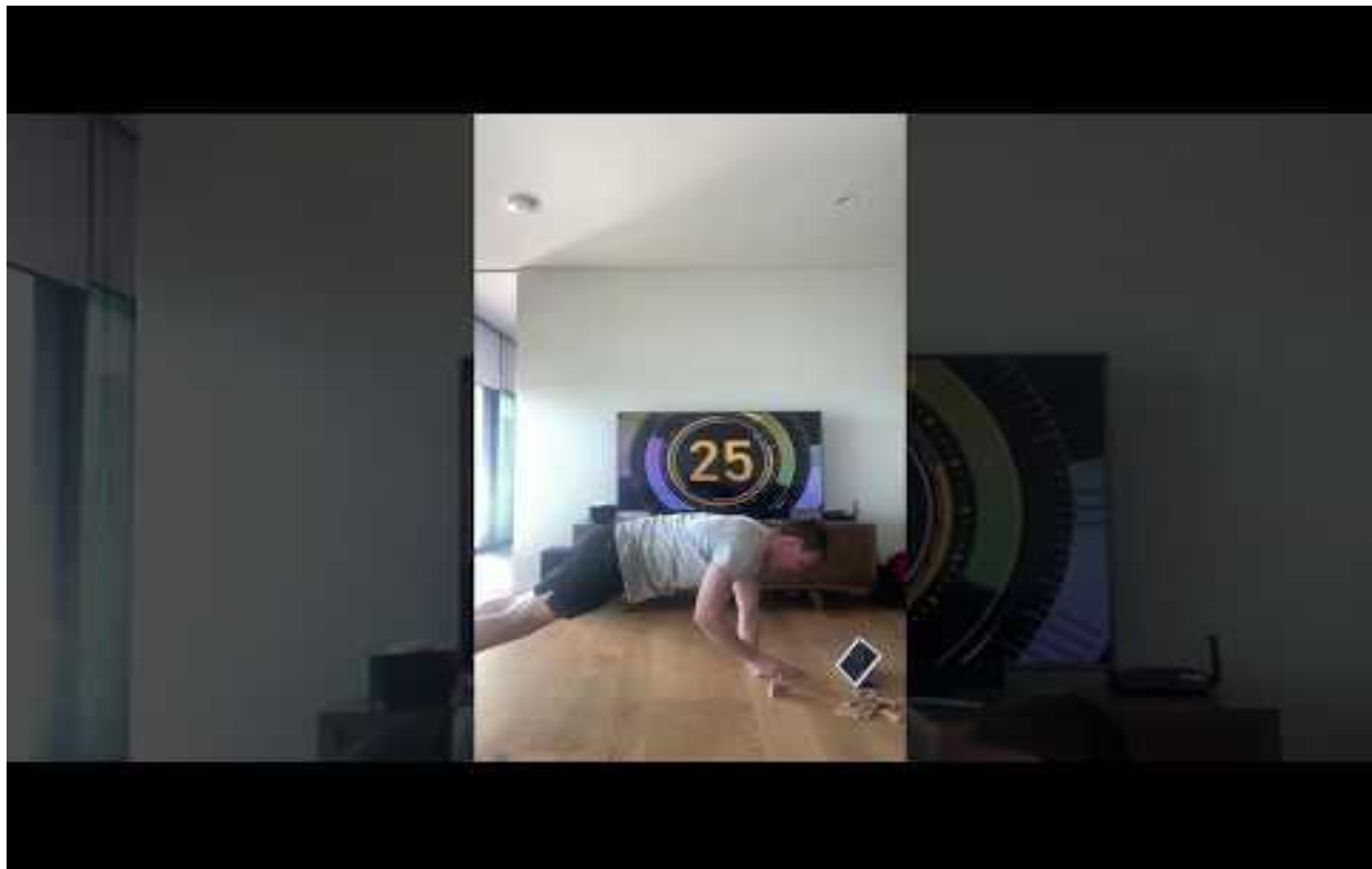
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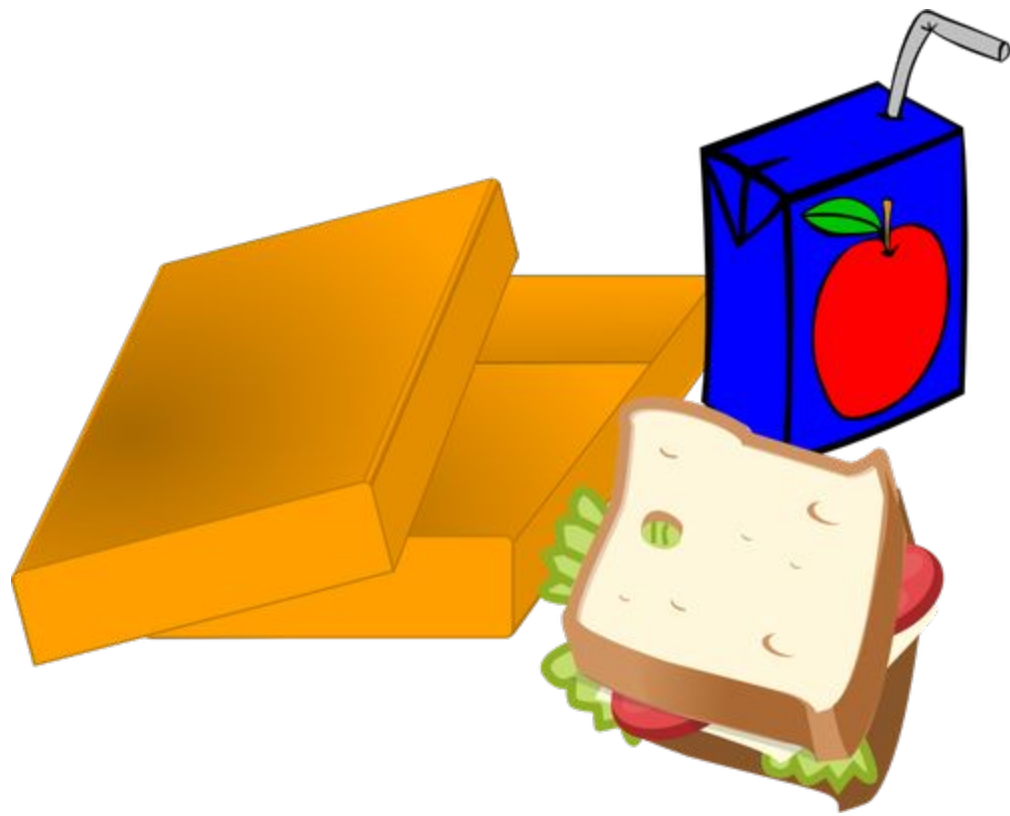
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If you have a ball, practice tossing and catching it or kicking it between your feet. Ask a family member to join you, or place an object on the ground and kick the ball around that. If you do not have a ball, a scrunched up piece of paper will do, or an empty plastic bottle.



LUNCH



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# TARONGA ZOO



# CREATIVE ARTS

Find a flat, hard surface and tap some rhythms on it. Try tapping the following phrases.

Hot dog, chicken and chips

Hot dog, sausage roll

Tap your name, tap the names of your family members and pets.

# WEEK 2 LEARNING JOURNAL

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:
Student's signature:	Student's signature:	Student's signature:	Student's signature:	Student's signature:
Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature:

SUPPORT UNIT 3-6P

TERM 3

**Week 3**



SUPPORT UNIT 3-6C  
TERM 3

**Week 2**

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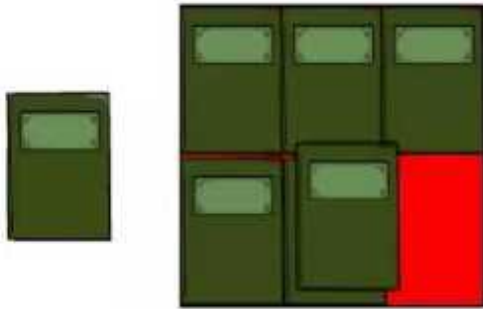
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MONDAY

# MATHS

## INTRODUCTION TO AREA

How many books cover the desk?



books cover the desk

In your bedroom, look at an object on the floor. Estimate how many pieces of that object you would need to cover your bed or your desk. E.g I think I would need 30 shoes to cover my bed. Now check your estimate.

# GROSS MOTOR SKILLS



Do 10 shoulder rolls forwards and 10 shoulder rolls backwards, 10 star jumps, 10 windmills (swing your arms around as you touch your toes) take 5 deep breaths and do them again, another 3 times, taking 5 deep breaths each time.

# SPELLING

Spell &  
Read

car



bus



apple



# READING

Find a magazine, book or shopping catalogue to read. Read for 10 minutes.

Write down the name of the book, magazine, catalogue and 5 interesting words from it.





# CRUNCH & SIP



# WRITING

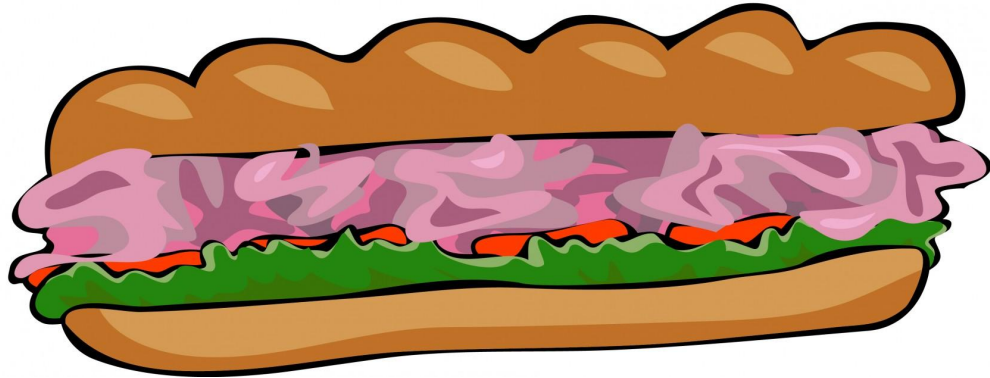
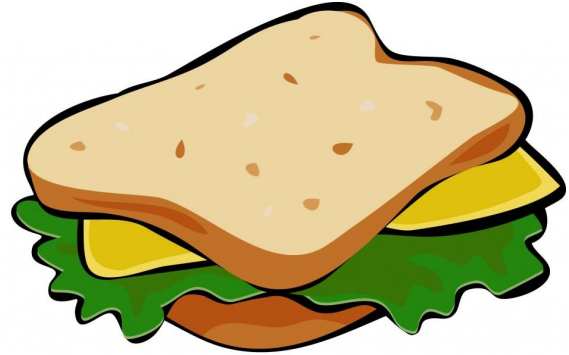
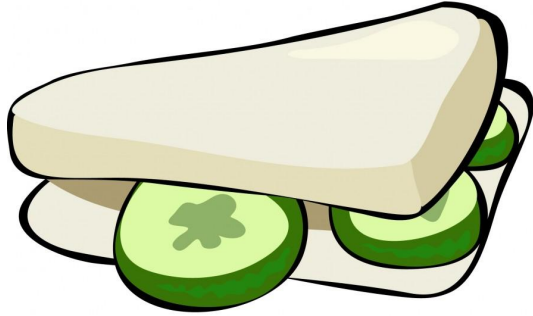
Write 2 sentences about your favourite toy. Remember to include who, what, when, where, why, capital letter and full stop. Now write the sentence again, all in capitals.

# SPOT THE DIFFERENCE



Mark the differences on one of the pictures of the Spot the Difference below, then colour in the other picture.

RECESS



# MATHEMATICS

Look around your house and list 10 items that have numbers on them. Try not to use only foodstuffs.

e.g my shoes are a size 8, my pyjamas are a size 10, 1kg flour

# FITNESS TIME!

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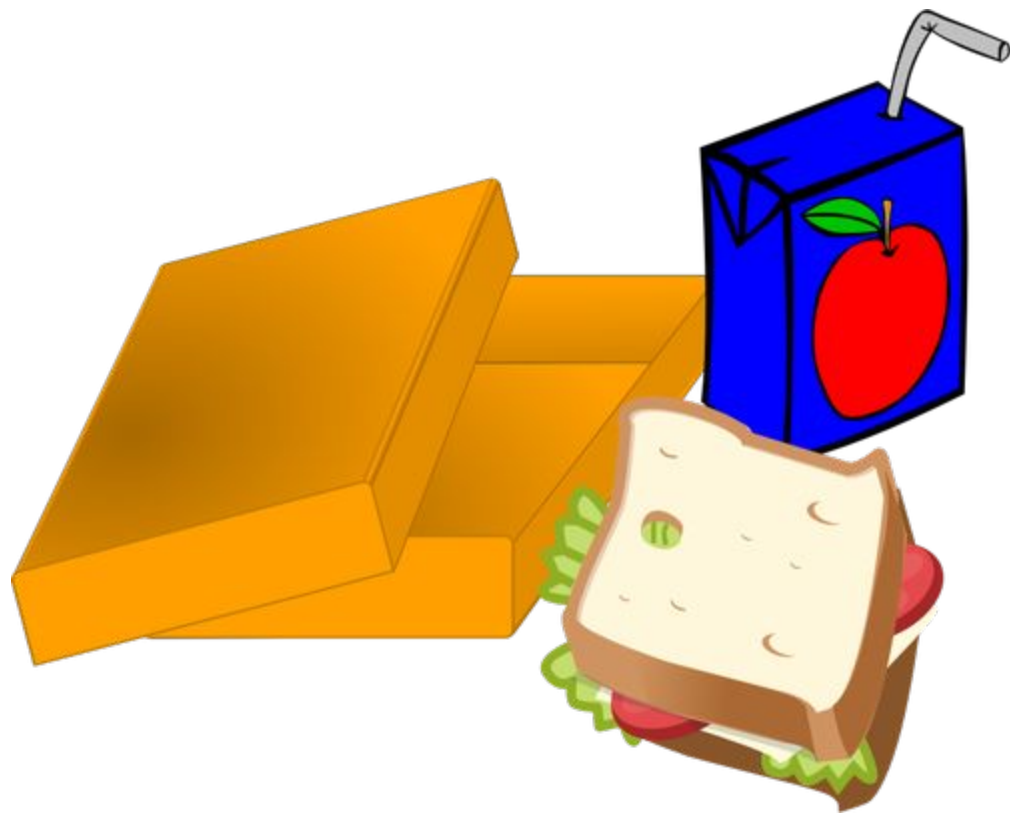
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LUNCH





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TUESDAY

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
\*where social distancing allows

## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

45–60 mins - English

30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

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# SCIENCE



Go outside and find a flower or leaf. Smell it. In your work book, draw the flower or leaf. Describe how it smelt - strong, faint, sweet, awful. If you know the name of the flower or leaf, write it under your drawing.

# GROSS MOTOR SKILLS



Go outside and side gallop from the front of the house to the front fence and back to the house, take 5 deep breaths, then gallop again, 5 deep breaths and gallop again. Do 10 touch toes, keeping your legs straight, 10 arm circles forwards and 10 arm circles backwards. Shake your arms, then each leg.



# SPELLING

Using the words you found yesterday in your reading, put them into alphabetical order.

Practise spelling those words by covering each word and writing it again from memory, five times.

# READING



— THE —  
STORY  
TIME  
FAMILY

BOOKS  
FOR KIDS



# BE KIND

Pat Zietlow Miller

Illustrated by Jen Hill

# CRUNCH & SIP

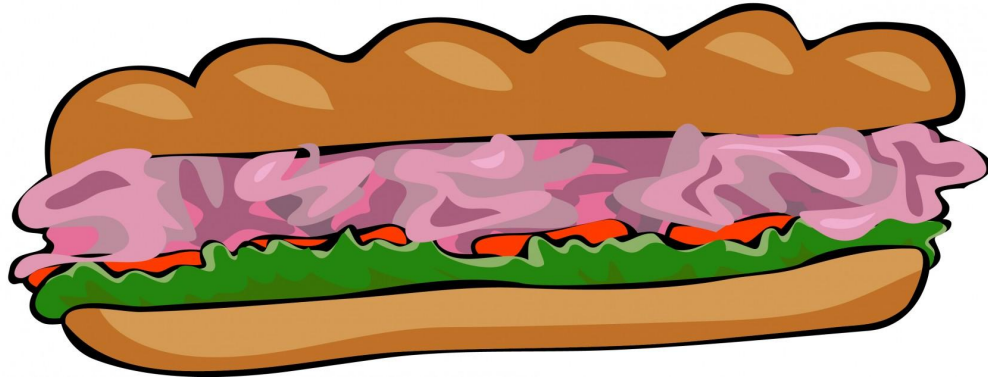
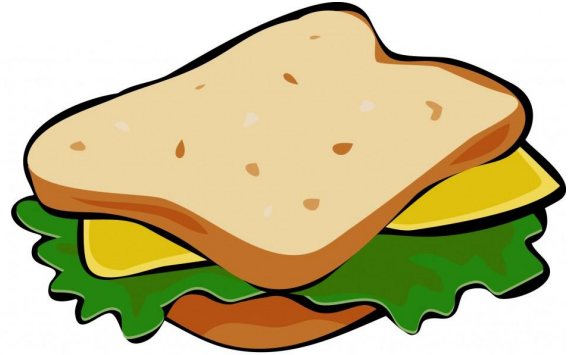
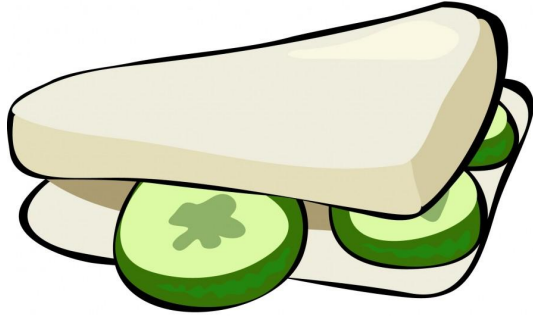


# WRITING

If allowed, make your own toast or sandwich, have a glass of milk. Write or draw what you put on your sandwich or bread. Cut it into four pieces. Draw how you cut it - small squares, equal length strips or triangles.

Write a sentence using the word 'bread'. Rewrite your sentence using your other hand and compare the difference in neatness.

RECESS



# MATHEMATICS

Find all your socks and count them by twos. Find a pair that has a pattern on it. Draw a sock shape and draw the pattern on it.

# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

Or click on the link to participate in some online fitness activity

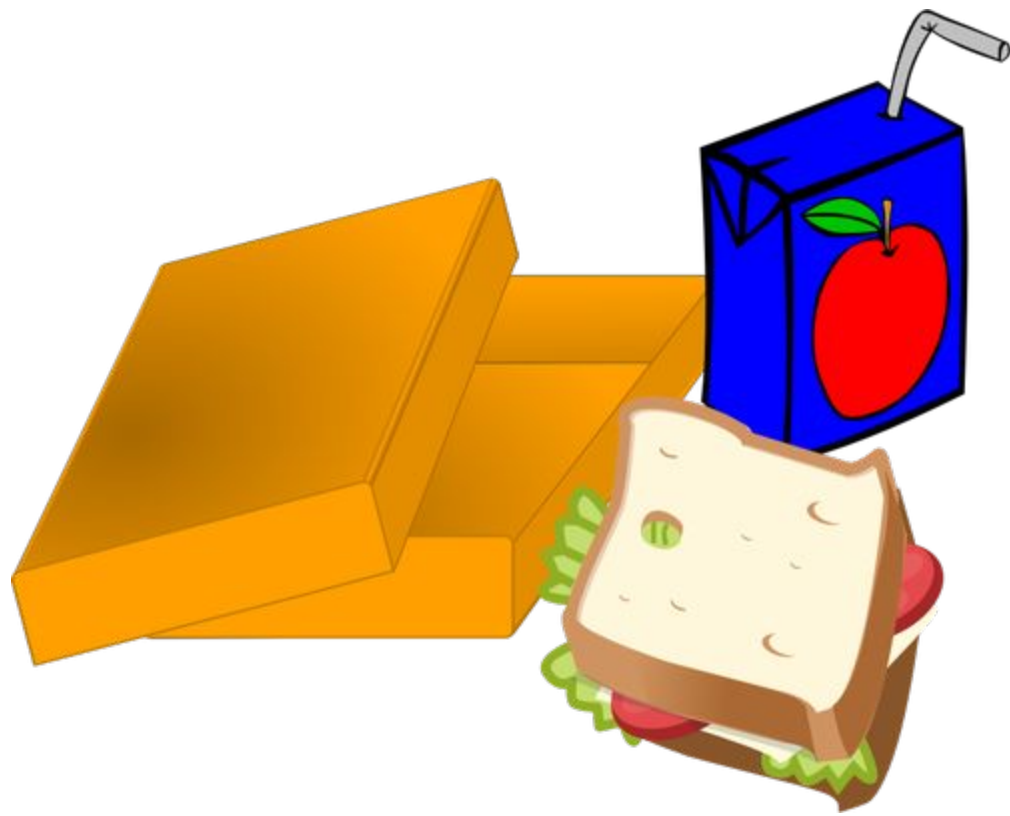
<https://app.education.nsw.gov.au/sport/Bodycontrol>







LUNCH



# SCIENCE

Which ice cube will melt faster - one in your mouth or one in your hand? Write down your answer then check it if you have ice cubes at home. Put one in your mouth and one in your hand. Stand over a basin or outside so that you do not wet the floor. Which ice cube melted faster (without chewing the one in your mouth)?

# WEBSITES TO VISITS

<https://www.abc.net.au/abckids/early-education/>

<https://sites.google.com/education.nsw.gov.au/tau-home-dinosaur-dig>

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Or on Facebook [#LearnFromHome](#)

TARONGA ZOO



# KEEPER Q & A



In collaboration with  
**SQUIZ  
KIDS**  
FUN & FRESH NEWS FOR KIDS

WEDNESDAY

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

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## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

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30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

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# RIDDLE



Ask a family member the following riddle, let them guess before you give the answer.

Q. Why didn't the chicken cross the road?

Move the box below to find the answer.

If you are completing your work on paper, send an email to Ms Carter or send a message on Class Dojo to ask for the answer!

[olivia.carter@det.nsw.edu.au](mailto:olivia.carter@det.nsw.edu.au)



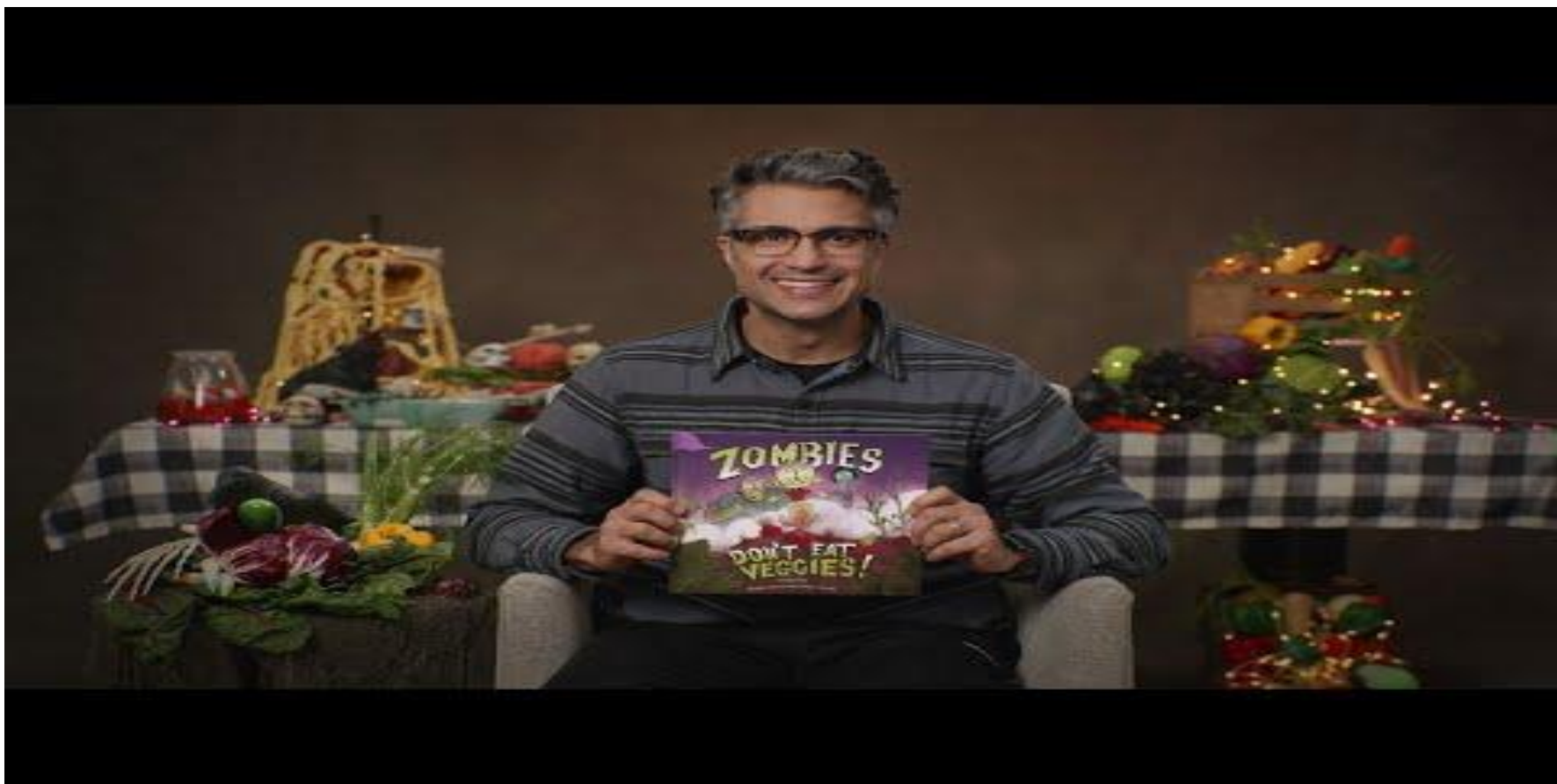
# GROSS MOTOR SKILLS



Outside, if possible, do 20 jumps forwards, 20 walking backwards steps, take 5 deep breaths, waddle like a duck for 20 waddles, crab walk back to where you started, take 5 deep breaths, then repeat the routine another 3 times.

# READING

Cuddle up with your pet or favourite toy and read for 10 minutes. Use two of your words from Monday in sentences, in your work book. Read for another 10 minutes.



# CRUNCH & SIP

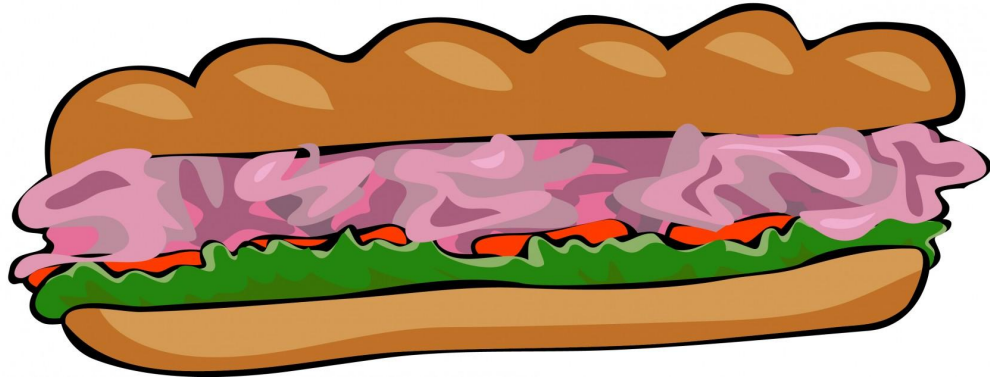
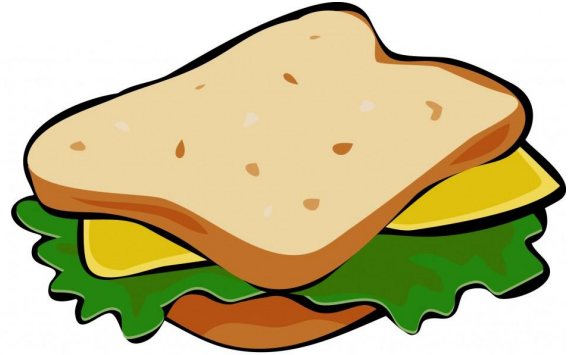
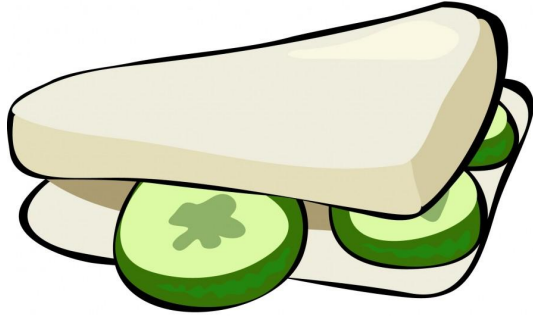


# WRITING

Write down 3 facts you know about ducks, using full sentences. Use what, when, where, why in your sentences and capital letters and full stops.

e.g Ducks like swimming in the water. (I used what and where)

RECESS



# MATHEMATICS

Use one of your sentences from this week. Tally how many times each letter has been used.

e.g Ducks like swimming in the water.

D - 1

U - 1

K - 2

S - 2

I - 4

Write down which letter was used the most. Which letter was used the least? How many letters were used altogether? List the letters that were not used at all.

# FITNESS TIME!

Describe what fitness activity you completed today (20–30 minutes)

Or click on the link to participate in some online fitness activity

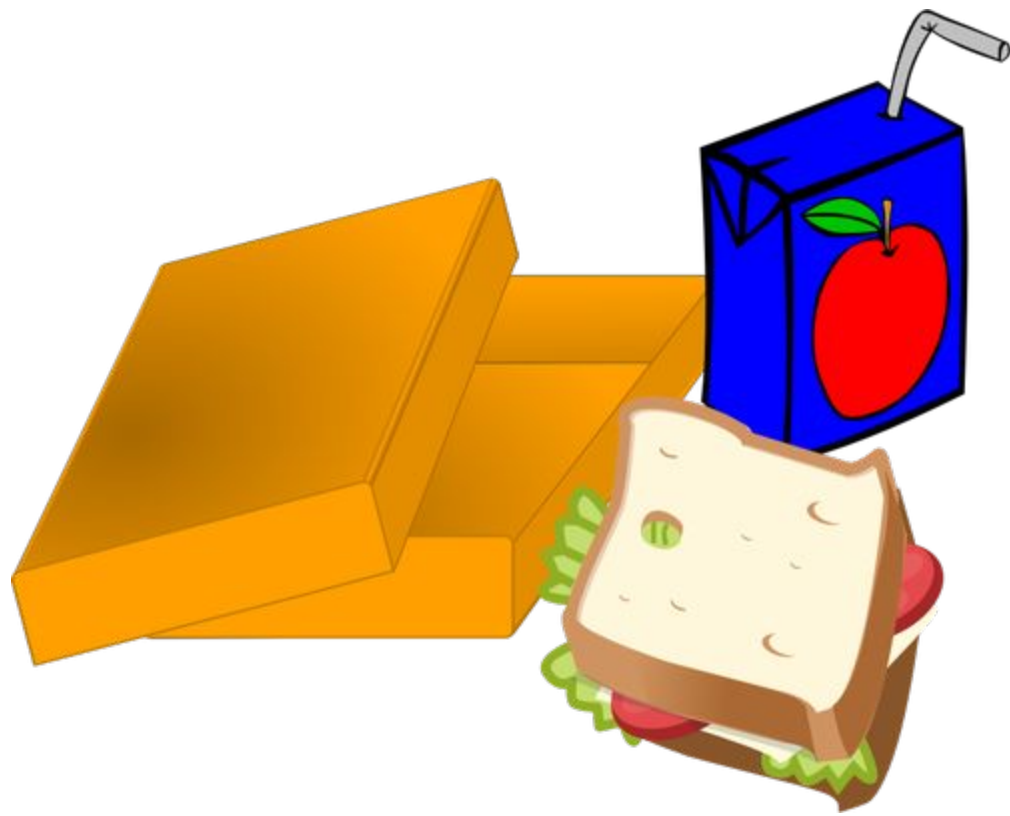
<https://app.education.nsw.gov.au/sport/Bodycontrol>







LUNCH



# CREATIVE ARTS

In your work book, draw the piece of food and give it some clothes.



# HISTORY

Ask your family members for the names of all the places where they have lived, write them down. Ask them which place they liked the best and why, which place they liked the least and why. Write their responses.

# WEBSITES TO VISITS

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<https://sites.google.com/education.nsw.gov.au/tau-home-dinosaur-dig>

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Or on Facebook [#LearnFromHome](#)

# TARONGA ZOO



THURSDAY

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

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## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

45–60 mins - English

30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

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# FOOD PREP



If allowed, cut a piece of bread into four small pieces, put four different spreads or toppings on the bread. Taste each one, name and write them from favourite to least favourite taste.

# GROSS MOTOR SKILLS



Do 10 shoulder rolls forwards and 10 shoulder rolls backwards, 10 star jumps, 10 windmills (swing your arms around as you touch your toes) take 5 deep breaths and do them again, another 3 times, taking 5 deep breaths between each time.

SPELLING



3000

SIGHT WORDS

# READING

Find a new book or magazine. Cuddle up with your pet or favourite toy and read to it. Tell your pet or toy what you can see in the illustrations.

Choose 3 words, add 'ing', 'ed', 's' on, check the spelling, write them in your work book.

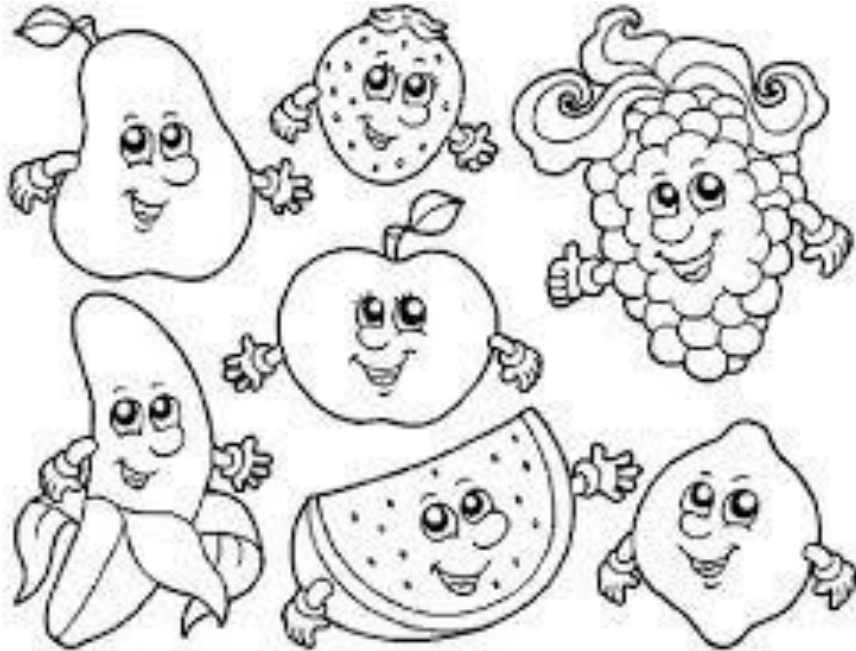
e.g shop = shopping, shopped, shops

# CRUNCH & SIP



# CREATIVE ARTS

Draw your piece of food and give it some hands.

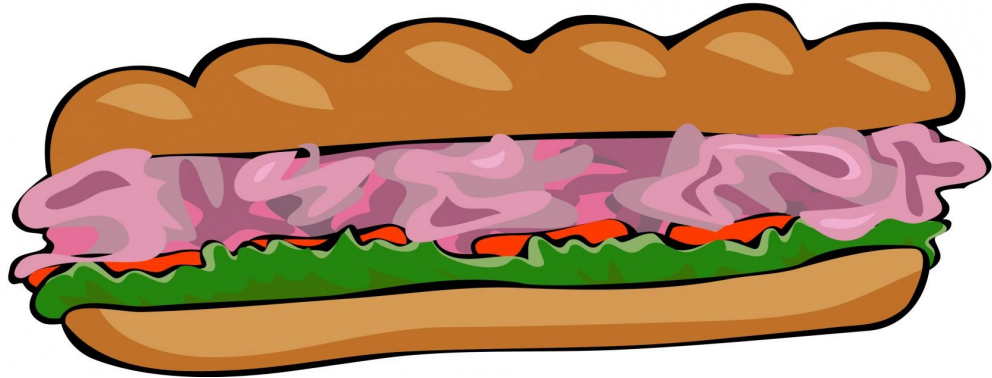
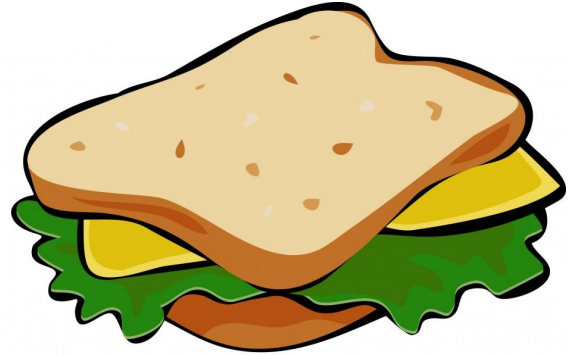
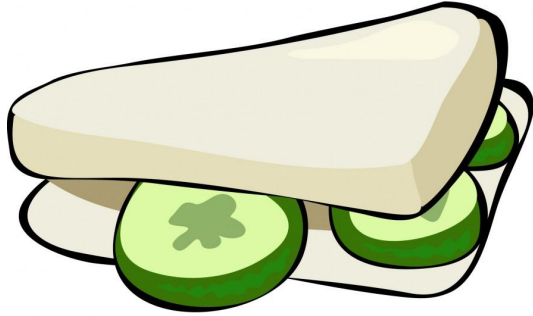


How to  
Draw a  
Hand



Check out this video about how to draw a hand.

RECESS

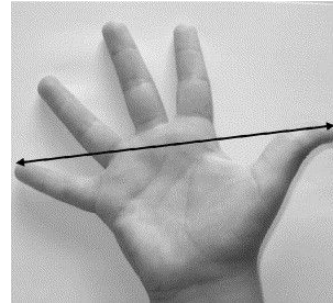


# MATHEMATICS

Choose 3 pieces of furniture, e.g height of chair, length of lounge, width of dining table. Write down the item of furniture and your guess of how many hand spans you need to measure the distance of each item. E.g I guess the length of the lounge would be 7 hand spans. Then measure and record the measurement.

e.g lounge, guess = 7, length is 10.

Remember, a hand span is from the end of your thumb to the end of your little finger, with your fingers spread out.





# FITNESS TIME!

Describe what fitness activity you completed today (20–30 minutes)

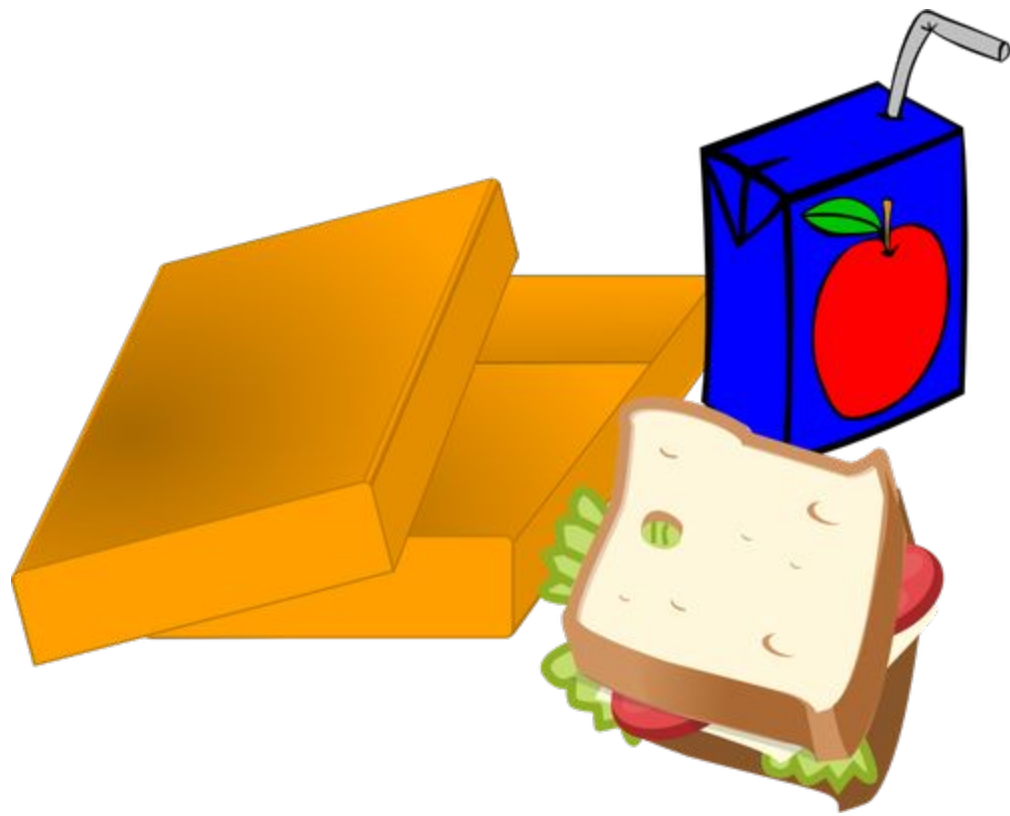
Or click on the link to participate in some online fitness activity

<https://app.education.nsw.gov.au/sport/Bodycontrol>





LUNCH



# MORE CREATIVE ARTS

From a shopping catalogue, find 3 of your favourite foods and tear them out, using your fingers, not scissors. Put them in your work book.

# WEBSITES TO VISITS

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# TARONGA ZOO



FRIDAY

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

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## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

45–60 mins - English

30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

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# RIDDLE TIME!



Find a family member, trace letters or numbers on his/her back and see if he/she can guess what you have written. Ask a family member to trace letters or numbers on your back and you guess what was written.

# GROSS MOTOR SKILLS



Go outside and side gallop from the front of the house to the front fence and back to the house 3 times, take 5 deep breaths, then gallop again, 5 deep breaths and gallop again. Do 10 touch toes, keeping your legs straight, 10 arm circles forwards and 10 arm circles backwards. Shake your arms, then each leg.

# SPELLING

Read a book or magazine for 10 minutes, to your mirror reflection.

Choose 3 words from your reading. Write 3 rhyming words for each of them.

Practice saying the following tongue twister.

Ask family members to say it with you.

*Betty bought butter but the butter was bitter, so Betty bought better butter to make the bitter butter better.*

# READING

## Carla's Sandwich



Aunty's  
House

# CRUNCH & SIP



Have a piece of fruit or fresh vegetable. Draw your piece of food and give it sunglasses.

Touch 8 different pieces of furniture. Name each item and say whether it is soft or hard.

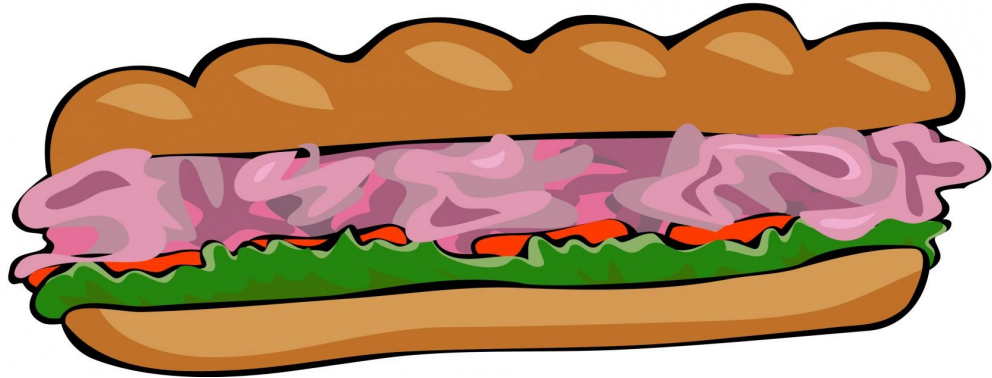
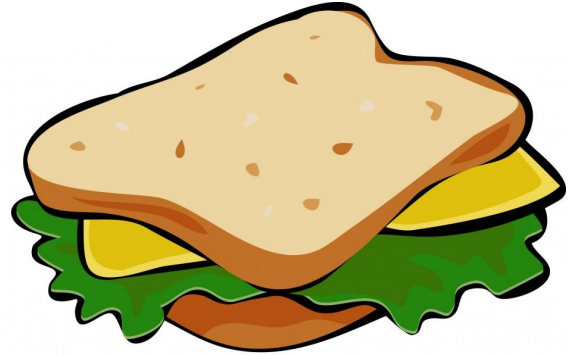
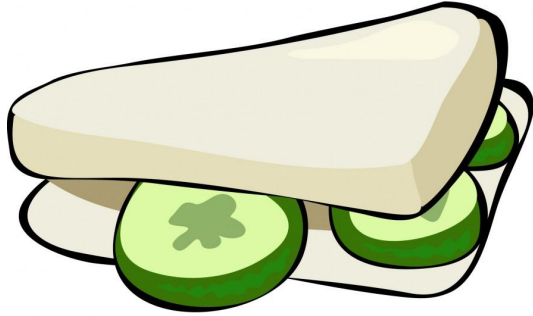
e.g chair = hard, cushion = soft

# WRITING

Sit outside and look at something in your yard. Draw it and write about it.

Remember who, what, when, where,  
capital letter and full stop.

RECESS



# MATHEMATICS

Play tic, tac, toe with a family member. # (noughts & crosses)

Recite the days of the week

Recite the months of the year

Count by twos, fives, tens to 100 or from 100 to 200

Count by tens to 100 on and off the decade

Read the time on a digital clock and change it to analog time, before and after dinner and when you go to bed



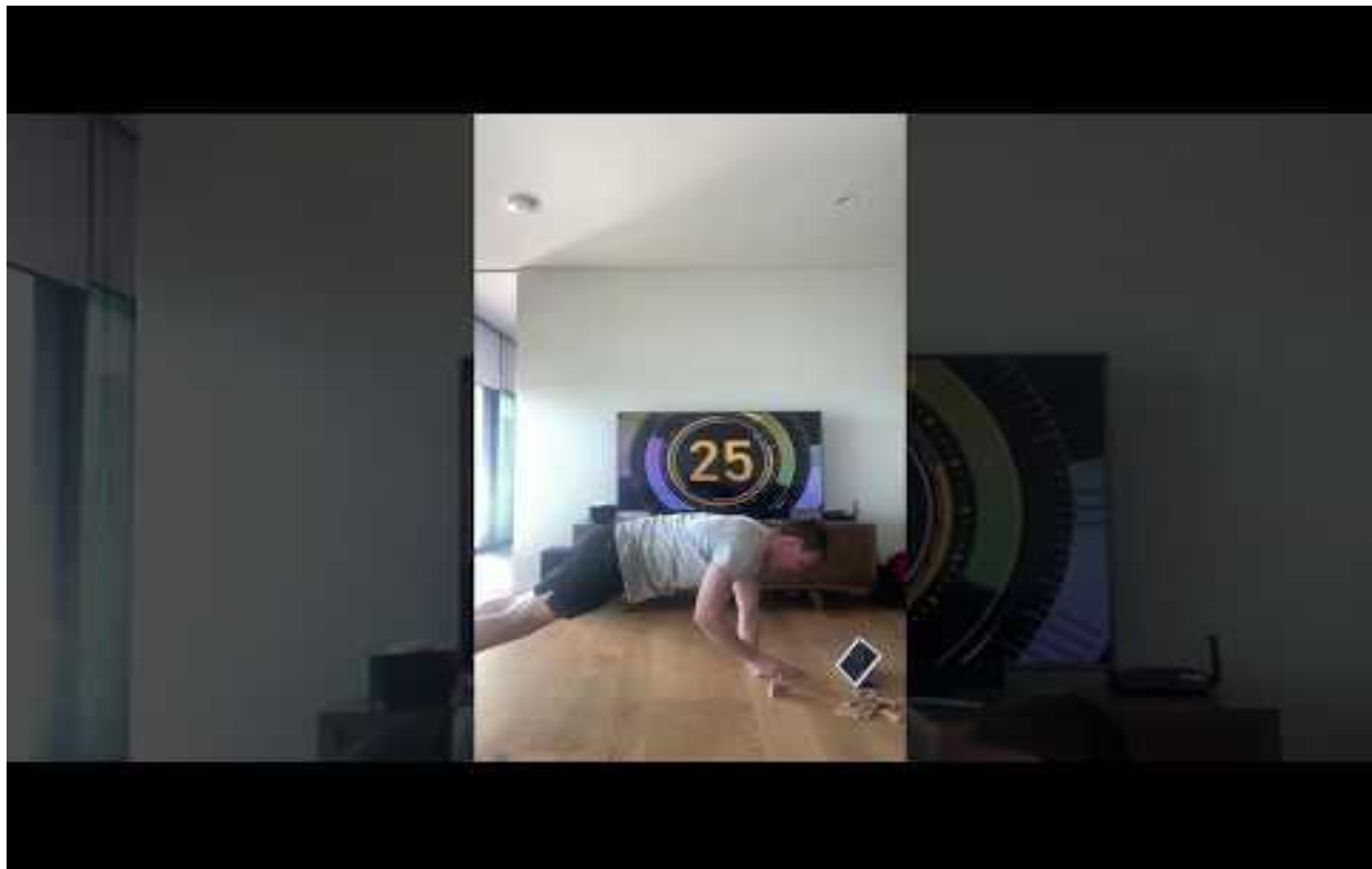
# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

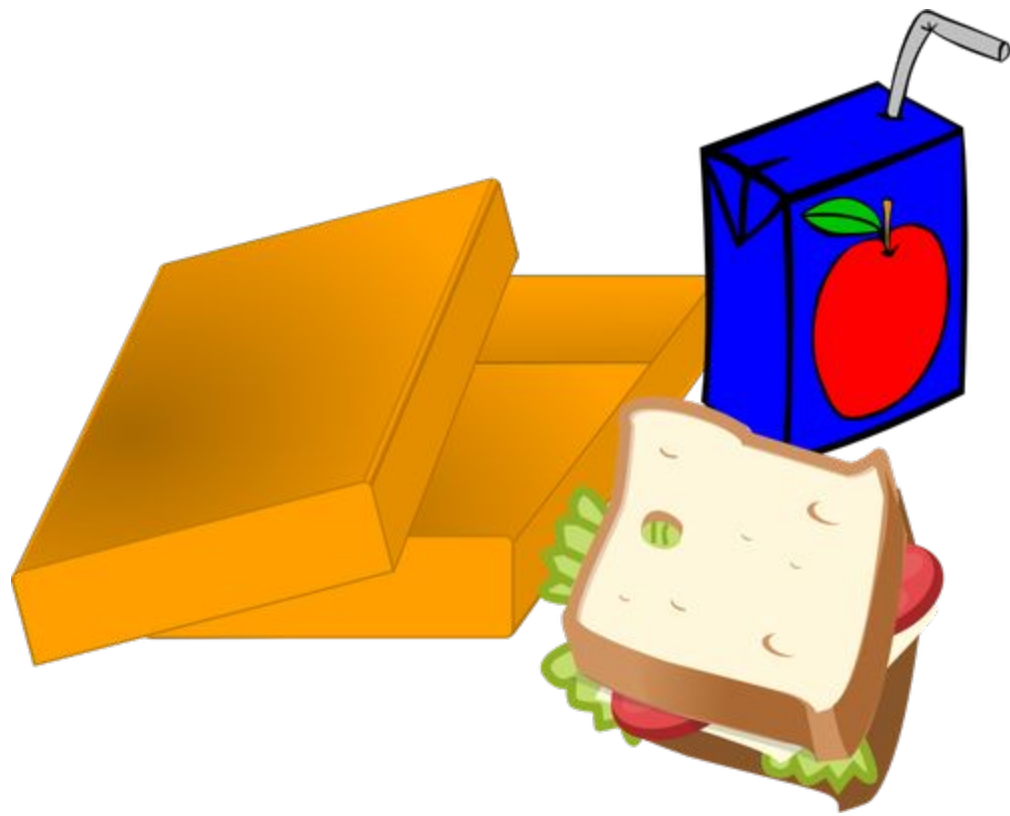
Or click on the link to participate in some online fitness activity

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If you have a ball, practice tossing and catching it or kicking it between your feet. Ask a family member to join you, or place an object on the ground and kick the ball around that. If you do not have a ball, a scrunched up piece of paper will do, or an empty plastic bottle.



LUNCH



# WEBSITES TO VISITS

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<https://sites.google.com/education.nsw.gov.au/tau-home-dinosaur-dig>

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# TARONGA ZOO



# CREATIVE ARTS

Find a flat, hard surface and tap some rhythms on it. Try tapping the following phrases.

Hot dog, chicken and chips

Hot dog, sausage roll

Tap your name, tap the names of your family members and pets.

# INFORMAL LEARNING

Dear parents and carers,

Any informal learning that you complete with your child can be added to their learning journal and count towards learning hours.

These activities could be measuring, preparing and cooking food, gardening, reading, learning to tie shoelaces etc. Any activities that give your child opportunities to develop their independence can be included.

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

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## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

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MONDAY

# USING YOUR SENSES-SIGHT

In your bedroom, find an article of clothing. Estimate how many pieces of that clothing you would need to cover your bedroom window. E.g I think I would need 6 t-shirts to cover my window. Now check your estimate.



# FITNESS

Do 10 shoulder rolls forwards and 10 shoulder rolls backwards, 10 star jumps, 10 windmills (swing your arms around as you touch your toes) take 5 deep breaths and do them again, another 3 times, taking 5 deep breaths between each time.

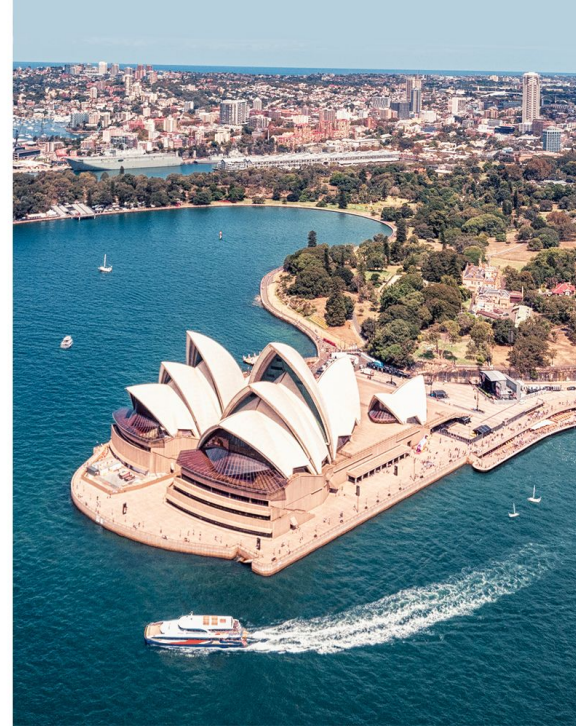


# A SENTENCE A DAY



Write 2 sentences about your favourite t-shirt. you may like to describe it, tell where it was bought, who bought it. Now write the sentences again, all in capitals.

# CRUNCH & SIP / SPOT THE DIFFERENCE



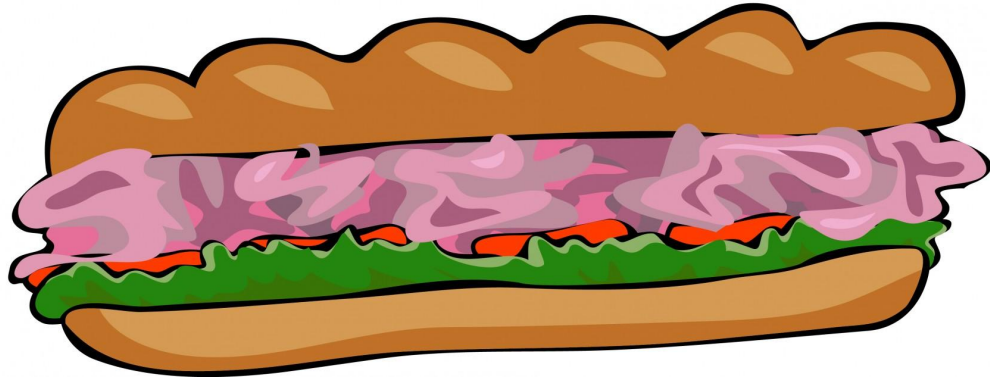
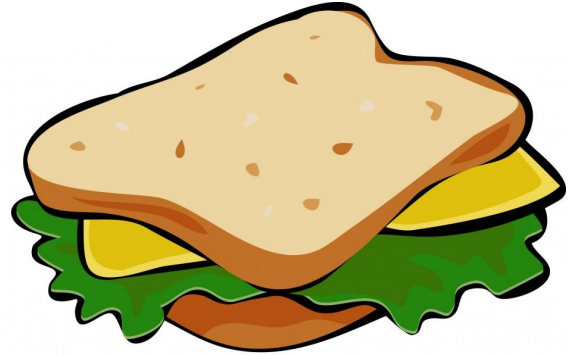
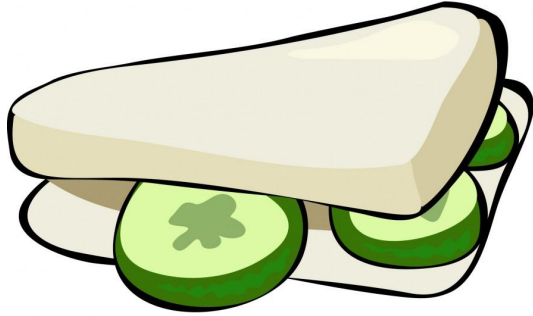
# READING/ SPELLING/ WRITING

Find a magazine, book or shopping catalogue to read. Read for 10 minutes.

Write down the name of the book, magazine, catalogue and 5 interesting words from it.



RECESS



# MATHEMATICS

Look in your bathroom and list 10 items that have numbers on them. Try to use a variety of different products. E.g  
deodorant = 50ml, soap = 125g,  
toothpaste = 110g





# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

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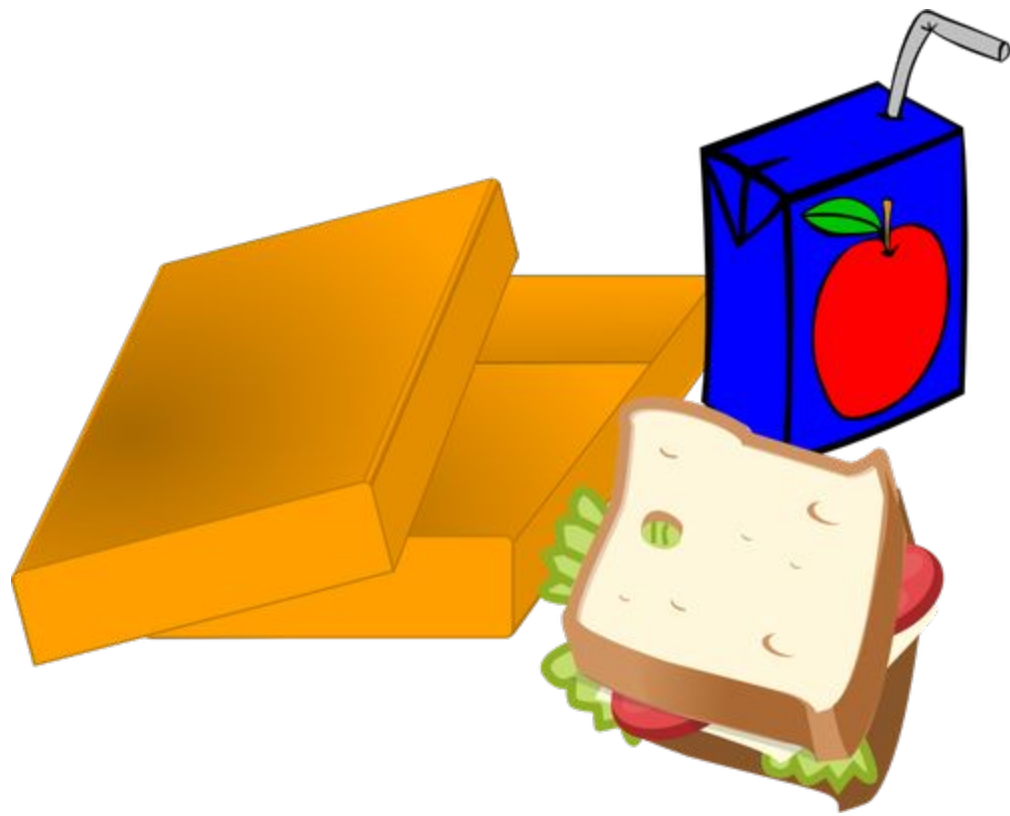
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# STORY TIME!



LUNCH





# UNPLUGGED

Find two clean socks. Put one sock on your hand and give the other sock to a family member. Pretend they are puppets and talk about what you have did on the weekend.

You may like to write down what you talked about, in your work book.



TUESDAY

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Kindergarten

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# USING YOUR SENSES- SMELL

Go outside and find a flower or leaf. Smell it. In your work book, draw the flower or leaf. Describe how it smelt - strong, faint, sweet, awful. If you know the name of the flower or leaf, write it under your drawing.





# FITNESS

Go outside and side gallop from the front of the house to the front fence and back to the house, take 5 deep breaths, then gallop again, 5 deep breaths and gallop again. Do 10 touch toes, keeping your legs straight, 10 arm circles forwards and 10 arm circles backwards. Shake your arms, then each leg.



# READING/ SPELLING/ WRITING

Using the words you found yesterday in your reading, put them into alphabetical order. Practice spelling those words by covering each word and writing it again from memory, five times.

Choose one word and make smaller words using those letters

e.g slice = ice, lice, is, lie



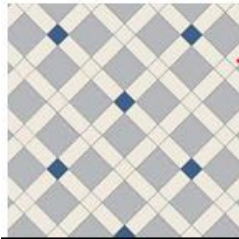
# CRUNCH & SIP



# MATHEMATICS

Find a room that has a pattern on the floor, maybe tiles in the bathroom. Draw the pattern in your work book. How many different tiles were used to make that pattern. Describe the tiles. Or you may choose one these designs.

e.g, first pattern below - It uses 3 colours -light blue, dark blue, white. It uses 3 sizes - large square, small square, rectangle.



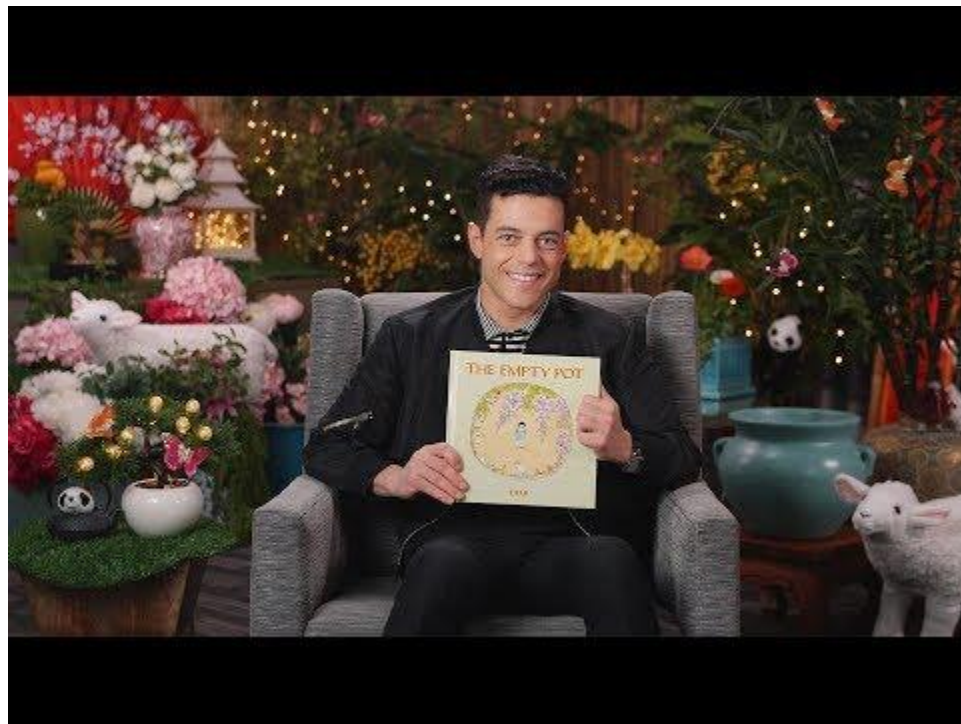
# COOKING

If allowed, make your own toast or sandwich, have a glass of milk. Write or draw what you put on your sandwich or bread. Cut it into four pieces. Draw how you cut it - small squares, equal length strips or triangles.

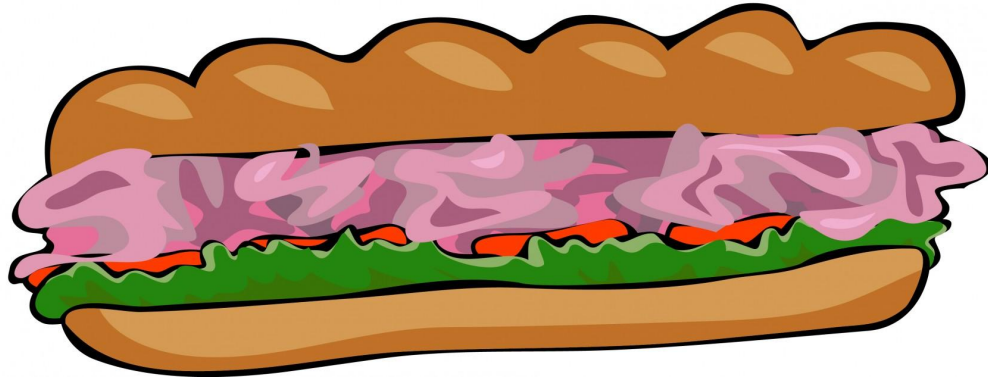
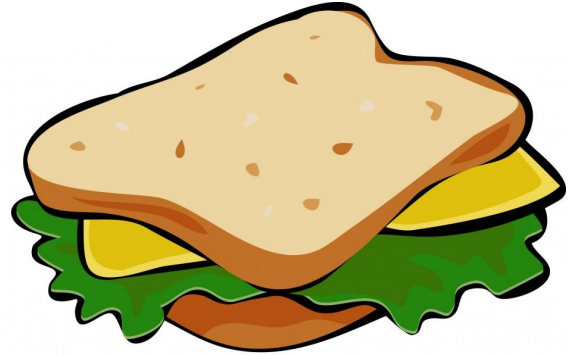
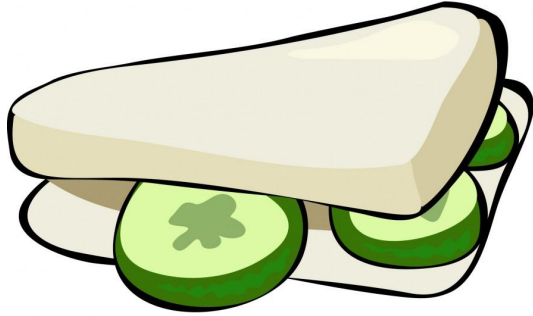
Write a sentence using the word 'slice'. Rewrite your sentence using your other hand and compare the difference in neatness.



STORY TIME!



RECESS



# FITNESS TIME!

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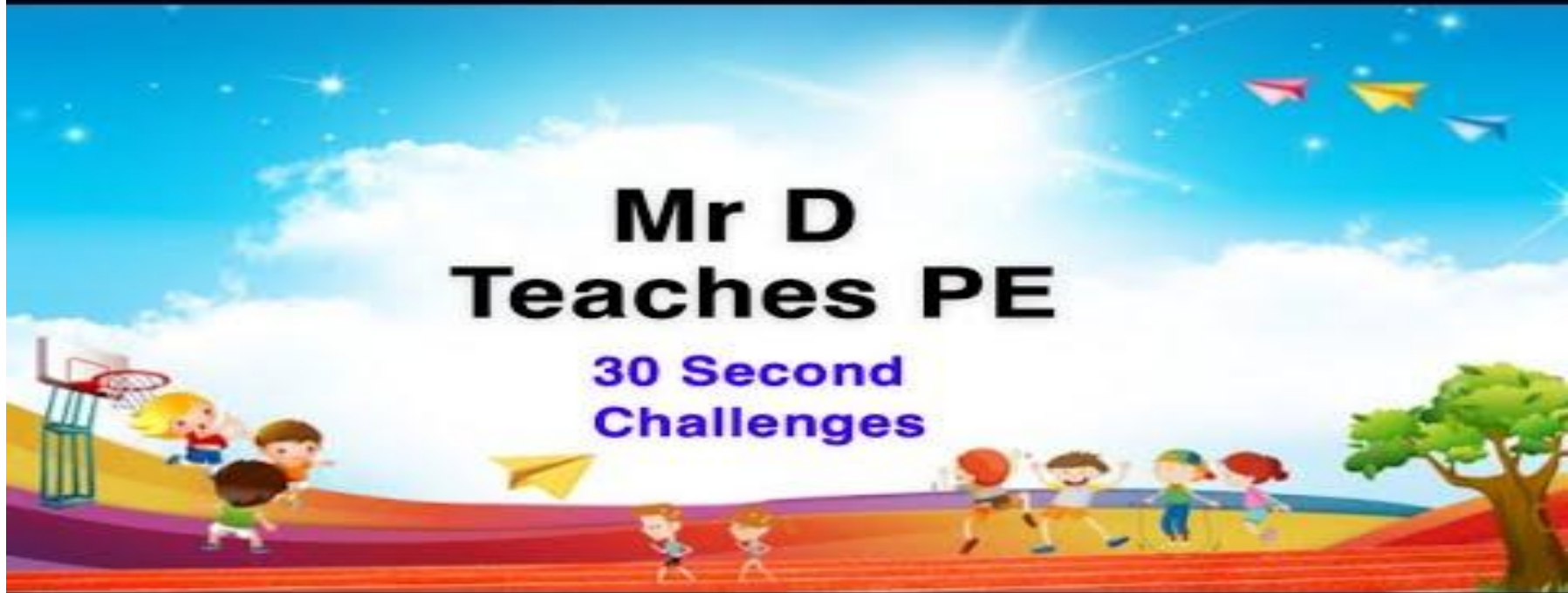
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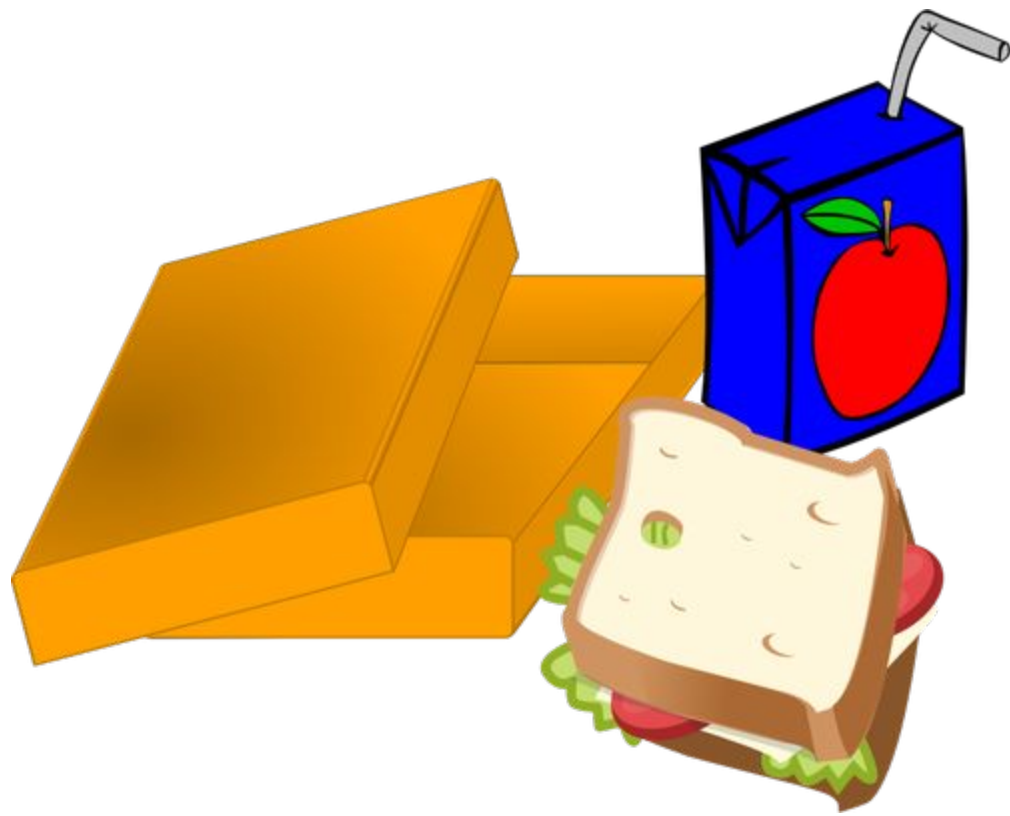


# Mr D Teaches PE

30 Second  
Challenges



LUNCH



# SCIENCE

Fill a cup with water and take it outside. Pour it on a hard surface. Refill the cup and stand it next to the water you have poured. Which water will evaporate quicker? Why? How long do you think each water will take to evaporate? Time them. Write your answers in your book.

Evaporate= when water disappears into the air.



WEDNESDAY

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**Other activities:** wellbeing, sport, physical activity\*

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# USING YOUR SENSES- HEARING

Ask a family member the following riddle, let them guess before you give the answer.

Q. Why did the chicken cross the road to KFC?

A. *To visit the family.*



# FITNESS

Outside, if possible, do 20 jumps forwards, 20 walking backwards steps, take 5 deep breaths, waddle like a duck for 20 waddles, crab walk back to where you started, take 5 deep breaths, then repeat the routine another 3 times.



# A SENTENCE A DAY



Write down 3 facts you know about chickens, using full sentences. Use what, when, where, why in your sentences and capital letters and full stops.

e.g Chickens take 21 days before they hatch out of an egg.



# CRUNCH & SIP

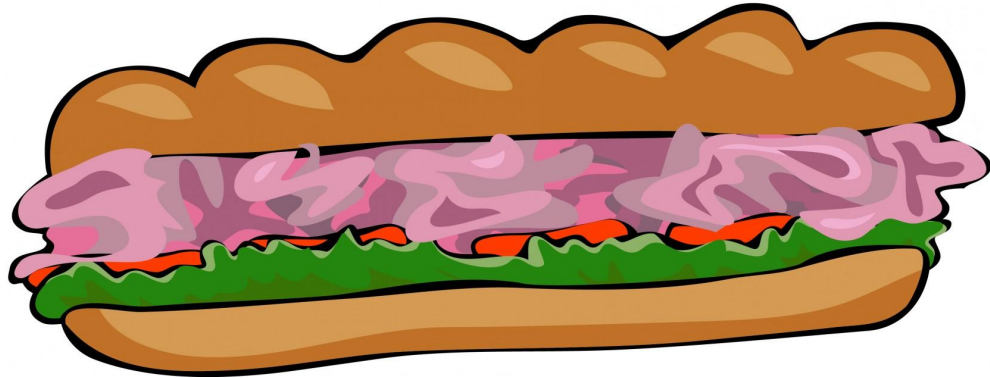
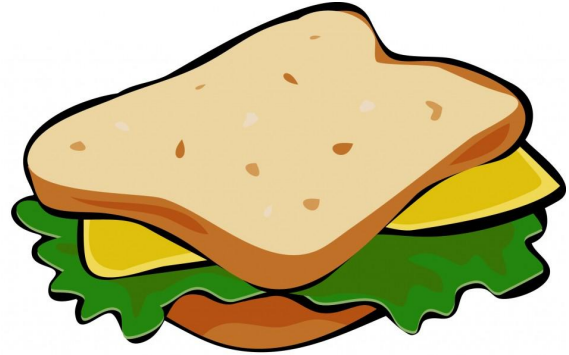
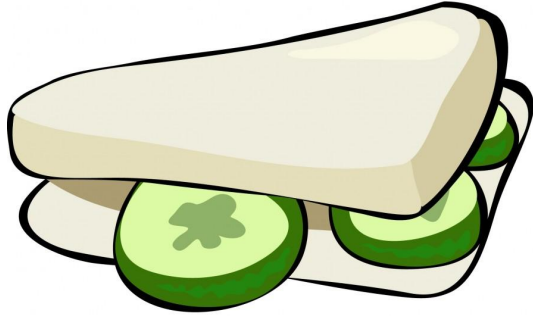


# READING

Cuddle up with your pet or favourite toy and read for 10 minutes. Use two of your words from Monday in sentences, write them in your work book. Read aloud for another 10 minutes by singing it to the tune of your favourite song.



RECESS



# MATHEMATICS

If allowed, sit in your front yard, or look out the window at the road. Keep a tally of how many different coloured cars go past your house in 20 minutes. Choose 5 colours.

e.g white cars = IIII

red = I

blue cars = II

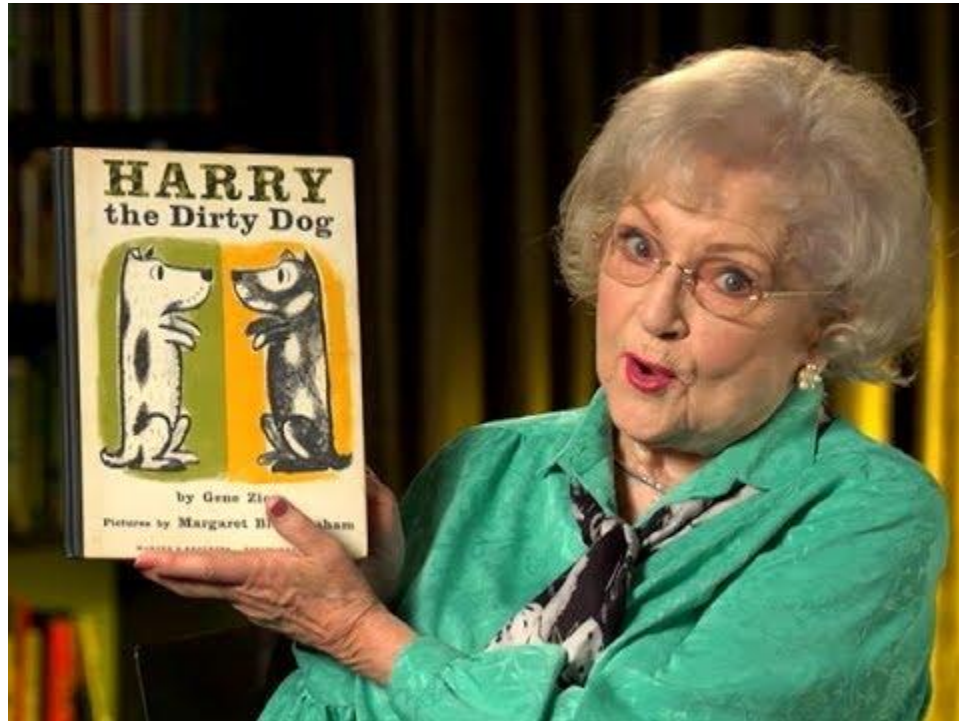
green = II

grey car = IIII III

Write down other colours you saw.



# STORY TIME!



# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

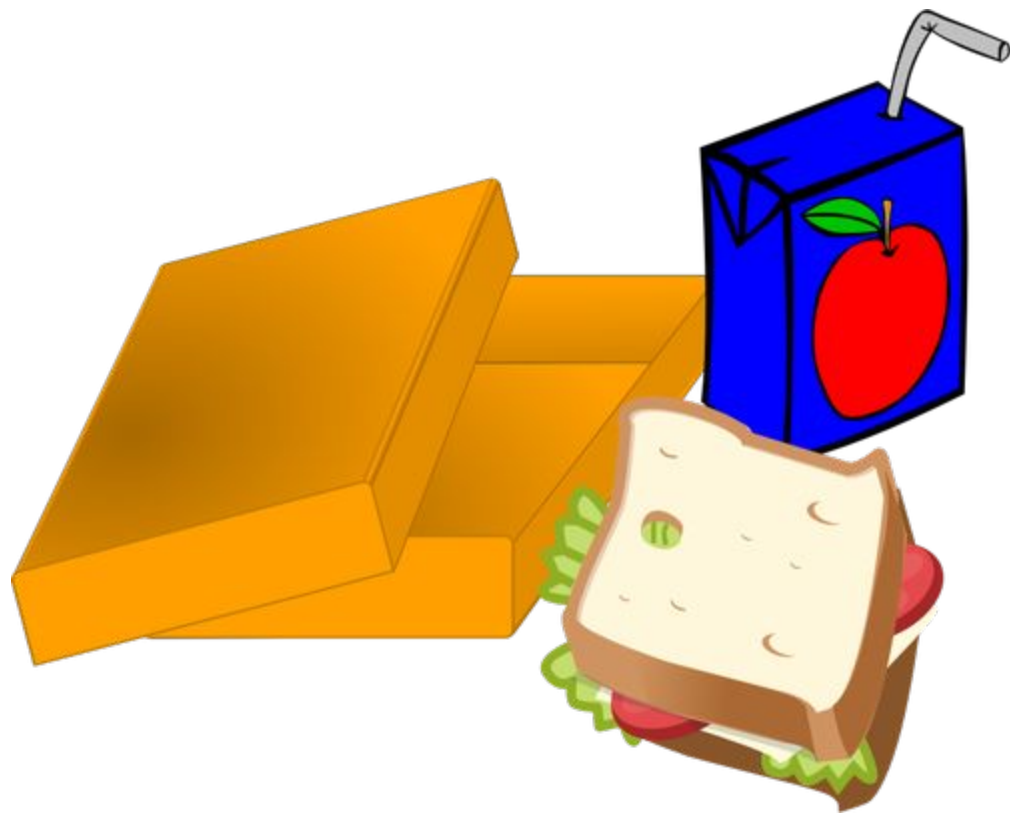
Or click on the link to participate in some online fitness activity

<https://app.education.nsw.gov.au/sport/Bodycontrol>





LUNCH





# HISTORY

Ask your family members of the names of all the places where you have visited as a family. Choose one of the places you don't remember and ask where you went, what you did there, how long you stayed.



THURSDAY

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
\*where social distancing allows

## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

45–60 mins - English

30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
\*where social distancing allows

# USING YOUR SENSES- TASTE

If allowed, choose 6 food items, taste them and decide which category they belong to, from the poster below. Write down or draw the food and the taste category it belongs to.



# FITNESS

Do 10 shoulder rolls forwards and 10 shoulder rolls backwards, 10 star jumps, 10 windmills (swing your arms around as you touch your toes) take 5 deep breaths and do them again, another 3 times, taking 5 deep breaths between each time.



# CRUNCH & SIP



# READING

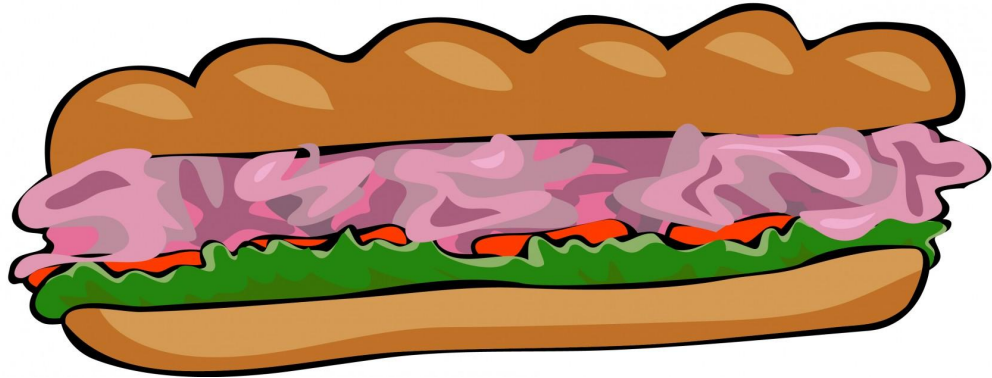
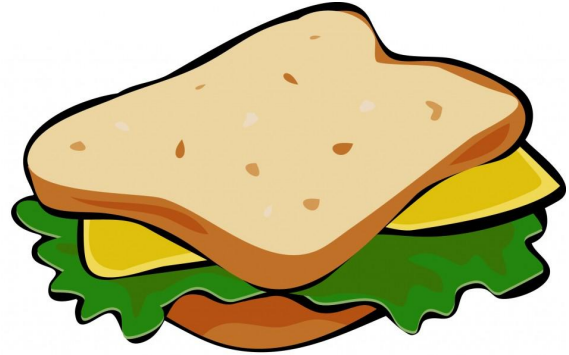
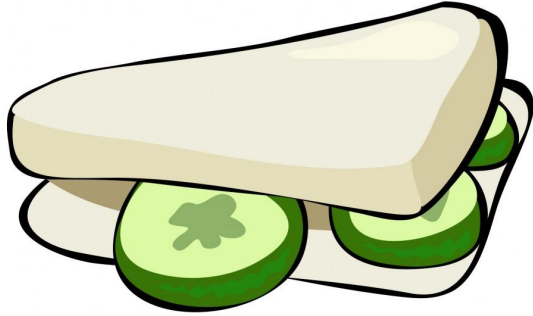
Find a new book or magazine. Cuddle up with your pet or favourite toy and read to it. Tell your pet or toy what you can see in the illustrations.

Choose 3 words, add 'ing', 'ed', 's' on, check the spelling, write them in your work book.

e.g shop = shopping, shopped, shops



RECESS





# MATHEMATICS

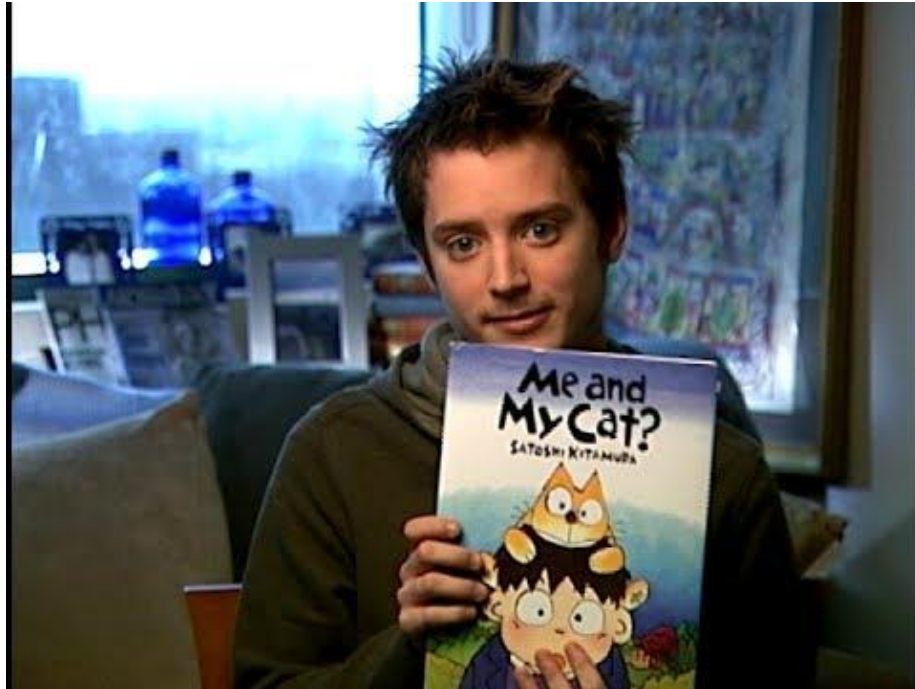
Choose 3 articles of clothing. Write down the clothing and your guess of how many hand spans you need to measure the length of each item. Then measure and record the measurement.

e.g jumper, guess = 4, length is 5.

Remember, a hand span is from the end of your thumb to the end of your little finger, with your fingers spread out.



# STORY TIME!



# FITNESS TIME!

Describe what fitness activity you completed today (20–30 minutes)

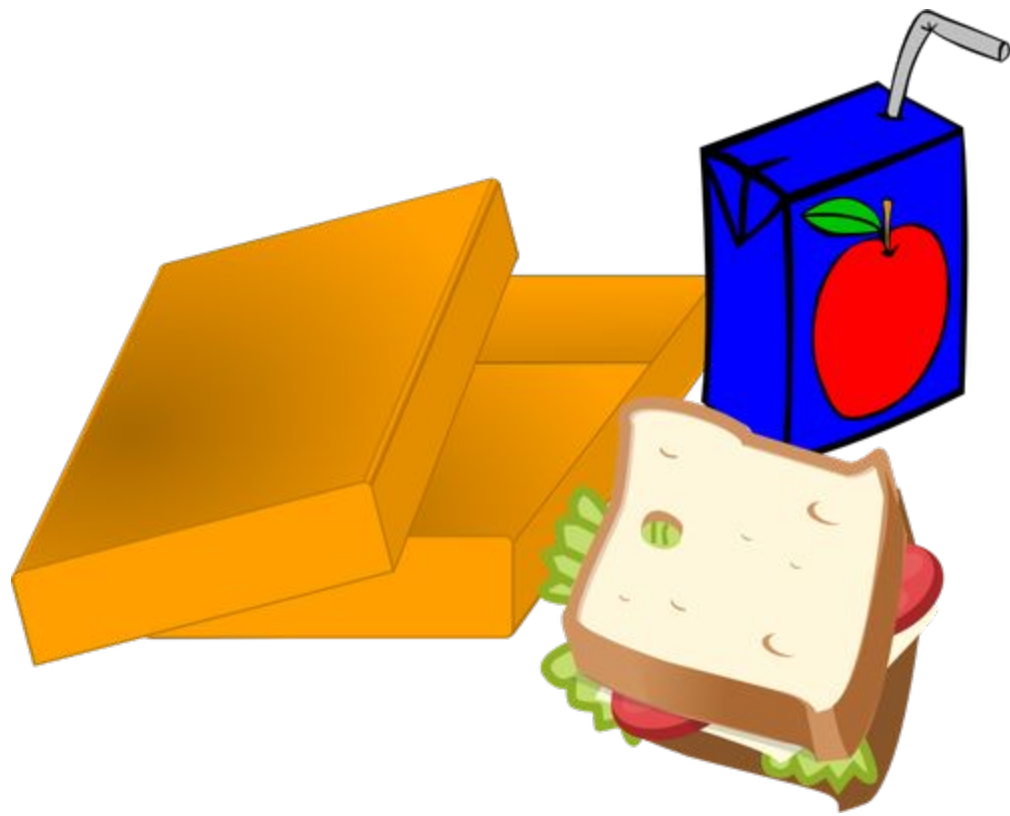
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LUNCH

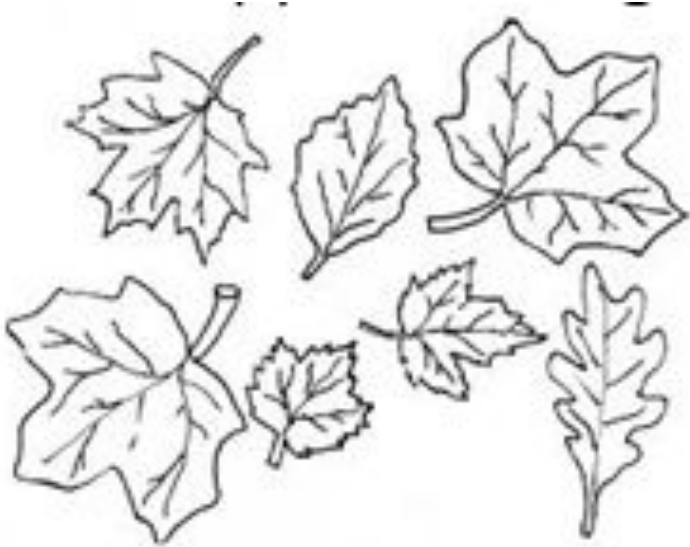




# CRAFT

From your garden, choose three different leaves.

Trace them into your book and copy the design of the veins of the leaves.



FRIDAY

## Early Stage 1

Kindergarten

## Stage 1

Year 1 and Year 2

**Total 2.5 hours + other**

45–60 mins - English

30–45 mins - Mathematics

30–60 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
\*where social distancing allows

## Stage 2

Year 3 and Year 4

## Stage 3

Year 5 and Year 6

**Total 3 hours + other**

45–60 mins - English

30–45 mins - Mathematics

60–90 mins - Other KLAs: Creative arts, HSIE, PDHPE, SciTech

**Other activities:** wellbeing, sport, physical activity\*

KLA = Key Learning Area  
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# USING YOUR SENSES- TOUCH

Find a family member, trace letters or numbers on his/her back and see if he/she can guess what you have written. Ask a family member to trace letters or numbers on your back and you guess what was written.



# USING YOUR SENSES- TOUCH

Touch 6 different pieces of clothing.

Name or draw each item and say whether

it is smooth or rough. e.g t-shirt =

smooth, socks = rough



# FITNESS

Go outside and side gallop from the front of the house to the front fence and back to the house 3 times, take 5 deep breaths, then gallop again, 5 deep breaths and gallop again. Do 10 touch toes, keeping your legs straight, 10 arm circles forwards and 10 arm circles backwards. Shake your arms, then each leg.



# A SENTENCE A DAY



Sit outside and find an insect in your yard. Try not to touch or disturb it. Draw it and describe it. Tell where you found it - in a flower, on the ground, flying; its colours, how big it was compared to the length of your finger.

# CRUNCH & SIP



Have a piece of fruit or fresh vegetable. Draw your piece of food and give it a hat.



# READING/ SPELLING/ WRITING

Read a book or magazine for 10 minutes, to your mirror reflection.

Choose 3 words from your reading. Write 3 rhyming words for each word

Practice saying the following tongue twister.

Ask family members to say it with you.

*Shave a single shingle thin.*



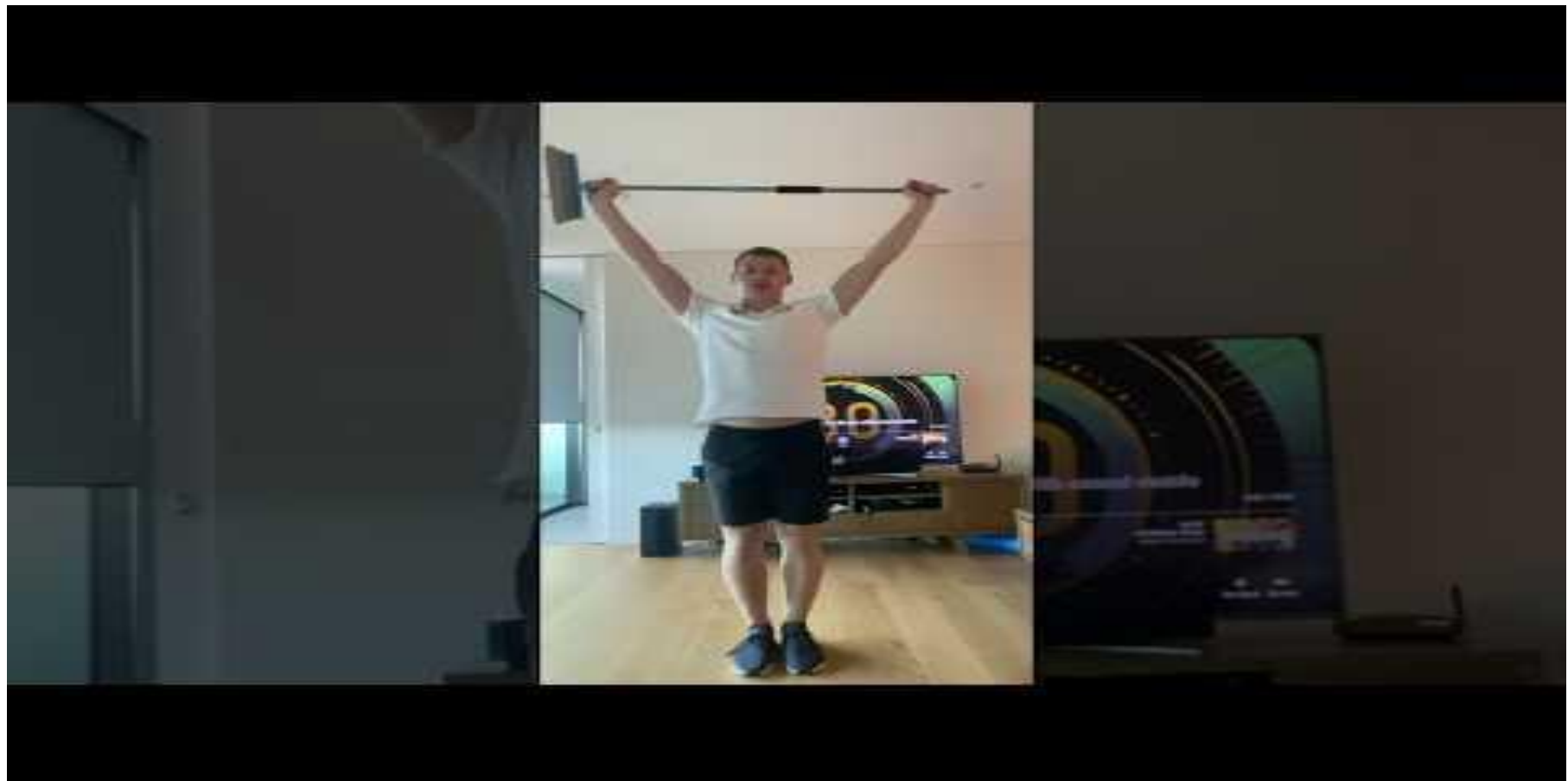
# FITNESS TIME!

Describe what fitness activity you completed today (20-30 minutes)

Or click on the link to participate in some online fitness activity

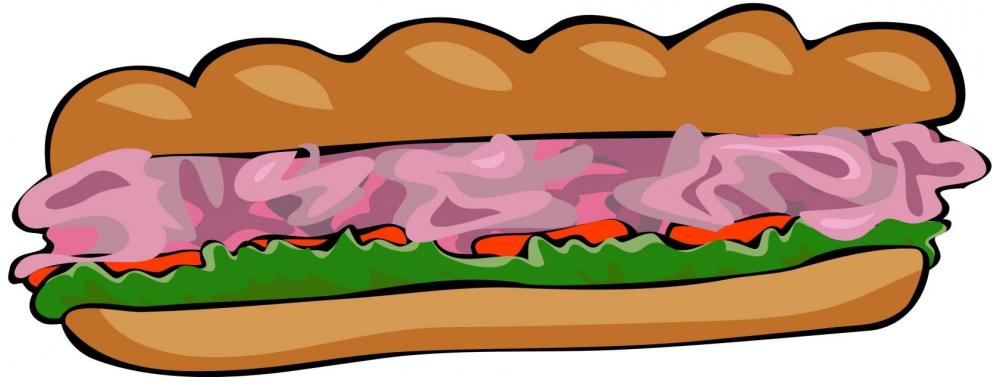
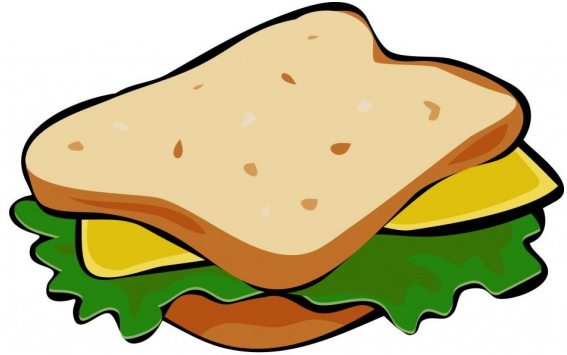
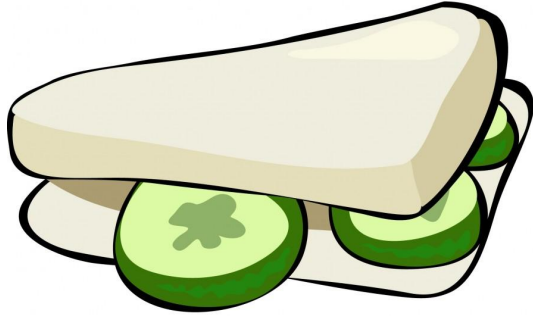
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RECESS



# MATHEMATICS

Play tic, tac, toe with a family member. #  
(noughts & crosses)

Recite the days of the week, see if you can do  
it backwards, starting at Sunday

Recite the months of the year, see if you can  
do it backwards

Count backwards by twos, fives, tens from  
100 or from 200 to 100

Count by tens from 100 to 0, on and off the  
decade

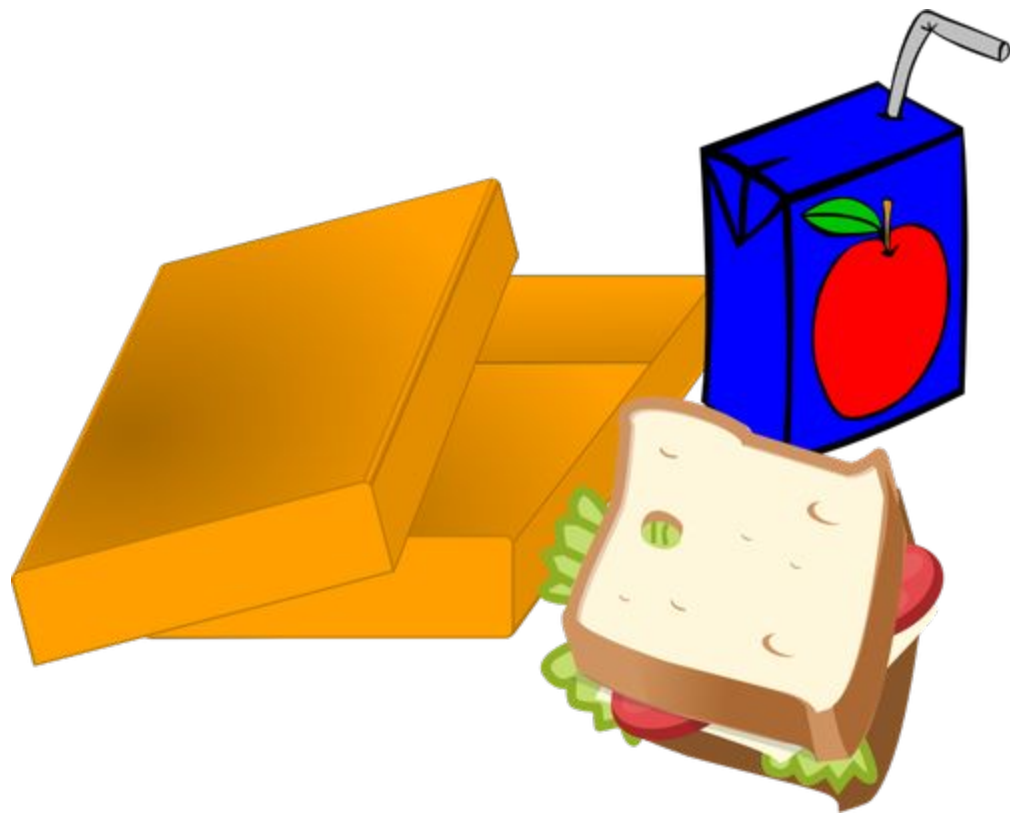


# SPORT

If you have a ball, practice tossing and catching it or kicking it between your feet. Ask a family member to join you, or place an object on the ground and kick the ball around that. If you do not have a ball, a scrunched up piece of paper will do, or an empty plastic bottle.



LUNCH



# STORY TIME!



# MUSIC

Find a flat, hard surface and tap some rhythms on it. Tap the following phrases.

Hot dog, chicken and chips

Make your own phrase e.g hot milk and honey, spaghetti bolognaise



# WEEK 3 LEARNING JOURNAL

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:	The learning activities I completed today were:
Student's signature:	Student's signature:	Student's signature:	Student's signature:	Student's signature:
Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature:	Parent's signature: