

Tregear Public School

Anti-bullying Plan 2022

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Tregear Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches **and** strategies that promote a positive climate where bullying is less likely to occur.

1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to enhance a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	PAX Good Behaviour Game - Launch at Tiger Pinning Assembly
Term 1/2/3/4	Expectations of student behaviour at weekly stage assemblies
Term 3	Life Skills, Bullying No More, Life Education Lessons
Term 4	PDHPE Anti-Bullying focus K-6

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	PAX Good Behaviour Game training – Initial training for new teachers and refresh for other staff Wellbeing procedures
Term 2	PAX Good Behaviour Game Review – teacher update
Term 3	Life Skills - Lessons during class time and afternoon session with founder PAX Good Behaviour Game Review– All teachers Respectful workplaces
Term 4	PAX Good Behaviour Game Review– All teachers PAX Good Behaviour Game training – New teachers Trauma Informed Practices - New and casual staff

1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- Staff are provided with information via staff Tregear's Induction Package, staff meetings and communication channels (Sentral broadcast & Staff Bulletin) regarding our school approach to record, respond and support students who are involved in bullying behaviours.
- Information is provided in the Tregear's Induction Package which is posted to Sentral at the beginning of each year.
- An executive staff member also speaks to new and casual staff when they enter on duty at the school referring them to the Induction Package.
- The principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term 1	Newsletter Week 8 Harmony Day & PAX Good Behaviour Game Newsletter Week 10 PAX Good Behaviour Game
Term 2	Newsletter Week 10 – Staying safe online over holiday period
Term 3	Newsletter Week 4 – What is Bullying? & Updated Anti-bullying plan –
Term 4	Newsletter Week 4 – Responding to bullying

3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Recognising the value of diversity and the importance of respect and acceptance through our teaching and learning programs.

- Promoting a culture of reporting bullying
- Embedding anti-bullying messages as they relate to the curriculum, and as needs are identified, across each faculty.
- Encouraging students to embrace diverse perspectives of other cultures and groups and promote an atmosphere of empathy and understanding as relevant to the curriculum.

Delivering wellbeing initiatives in classrooms:

- PAX Good Behaviour Game
- Life Skills
- Bullying No More
- Clinical Psychologist - emotion coaching

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Position: Executive Team

Signature:  Date: _____

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Signature:  Date: _____